# Wayne Township Senior Center A Place Where Friends Become Family

#### August/September/October 2024

#### Hello Members!

I was looking at our numbers and statistics of our Senior Center and thought I would share this with you. We currently have 838 members and an average daily attendance of 157 members per day. Since January 2024, we have served 633 of our 838 members which means that 76% of our members are active. And... in the past seven months, these 633 members attended 26,719 activities.....WOW! This is exactly what we want... participation!

I am happy to say that our new exercise room is complete and ready to be utilized! We officially start our new exercise class schedule on Monday, August 5<sup>th</sup>, 2024. Remember, this is new for all of us and adjustments may need to be made so bear with us as we make the schedule and the room work for everyone. We are happy to welcome our newest instructor, Carrie Sperling, who will be teaching a new class, Body Balance, on Fridays at 10:00am. Carrie is excited to teach fitness at Wayne Township. She received her degree in Recreation, which led to a world of fitness. She's been actively teaching since 2011 and has certifications in group fitness, cycle and kickbox. Get ready for some fun on Friday mornings at 10:00am!

We look forward each and every day to see all of you and we thank you for making our jobs enjoyable.

Erin, Sue, Angie, and Melissa

#### **Senior Center Events and Trips**

AUGUST		OCTOBER	
Thur. 01	Senior Meeting, SC	Tue. 01	Senior Meeting and Flu Shots, SC
Mon. 05	Dinner at Cooper's Hawk	Wed. 02	Medicare Open Enrollment Q&A, SC
Tue. 06	Classic Cinemas at Charlestowne 18	Thur. 03	Chicago Church Tour and Lunch
Thur. 08	Dancing Through the Decades, SC	Fri. 04	SOS Mobile Event, SC
Mon. 12	Handmade Cards 3 of 3, SC	Mon. 07	Schnitzel Platz
Tue. 13	Shipshewana	Thur. 10	Flyover Chicago
Fri. 16	Lunch Cruise on Lake Michigan	Fri. 11	Birthday Brunch, SC
Wed. 21	Rock the Runway Fashion Show	Tue. 15	Classic Cinemas at Charlestowne 18
Fri. 23	Birthday Brunch, SC	Thur. 17-18	Driver Safety Program, SC
Mon. 26	Music and Munchies, SC	Thur. 17	Handmade Cards 2 of 3, SC
Thur. 29	Chicago White Sox Baseball	Mon. 21-25	Nashville Trip
SEPTEMBER		Fri. 25	New Member Info Meeting, SC
Tue. 03	Senior Meeting, SC	Mon. 28	American Place Casino
Wed. 04	The Audience at Drury Lane	Tue. 29	Lunch and Ghosts in Film, SC
Mon. 09	Canvas Painting with Cliff, SC	Thur. 31	Lunch and Magical Halloween, SC
Wed. 11	90 <sup>+</sup> Celebration	November	
Thur. 12	Make Dinner at Ronald McDonald House	Fri. 01	Senior Meeting, SC
Mon. 16	Bison Ranch Tour and Lunch	Mon. 04	Lunch and This Is Really War, SC
Tue. 17	Classic Cinemas at Charlestowne 18	Thur. 07	Veterans Luncheon
Wed. 18	Four Winds Casino	Tue. 12	Sanfilippo Estate and Lunch
Fri. 20	Birthday Brunch, SC	Wed. 13	Holiday Wine Bottle Painting, SC
Mon. 23	Early Dinner Fundraiser at Texas Roadhouse	Thur. 14	Handmade Cards 3 of 3, SC
Tue. 24	The Crooners & Divas Luncheon Show	Tue. 19	Classic Cinemas at Charlestowne 18
Thur. 26	Handmade Cards 1 of 3, SC	Thur. 21	Chicago History Museum and Lunch
Fri. 27	Mystery Trip	111u1. Z1	Cineago mistory widscum and Editen
Mon. 30	Lunch and Everyday Heroes, SC		
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### **Announcements**

#### **Monthly Meetings**

#### Tuesday, September 3

• Bingo and Burgers

#### Tuesday, October 1

• Flu Shots by Family Pharmacy

#### **GA Hosted Blood/Food Drive; Date TBD**

Vitalant Blood Donation will donate \$20 to General Assistance for each person that registers then donates blood and food. All food collected will go to the food pantry. General Assistance and the SC will have details available at a later date.

#### Diamond Dotz 1:00pm - 3:00pm Wednesday: Aug. 07, Aug. 28, Sept. 04, Sept. 25, Oct. 02, Oct. 16

Join fellow members to complete your Diamond Dotz. New kits are available for \$5.

#### **Birthday Brunch**

If your birthday is in August, September or October, <u>call the Senior Center to register</u> for our birthday brunch. This event is for *active members only*.

#### **August's "Perfect Peridots"**

Fri., August 23<sup>rd</sup> 9:30am - 11:00am

#### September's "Spectacular Saphires"

Fri., September 20<sup>th</sup> 9:30am - 11:00am

#### October's "Outstanding Opals"

Fri., October 11<sup>th</sup> 9:30am - 11:00am

You must pre-register at least two days prior to the event to attend!

## Wayne Township Chorus 1:30pm - 3:00pm 09/05, 09/19, 10/03, 10/17

1st and 3rd Thursday of the month

We are looking for members who sing or play an instrument or simply enjoy making music. Senior Center member Jo Noonan will lead and choreograph. Practice will start in September!

