

Wayne Township Senior Center

A Place Where Friends Become Family

May/June/July 2024

Hello Members!

I want to embrace our Spring weather and encourage everyone to get out and get involved at our Senior Center by attending volunteer sessions, card/dice games, center events, exercise classes and bus trips! We have become such a close, tight-knit group here at the Wayne Township Senior Center. I hope those seniors who are not active choose to get involved and join us. We are here to provide activities which allow members to try new things and while doing so, form new friendships. But... the only way to do that is to show up!

Our exercise room is coming along quite nicely, and we anticipate it to be finished soon. We have a tentative new exercise schedule that will take effect once we can occupy the room. Ideally, this schedule will begin in summer. We will be sure to inform everyone once it takes effect. This is simply a sneak peak into the new classes.

Mondays: Seated Yoga with Catherine at 10am and 11am

Tuesdays: Tai Chi with Sherry at 9am and Total Body Fit with Penny at 10:15am and 11:15am

Wednesdays: Line Dancing with Linda at 11am

Thursdays: Dance Fitness with Penny at 9am, Timed Fitness with Penny at 10am, Ballroom Dancing with Debbie at 11am, and Square Dancing with Debbie at 12pm

Fridays: Adult Tap with Debbie at 9am and TBD a new class with a new instructor at 10am

If anyone has questions, please see any of our staff. We are here to guide and help in any way we can.

Keep moving and improving!

XOXO, Erin

Senior Center Events and Trips

MAY

Wed. 01	McMae's Tavern
Thur. 02	SAVERS Collection and Senior Meeting, SC
Tue. 07	Personalized Craft, SC
Wed. 08	Hot Off The Press Chat, SC
Thur. 09	Lunch and Mother's Day, SC
Mon. 13	Handmade Cards 3 of 3, SC
Wed. 15	Lunch and Mamma Mia!
Thur. 16	Plant/Veggie Sale, SC
Fri. 17	Birthday Brunch, SC
Mon. 20	Jigsaw Puzzle Contest, SC
Tue. 21	Classic Cinemas at Charlestowne 18
Thur. 23	Mystery Trip
Thur. 30	Chicago Cubs at Milwaukee Brewers

JUNE

Mon. 03	Senior Meeting, SC
Tue. 04	Classic Cinemas at Charlestowne 18
Wed. 05	70s Disco Dance, SC
Fri. 07	A Utopian City Tour
Mon. 10	Handmade Cards 1 of 3, SC
Tue. 11	Fogo de Chão
Thur. 13	Schaumburg Boomers Baseball
Fri. 14	New Member Meeting, SC
Mon. 17	Hardrock Casino
Tue. 18	Device Advice, SC
Thur. 20	Summer Shindig, SC
Fri. 21	Birthday Brunch, SC

JUNE CONTINUED

Tue. 25	Mystery Trip
Wed. 26	Origami Flowers, SC

JULY

Mon. 01	Senior Meeting, SC
Tue. 09	Classic Cinemas at Charlestowne 18
Thur. 11	"Nonsense"
Fri. 12	Birthday Brunch, SC
Mon. 15	Handmade Cards 2 of 3, SC
Tue. 16	Kicks on Route 66
Thur. 18	Glass Art Decoupage, SC
Fri. 19	Just Lunch, SC
Mon. 22-24	Exploring the Mighty Mississippi
Mon. 29	Lunch and Trivia, SC
Tue. 30	Medicare Plan F, SC

AUGUST

Thur. 01	Senior Meeting, SC
Mon. 05	Dinner at Cooper's Hawk
Tue. 06	Classic Cinemas at Charlestowne 18
Thur. 08	Dancing Through the Decades, SC
Mon. 12	Handmade Cards 3 of 3, SC
Tue. 13	Shipshewana
Fri. 16	Lunch Cruise on Lake Michigan
Wed. 21	Rock the Runway Fashion Show
Mon. 26	Music and Munchies, SC
Thur. 29	Chicago White Sox Baseball

Announcements

Reminder About Updated Volunteer Policy

Don't forget our volunteer requirements have changed. We will be looking for **consistency versus hours**. We want to recognize EVERYONE who volunteers for us, not just those who have 17+ hours.

If you consistently volunteer on a monthly basis, you will be invited to the volunteer luncheon. To be recognized for this, you must sign in to volunteer events and record your time.

If you volunteer occasionally but are not able to volunteer on a consistent, monthly