#### Hot Off The Press Chat Wednesday, August 28 at 11:00am

Do you want to give ideas or suggestions to staff? Would you like to start a new card or volunteer group? If so, come meet with Erin and Sue in the Board Room and talk about it!

#### Make Dinner for Ronald McDonald House Thursday, September 12 3:30pm - 6:30pm

RMHC, located in Winfield, provides support for families with children who are sick.

We need 8 people to purchase items and cook dinner for the house in their fully stocked kitchen.

The cost of food will be reimbursed to you after the event.

#### Movie Day at the WTSC Tuesday, October 1 at 12:30pm

"Queen Bees"

After reluctantly agreeing to move into a home for seniors, a woman encounters a clique of mean-spirited women and an amorous widower.

Comedy; 1 hr. 41 min.; Rated PG-13

#### Medicare Open Enrollment Q & A at the WTSC Wednesday, October 2 at 1:00pm

Medicare Open Enrollment begins October 15<sup>th</sup> and runs through December 7<sup>th</sup>. Jeorge Holmes will be here to explain the 2025 changes that could impact your Original Medicare, Medicare Supplement, Advantage Plans and Prescription Plans... good news and bad news.

Jeorge will be available afterwards for a Q & A.

## Secretary Of State Mobile Event at the WTSC Friday, October 4 10:00am - 2:00pm

The following services will be offered:

- Driver's License / State ID Card Renewal
- License Plate Renewal Sticker
- Voter & Organ and Tissue Donor Registration

REAL Licenses and IDs will be processed with required documentation. See the SC staff for information.

## Driver Safety Program at the WTSC Thursday, Oct. 17 AND Friday, Oct. 18

Must attend BOTH sessions to receive a discount on your insurance. Bring your drivers license and AARP card at registration.

Start/End: 9:00am - 1:00pm AARP Members: \$20 Non AARP Members: \$25 Make checks payable to AARP.

Minimum of 5 participants.

### Announcements

#### New Member Information Meeting Friday, October 25 at 1:00pm

Prospective senior members will find out what the Senior Center has to offer. We look forward to getting to know you!

#### **Volunteer Opportunities**

Do you want to volunteer and don't know what we have? Here are the volunteer groups we have that meet monthly: Happy Hatters, Fleece Blankets, Shredding Newspapers, Cards for Soldiers, and Phil's Friends. See page 7 for details.

#### **Guest Policy**

We implemented a new guest policy for 2024.

- 1. All guests must be a guest of a current SC member.
- 2. Each member can have a limited number of guests.
- 3. Guests can sign up for events two weeks after its release date.
- 4. Guest prices for in-house events will be an additional \$5 per guest.
- 5. Guests prices for an offsite, drive yourself event will be an additional \$10 per guest.
- 6. Guest prices for day bus trips will be an additional \$15 per guest.
- 7. Guest prices for overnight trips will be an additional \$30 per guest.

#### **Guest Policy number 5 is new!**

#### **Reminder About Updated Volunteer Policy**

Don't forget our volunteer requirements have changed. We will be looking for *consistency versus hours*. We want to recognize EVERYONE who volunteers for us, not just those who have 17<sup>+</sup> hours.

If you <u>consistently volunteer</u> on a monthly basis, you will be invited to the volunteer luncheon. To be recognized for this, you must sign in to volunteer events and record your time.

If you <u>volunteer occasionally</u> but are not able to volunteer on a consistent, monthly basis, we are going to have an in-house celebration with you here at the Senior Center.

#### Handmade Cards Class 3 of 3 Monday, August 12 at 12:00pm

Don't Forget — This is the last class from the prior newsletter.

#### **Donations**

The SC is collecting newspapers, puzzles, books (fiction or non-fiction only), wine corks, adult fleece, pop tabs, unused plastic silverware for PADS, as well as square, plastic clips off bread, bagels, etc.

We DO NOT accept cookbooks, magazines, prayer books, dictionaries, puzzle/crossword books, gardening books, Harlequin Romance books, diet books or sewing books.

#### **General Assistance is collecting the following:**

August

Kleenex/Tissues
September
Toilet Paper
October
Paper Towels



You can drop your clean, plastic bags in the black plastic container outside the GA office.

#### **General Assistance**

We do not accept clothing donations. You can take your donations to "Repeat Boutique", 191 S. Gary Avenue, Carol Stream. Their drop-off hours are Monday - Friday, 8:30am - 1:30pm.

#### **Drive Up Food Pantry Distributions**

General Distribution: Wed., 10:00am - 11:45am

Senior Distribution: Wed., 12:30pm - 1:15pm

The online food pantry is available to those who are pre-registered with the Wayne Township Food Pantry.

See General Assistance staff for details or call 630-231-7173.

#### Senior Center Van Service Program

As always, you must schedule your ride in advance, with staff. Availability is not guaranteed.

- \* You must purchase a punch card prior to scheduling rides; \$30 for 10 one-way rides
- \* One punch for each way
- \* No sharing of punch cards
- \* \$3 each way for out-of-township members that live within 2 miles of the township boundaries (Windsor Park, Victory Center, etc.)
- \* Unexpected, non-scheduled, "needed ride HOME" will cost \$5 cash (no punch card)





Mon.	Jue.	Hed.	Thur.	Frii.
2 Township Closed Labor Day	3 9:30 Monthly Mtg. Bingo/Burgers	4 10:00 Brunch 10:30 The Audience 11:00 Line Dancing 12:00 H&F/Pokadice 12:30 Bridge 1:00 Diamond Dotz	9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 12:00 Square Dancing 1:30 Chorus	9:00 Tap Dancing 10:00 Body Balance 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
9 9:00 Seated Yoga 10:00 Seated Yoga 10:30 Book Club 11:00 Healthy Living 12:00 Pinochle 12:30 Mex. Dominos 12:30 Paint with Cliff	9:00 Tai Chi 10:00 Phil's Friends 10:15 Total Body Fit 11:15 Total Body Fit 12:00 Game of 31 12:00 Spinners 12:30 Bunco 1:00 Fleece Blankets	11 10:00 Brunch 11:30 90 <sup>+</sup> Celebration Senior Center Closed	9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 12:00 Square Dancing 1:00 Cards/Soldiers 1:00 Rummikub 3:30 McDonald House	9:00 Tap Dancing 10:00 Body Balance 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
16 8:30 Bison Ranch 9:00 Seated Yoga 10:00 Seated Yoga 12:00 Game of 31 12:00 Pinochle	9:00 Tai Chi 10:15 Total Body Fit 11:15 Total Body Fit 11:45 Classic Cinema 1:00 Bingo	18 8:30 Four Winds 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice	9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 12:00 Square Dancing 1:00 Fleece Blankets 1:30 Chorus	9:00 Tap Dancing 9:30 Bday Brunch 10:00 Body Balance 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
9:00 Seated Yoga 10:00 Seated Yoga 11:00 Healthy Living 12:00 Pinochle 4:00 Texas Roadhouse	9:00 Tai Chi 10:00 Crooners/Divas 10:15 Total Body Fit 11:15 Total Body Fit 12:00 Game of 31	25 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Diamond Dotz 2:00 Volleyball	9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Handmade Cards 12:00 Pinochle 12:00 Shuffle/Bocce 12:00 Square Dancing 12:30 Mex. Dominos 1:00 Rummikub 1:00 Shredding	9:00 Tap Dancing 9:30 Mystery Trip 10:00 Body Balance 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
9:00 Seated Yoga 10:00 Seated Yoga 12:00 Everyday Heroes 12:00 Pinochle	October 1 9:30 Senior Meeting Flu Shots			



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Monx	Jue.	Wea.	Thuk.	Fri.
	9:30 Senior Meeting Flu Shots 12:30 Movie Day	2 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 12:30 Bridge 1:00 Diamond Dotz 1:00 Medicare Q&A	3 8:15 Church Tour 9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Pinochle 12:00 Square Dancing 1:30 Chorus	9:00 Tap Dancing 10:00 Body Balance 10:00 SOS Mobile 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
9:00 Seated Yoga 10:00 Seated Yoga 11:00 Healthy Living 12:00 Game of 31 12:00 Pinochle 12:00 Schnitzel Platz	8 9:00 Tai Chi 10:00 Phil's Friends 10:15 Total Body Fit 11:15 Total Body Fit 12:00 Game of 31 12:00 Spinners 12:30 Bunco 1:00 Fleece Blankets	9 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 2:00 Volleyball	9:00 Dance Fitness 9:45 Flyover Chicago 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Pinochle 12:00 Square Dancing 1:00 Rummikub	9:00 Tap Dancing 9:30 Bday Brunch 10:00 Body Balance 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
14 Township Closed Columbus Day	9:00 Tai Chi 10:15 Total Body Fit 11:15 Total Body Fit 11:45 Classic Cinema 1:00 Bingo	16 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Diamond Dotz	9:00 Dance Fitness 9:00 Driver Safety 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Handmade Cards 12:00 Pinochle 12:00 Square Dancing 1:30 Chorus	9:00 Driver Safety 9:00 Tap Dancing 10:00 Body Balance 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
9:00 Seated Yoga 10:00 Seated Yoga 10:30 Book Club 11:00 Healthy Living 12:00 Game of 31 12:00 Pinochle	9:00 Tai Chi 10:15 Total Body Fit 11:15 Total Body Fit 12:00 Game of 31 1:00 Fleece Blankets	23 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 2:00 Volleyball  Nashville Trip	9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Pinochle 12:00 Square Dancing 12:30 Mex. Dominos 1:00 Cards/Soldiers 1:00 Rummikub	9:00 Tap Dancing 10:00 Body Balance 11:00 Happy Hatters 11:00 Shredding 12:00 Darts 12:00 Mah Jongg 12:00 Poker 1:00 New Member Mtg
28 9:00 Amer. Place Casino 9:00 Seated Yoga 10:00 Seated Yoga 12:00 Pinochle	29 9:00 Tai Chi 10:15 Total Body Fit 11:15 Total Body Fit 12:00 Lunch/Ghosts	30 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice	9:00 Dance Fitness 10:00 Timed Fitness 11:00 Ballroom Dancing 12:00 Halloween Party 12:00 Pinochle 12:00 Square Dancing	November 1 9:30 Senior Meeting New Newsletter! 12:00 Darts 12:00 Mah Jongg 12:00 Poker

# Thank You Volunteers Linazing

## Come join us!

#### Happy Hatters Fridays at 11:00am

This group meets weekly but you don't need to attend every class. ALL materials, including yarn, needles and patterns, are provided. There is a member available to teach knitting or crocheting.

#### Productivity:

May: 37 members, 5 sessions, 31 hats\*

June: 29 members, 4 sessions, 40 hats\*\*

July: 30 members, 4 sessions, 20 hats\* and 35 hats\*\*

\*Delivered to Phil's Friends \*\*Delivered to Northwestern Cancer Clinic

#### Phil's Friends in Wheaton

**Aug. 6, Sept. 10** (2<sup>nd</sup> Tue.), **Oct. 8** (2<sup>nd</sup> Tue.)

1<sup>st</sup> Tuesday of the Month

Phil's Friends is a not-for-profit organization whose mission is to provide Christ-centered support and hope to those affected by cancer. They need volunteers and we want to help make this happen.

Represent Wayne Township and dedicate an hour of your time volunteering!

Arrive at the Senior Center by 10:00am. Our Senior Center van driver, Tom, will transport you to Phil's Friends in Wheaton where you will be dropped off at the door. Tom will then return at 11:30am to pick you up. Easy peasy!

Please sign up to attend.

Maximum of 8 participants per date.

#### **Shredding Newspapers**

Friday, Aug. 23, **11:00am - 1:00pm** Thursday, Sept. 26, 1:00pm - 3:00pm Friday, Oct. 25, **11:00am - 1:00pm** 

This group hand shreds newspapers for local animal shelters. If you love animals, this group is for you!

#### Productivity:

May: 22 white bags of flat papers, 8 black bags of shredded papers, 25 members

June: 17 white bags of flat papers, 10 black bags of shredded papers, 30 members, 6 kids and 1 counselor from WAYS' Summer Camp

July: 13 white bags of flat papers, 6 black bags of shredded papers, 28 members, 13 kids and 2 counselors from WAYS' Summer Camp

This group donated towels, a flat sheet, egg cartons, paper towel rolls, and fleece blankets.

#### Cards for Soldiers

1:00pm - 3:00pm

Thursday, August 22 Thursday, September 12 Thursday, October 24

Making cards with heartwarming messages for our troops is a great way to give back. These cards will make any soldier smile.

#### **Productivity:**

May: 400 Cards, 21 members

June: 355 Cards, 21 members

July: 450 Cards, 17 members

The list of items needed for our soldiers and military working dogs can be found in the SC.



#### **No-Sew Fleece Blankets**

1:00pm - 3:00pm

Tuesday, August 6 Tuesday, August 27 Tuesday, September 10 Thursday, September 19 Tuesday, October 8 Tuesday, October 22

#### Now Meeting 2x a Month!

Join us in making no-sew fleece blankets for charity and shelters.

#### **Productivity:**

May: 42 blankets and 7 animal blankets made, 30 members

June: 42 blankets made, 22 members

July: 49 blankets and 30 animal blankets made, 25 members

## **Activities**

#### **MONDAY**

#### Book Club at 10:30am

2<sup>nd</sup> Monday of the month Chairperson: Joan Mruk

Please be sure to read the book and be ready to discuss.

August 12

The Storied Life of A.J. Finery by Gabriella Zevin

September 9

The Personal Librarian by Marie Benedict

October 21 (3<sup>rd</sup> Monday) To Know a Person by David Brooks



#### Pinochle at 12:00pm No game on 09/02, 10/14

Chairperson: Norris Aycox

#### Game of 31 at 12:00pm 08/05, 08/19, 09/16, 10/07, 10/21 ONLY

1<sup>st</sup> and 3<sup>rd</sup> Monday of the month Chairperson: Rich Wadda

#### **Mexican Dominos at 12:30pm** 08/12, 09/09 ONLY

2<sup>nd</sup> Monday of the month

Co-Chairs: Rita Riha and Dolores Harper

#### **TUESDAY**

Game of 31 at 12:00pm 08/13, 08/27, 09/10, 09/24, 10/08, 10/22

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month Chairperson: Rich Wadda

> Spinners at 12:00pm 08/13, 09/10, 10/08

2<sup>nd</sup> Tuesday of the month

Bunco at 12:30pm 08/06, 09/10 ( $2^{nd}$  Tue.), 10/08 ( $2^{nd}$  Tue.)

1<sup>st</sup> Tuesday of the month

Co-Chairs: Rita Riha and Ray Nosbisch

#### **TUESDAY** continued

#### Bingo at 1:00pm 08/20, 09/17, 10/15

3<sup>rd</sup> Tuesday of the month

Callers: Jack Rouck, Clint Baker, Joe Ohins and

Frank Reale

Card Sellers: Carol Bonkowski and Rita Riha

#### WEDNESDAY

#### Brunch Bunch Club meet at 10:00am

Pick up a schedule of locations at the Senior Center. Transportation and cost is on your own. Enjoy!

#### Hand and Foot & Pokadice at 12:00pm No game on 08/21, 09/11

H&F Co-Chairs: Marie Rebmann and Anne

Templin

Pokadice Chairperson: Rich Wadda

#### Bridge at 12:30pm 08/07, 09/04, 10/02

1<sup>st</sup> Wednesday of the month Chairperson: Doris Karpiel

#### Seated Volleyball at 2:00pm 08/14, 08/28, 09/25, 10/09, 10/23 ONLY

2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month



#### **THURSDAY**

#### Pinochle for Experienced Players at 12:00pm

Chairperson: Arlene Sebestin

#### **Mexican Dominos at 12:30pm** 08/22, 09/26, 10/24

4<sup>th</sup> Thursday of the month Co-Chairs: Rita Riha and Dolores Harper

#### Rummikub at 1:00pm 08/08, 08/22, 09/12, 09/26, 10/10, 10/24

2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month Co-Chairs: Joyce McNeil and Carol Dobelman

## **Activities**

#### **FRIDAY**

Darts at 12:00pm

Co-Chairs: Chris and John Cloutier



#### Mah Jongg at 12:00pm

Co-Chairs: Sheila Janek and Val Dainko

#### Poker at 12:00pm

Co-Chairs: Sam D'Agostino and Marty Morse

#### **BOCCE BALL & SHUFFLEBOARD**



Equipment for these games is available from the SC staff during Senior Center hours.

Regular game day is Thursdays at 12:00pm.

## **Exercise and Healthy Living Classes**

#### New Room, New Schedule Starting August 5

Monday

Seated Yoga with Catherine at 9:00am Seated Yoga with Catherine at 10:00am No classes on 09/02. 10/14

Tuesday

Tai Chi with Sherry at 9:00am Total Body Fitness with Penny at 10:15am Total Body Fitness with Penny at 11:15am

No classes on 09/03, 10/01

Wednesday

Line Dancing with Linda at 11:00am No class on 08/21, 09/11

**Thursday** 

Dance Fitness with Penny at 9:00am Timed Fitness with Penny at 10:00am Ballroom Dancing with Debbie at 11:00am Aug. is Swing, Sept. and Oct. are Foxtrot

**Square Dancing with Debbie at 12:00pm** *No classes on 08/01* 

**Friday** 

Tap Dancing with Debbie at 9:00am Body Balance with Carrie at 10:00am



Healthy Living at 11:00am A Healthy Eating Lifestyle Group

Various Mondays in the History Hall



#### August 5

• Salads HEAL \ HY LIFESTYLE

August19

• Freezing & storing food

September 9

Herbs and seasonings

September 23

Healthy cooking tips

October 7

Creating a grocery budget

October 21

• Field trip

#### **Spain and Portugal Cruise Aboard the Celebrity Equinox** Monday, Nov. 10 - Saturday, Nov. 22, 2025

This trip includes:

- Roundtrip airfare (same flight for entire group)
- Transportation to/from airport from/to your home
- Transfers, taxes and port charges
- Pre-cruise 2 night hotel stay in Barcelona, Spain
- 8 night cruise with 7 port stops (see picture)
- Veranda concierge cabin (decks 9-12 with 1 crew for every 2 guests)
- Travel protection for the cruise thru AON Travel
- Free Wi-Fi on the cruise
- Classic drink package and gratuities
- Scheduled group dinner on the ship each night
- Amenities such as a spa, nightly entertainment, casino, shops, fitness, library, card room
- Post-cruise 1 night hotel stay in Lisbon, Portugal

A US passport and REAL ID are required for travel (don't forget the REAL ID event at the SC on October 4, 10:00am - 2:00pm).

#### If your passport expires before May 2026 it will need to be renewed before the trip.

The passport six-month rule is a regulation which states that your passport MUST be valid for at least six months after the date of your planned departure or arrival from a country (depending on the country).

This rule applies to both international and

domestic.



Double occupancy: \$4,800/pp Single occupancy: \$7,200

Code: 4064

\$500/pp deposit due at sign-up \$1,500/pp payment due by December 2, 2024 Final balance due by August 1, 2025



A Day at Shipshewana Tuesday, August 13 8:00am - 8:00pm

**Lunch** Cruise on Lake Michigan Friday, August 16 10:15am - 4:30pm

#### **Dinner at Cooper's Hawk** 200 S. Gary Avenue, Bloomingdale Monday, August 5

Drive yourself to Cooper's Hawk and enjoy a modern, casual dining experience with warm hospitality in an inviting upscale setting with your Wayne Township friends. Your culinary team designed menu includes crab, shrimp, and lobster bisque, a chopped wedge salad, your choice of Duo Filet Medallions or Pistachio-Crusted Grouper, and salted caramel crème brûlée for dessert. Your drink of choice, non-alcoholic, is included.

Meet: 5:00pm Code: 2558 **Cost: \$65** 

COOPER'S HAWK

Maximum of 46 participants. Transportation is on your own.

#### **Classic Cinemas Charlestowne 18** 3740 E. Main Street, St. Charles Tuesday, August 6

Join us and watch "Twisters", the story of a fearful storm tracker who studies meteorology from the safety of her computer, but gets coaxed into testing out new technology on tornadoes in Oklahoma. Refillable snack includes drink and popcorn.

Meet: 11:45am Ticket Only: \$6

Ticket & Snack: \$12

**Code: 2559** 



Transportation is on your own.

#### **Lunch and Dancing Thru the Decades** at the WTSC Thursday, August 8

Join us at the Senior Center where there will be a "Whole Lotta Shakin Going On". We will "Boot Scoot Boogie" our way through the 50s 60s and 70s so be sure to wear your dancing shoes! Entertainment will be provided by Jane Allyson Music, a high energy solo artist who not only sings but includes fun trivia and music history.

Lunch from Relish Catering Kitchen includes chicken marsala, sauteed zucchini, squash, and cherry tomatoes, and tomato caprese salad. Dessert and beverages are also included.

**Start: 11:30am** 

**Cost: \$15 Code: 7220** 







#### Lunch & "Rock the Runway" Fashion Show Bartlett Hills Golf Club 800 W. Oneida Avenue, Bartlett Wednesday, August 21

This event is a double dose of fun- a fashion show AND a dance showcase! Not only will our members show off new fashions, but they will also showcase dances they have learned over the past year including ballroom, tap, and a line dance!

The clothes, shoes and accessories are from Chico's, Danada Square in Wheaton. Remember to get your door prize ticket for attending... you could win a fantastic basket! Please bring cash to purchase tickets for additional raffle baskets.

Lunch includes sauteed chicken with basil cream,

herb roasted potatoes, veggie medley, a strawberry parfait And a beverage.

Meet: 11:00am Cost: \$30 Code: 2562



Transportation is on your own.

## Music and Munchies at the WTSC Monday, August 26

This one-of-a-kind group specializes not only in Dixieland jazz but in a variety of music that includes blues, swing, country, and novelty tunes. Their music is fun and lively and audiences quickly fall in love with them.

Munchies will be provided,

Start: 1:30pm End: 2:30pm Cost: \$5 Code: 7221

#### Chicago White Sox vs. Texas Rangers Thursday, August 29

Join us for a day of baseball, bingo and buffet fun... all included! Seats are located in the shade. Clear bags are allowed in the stadium. If bags are not

clear they can be no larger than 9x5x2. No exceptions!

Bus: 10:15am Return: 6:00pm

Cost: \$80 Code: 2563 eptions!

Trip to Guaranteed Rate Field, Chicago

## Lunch and "The Audience" Wednesday, September 4

Peek behind closed doors of Buckingham Palace for an intimate portrait of Queen Elizabeth II and the private audiences she held with her prime ministers. Get an extraordinary glimpse into the woman behind the crown and the leaders she outlasted.

Prior to the show, we will have lunch at Drury Lane. Lunch includes garden salad, entrée, dessert, and drink of choice.

#### Choice of entrée at sign up:

- Roasted salmon
- Bistro steak au Poivre

Bus: 10:30am Return: 5:00pm Cost: \$100 Code: 2564

Trip to Drury Lane Theatre, Oakbrook

## Canvas Painting with Cliff at the WTSC Monday, September 9

Come paint a 16x20 canvas of fall leaves with the

ambiance of the sun glowing behind the trees. All materials and step by step instruction will be provided. This class is for all levels of painters.

Start: 12:30pm Cost: \$25

Code: 8109



## Celebrating 90<sup>+</sup>: Lunch, Laughter & Lucille *Villa Olivia, 1401 W. Lake Street, Bartlett* Wednesday, September 11

Celebrate and honor our members who are 90<sup>+</sup> with lunch followed by a visit from "Lucille Ball". This historical portrayal pays tribute to both the true comic legend and the real woman behind the myth.

Our honored members (90<sup>+</sup>) will receive an invite via mail, are free of charge, and have access to a free ride to and from by the senior van. You must call to RSVP.

#### Choice of entrée at sign-up:

- Mushroom/Ricotta sacchetti and broccoli
- Pork loin, mashed potatoes and julienne medley Lunch includes beef barley soup, chocolate mousse and a beverage. Cash bar.

Meet: 11:30am Cost: \$25 Code: 2566

Transportation is on your own.

#### Bison Ranch Tour and Lunch Monday, September 16

Have you ever seen Bison up close? If not, join us to visit Broken Wagon Bison for your very own rare encounter with North America's largest native land mammal. We start with a classroom presentation followed by a 30-minute wagon ride.

Our next stop is at Suzie's Café in Valparaiso.

#### Choice of entrée at sign-up:

- 1/3 pound bison burger
- Patty melt
- Hand breaded pork tenderloin sandwich
- Grilled cheese sandwich

All sandwiches are served with seasoned fries and bread pudding. Drinks are available upon request.

Our final stop is at the Albanese Candy Factory Outlet, Home of the World's Best Gummi Bears.

Go crazy... buy as much or as little as you want!

Bus: 8:30am Return: 5:00pm Cost: \$55

Code: 2567



**BROKEN WAGON BISON** 

Trip to Hobart, IN

#### Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, September 17

Join us and watch "**Reagan**", the story of how Ronald Reagan overcame the odds to become the 40<sup>th</sup> President of the United States. Refillable snack includes drink and popcorn.

Meet: 11:45am Code: 2568

Ticket Only: \$6 Ticket & Snack: \$12



Transportation is on your own.

## Four Winds Casino Wednesday, September 18

Price includes bus transportation, \$10 food credit and \$15 instant slot credit.

Bus: 8:30am Return: 5:30pm FOUR WINDS Cost: \$37 Code: 6189

Food credit can be used at Timbers, Kankakee Grill, White Birch Coffee House or the buffet. Enjoy 25% off at the restaurants for Senior Day.

Trip to New Buffalo, MI Minimum of 40 participants.

#### Early Dinner Fundraiser at Texas Roadhouse 161 S. Gary Avenue, Bloomingdale Monday, September 23

Join us for good food and a chance to socialize with friends. Texas Roadhouse will donate \$5 per person to General Assistance AND 10% of our food sales will be donated to Midwest Shelter for Homeless Veterans in Wheaton!

#### Choice of entrée at sign up:

- 6oz. sirloin with two sides
- Country fried sirloin with two sides
- Grilled chicken salad, no sides
- Herb crusted chicken with two sides
- Pulled pork dinner with two sides

Lunch includes fresh baked rolls and a beverage. Cash bar.

Meet: 4:00pm Cost: \$25 Code: 2569



Transportation is on your own.

#### Lunch and The Crooners & Divas Show Tuesday, September 24

This one-of-a-kind, Lake Geneva Luncheon Show, is a can't miss!

We start with an Italian lunch buffet followed by entertainment from Ludy and his Lady. This vocal powerhouse couple delivers an interactive show that will have you singing along and dancing. There is something for everyone in this highly acclaimed show! Hear epic tunes by legendary Crooners and Divas from the past 11 decades, from Sinatra to Sting and Aretha to Adele, this show is sure to please everyone.

Afterwards we will enjoy some free time in beautiful Downtown Lake Geneva! Stroll through the park, sit on the bench and people watch, walk along the pier, pop in and out of the numerous downtown stores, or enjoy a sweet treat at any of the ice cream stores. Come

one, come all!

Bus: 10:00am Return: 6:00pm Cost: \$65

Code: 2570



Trip to Lake Geneva, WI

#### Handmade Greeting Cards at the WTSC Thursdays: Sept. 26, Oct. 17, Nov. 14

Member, Phyllis Heimdal, is going to teach us how to make greeting cards! This is a 3-session class for 1 hour each and you will make 6 cards in total.

The two September cards are "fun-fold" cards, the October ones are "gift card holder" cards and for November, we have a bundle.

Sentiment stamps are available for those who want to personalize their cards. All materials will be provided.



#### Mystery Trip Friday, September 27

Channel your way through this action-packed day. Don't horse around just state your passage, time has slipped away.

Enjoy a sip while on this trip, the master will lead the way.

Do not think we are done just yet, oimagine a tale you won't forget!

Bus: 9:30am Return: 6:30 Cost: \$80 Code: 2565



## Lunch and Everyday Heroes at the WTSC Monday, September 30

What makes a person risk their lives for others? Dr. Emilie L. Lucchesi introduces four stories of distinct heroism, all based on compassion for others. A nun hides Jewish women and children, a Cuban man risks freedom to feed his starving family, a nurse selflessly cares for other POW inmates, and a wife follows her Japanese-American husband into an internment camp and documents the injustice. This lecture is an inspiring look at people who were bright lights in dark times.

Prior to the presentation we will enjoy lunch from Ambrosia in Bartlett.

EVERYDAY HEROES

#### Choice of gyro at sign-up:

Chicken

• Lamb

Lunch includes Greek salad, Greek potatoes and Greek rice

**Start: 12:00pm Code: 7222** 

**Cost: \$11** 

#### Chicago Church Tour and Lunch Thursday, October 3

History and architectural beauty are the focus of our church tours.

Our first stop is Old St. Patrick's Church, the oldest Roman Catholic Church and oldest public building in Chicago. It survived the Great Chicago Fire of 1871 and is often referred to as the "cornerstone of Irish Culture" in Chicago.

Next we will visit St. John Cantius Church, a historic church of the Roman Catholic Archdiocese of Chicago. It is renowned for its architectural beauty and unique programs of solemn liturgies, sacred art, and music. The interior has been retained and restored and is reminiscent of the art and architecture of 18<sup>th</sup> century Kraków.

After touring St. John Cantius Church we will head to 312 Chicago for an Italian buffet.

Following lunch is a tour of First United Methodist Church of Chicago located at the Chicago Temple Building - the tallest church building in the world (568 ft.). Those who cannot climb the steps to the temple can stay in the sanctuary and watch a virtual tour of the chapel.

Bus: 8:15am Return: 5:00pm Cost: \$75 Code: 2571

Trip to Chicago



#### Octoberfest at Schnitzel Platz 729 E. North Ave., Glendale Heights Monday, October 7

Oktoberfest is here! Drive yourself to Schnitzel Platz for our Wayne Township Oktoberfest. Sit back and enjoy Eddie Korosa, Jr. with his accordion music entertainment. Feel free to get up and dance or simply listen while enjoying a German specialty lunch. Come one, come all, Prost!

Lunch includes soup, pork schnitzel, sauerkraut and spaetzle, apple strudel and a non-alcoholic beverage. Alcoholic beverages are available to

purchase on your own.

Meet: 12:00pm

Cost: \$33 Code: 2572

Transportation is on your own.

#### Flyover Chicago Thursday, October 10

Motion seats, scents, mists and music work together to capture the feeling of flight as you explore Chicago from above. It's an entirely new way to experience the majesty of our city. Next, walk the pier where lunch is on your own. Finally we will board the famous Centennial Wheel, an iconic part

of the skyline and a treasured piece of Chicago's cultural history.

Bus: 9:45am Return: 4:30pm **Cost: \$55** 

Code: 2573



Trip to Navy Pier, Chicago

#### **Classic Cinemas Charlestowne 18** 3740 E. Main Street, St. Charles Tuesday, October 15

Join us and watch "White Bird", the story about how one act of kindness can live on forever. Refillable snack includes drink and popcorn.

Meet: 11:45am Code: 2574

Ticket Only: \$6 Ticket & Snack: \$12

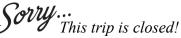


Transportation is on your own.

Nashville Trip- 4 Nights, 5 Days! Monday, October 21 - Friday, October 25

Bus (Mon.): 8:00am Return (Fri.): 6:00pm

Trip to Nashville, TN **Sorry** 



#### **American Place Casino** Monday, October 28

"The Temporary" by American Place is now open and ready for groups! All new members who provide an email and a phone number will receive \$10 in free play. Being part of our group, we receive another \$10 in free play. And, any veteran or veterans spouse will receive an additional \$10 in free play! On top of that, everyone receives 20% dining discount at all restaurants.

Bus: 9:00am **Cost: \$33** 

Return: 4:00pm 💯 Code: 6190

Trip to Waukegan Minimum of 30 participants.

#### **Lunch and Ghosts in Film at the WTSC** Tuesday, October 29

Halloween is creeping up on us and there's no better way to get ready for it than to talk about **GHOSTS!** 

Classic Hollywood has incorporated depictions of ghosts across a wide array of film genres, including horror, romance, and comedy--just to name a few. Join Film Historian Dr. Annette Bochenek as she explores various depictions of ghosts in classic cinema, the technologies used to create these illusions. and their connections to contemporary films. The program will include a multimedia presentation consisting of photos, video clips, and captivating stories.

Prior to the presentation we will have lunch from McAlister's Deli. Lunch includes a BLT avocado sandwich, broccoli cheddar soup, and a cookie.



**Start: 12:00pm Cost: \$14** Code: 7223

#### Lunch & a Magical Halloween at the WTSC Thursday, October 31

Whether you like tricks or treats, our Senior Center Magical Halloween Party is sure to cast a spell on you!

The afternoon begins with a lunch buffet from TriCafe including chicken Florentine, fettucine Alfredo, Catalina vegetables, chopped salad and dessert! Following lunch, Magic Dave will wow us with his combination of comedy and magic.

The day will end with our very own costume contest where each person gets to vote for their favorites. Our annual Halloween party is one you won't want to miss!

**Start: 12:00pm** 

**Cost: \$15** Code: 7224



#### Lunch and This Is Really War at the WTSC Monday, November 4

During WWII in 1941, twelve U.S. Navy Nurses were taken prisoner of war in the Philippines by the Empire of Japan. Dr. Emilie LeBeau Lucchesi, author and journalist, will lead us through this touching, true story about the resilience of the American nurses forced to endure captivity. Prior to the presentation we will enjoy lunch from

TriCafe. Lunch includes 6 wings mac and cheese, and a chocolate chunk cookie.

**Start: 12:00pm Cost: \$11 Code: 7225** 

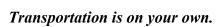
#### **Veterans Luncheon** American Legion Post 76 570 S. Gary Ave., Carol Stream Thursday, November 7

Join us in celebrating our Veterans! We will begin our celebration with the Presentation of Colors followed by a group photo and lunch. Lunch from Texas Roadhouse includes beef tips over noodles, BBQ chicken breast, mashed potatoes, green beans, house salad and homemade rolls. Patriotic music by Maureen Christine follows lunch. Don't miss the opportunity to proudly thank our Veterans for their service.

Meet: 11:00am

Veterans: Free with registration Honor and Grafitude

Members: \$20 **Code: 2575** 



#### Sanfilippo Estate and Lunch Tuesday, November 12

The Sanfilippo Estate is a private home located in Barrington Hills and features the world's finest collection of automatic music instruments. We will learn all about this on our 3-hour docent led tour of

Following the tour we will head to Chessie's where we will dine in a 1927 Illinois Railroad Dining Car and enjoy an Italian themed lunch.

#### Choice of entrée at sign-up:

Shrimp Palermo served over linguine

Baked penne pasta

Linguine Alfredo

Continued top of next column.

With Respect

Thank You Veterans

Lunch includes soup, baked bread, dessert and a beverage.

Bus: 8:30am **Cost: \$75** 

Return: 3:30pm Code: 2576

Trip to Barrington Hills

#### **Holiday Wine Bottle Painting at the WTSC** Wednesday, November 13

Join us for an afternoon of creativity and fun as we

paint wine bottles with a holiday theme then add decorative lights. Sponsored by Senior Helpers.

**Start: 1:30pm** End: 2:30pm **Cost: \$5 Code: 8111** 

Maximum of 40 participants.



#### **Classic Cinemas Charlestowne 18** 3740 E. Main Street, St. Charles **Tuesday, November 19**

Join us and watch "The Best Christmas Pageant Ever", the story of how six siblings teach a community the true meaning of Christmas. Refillable snack includes drink and popcorn.

Meet: 11:45am Code: 2577

Ticket Only: \$6 Ticket & Snack: \$12

Transportation is on your own.

#### **Chicago History Museum and Lunch** Thursday, November 21

The Chicago History Museum's vast costume collection features 70 rarely seen objects, from glamorous gowns and sharp suits to housedresses and sneakers. The exhibition celebrates 100 years of an incredible collection and the donors, curators, and staff who have shaped it.

Following this docent led tour, we will venture to Pizano's Pizza & Pasta. Here you will indulge in a variety of thin crust pizzas while enjoying the company of members. On the ride home we will enjoy a sweet treat from The Cookie Joint.

Bus: 8:30am Return: 3:30pm **Cost: \$62** 

**Code: 2578** 

Trip to Chicago

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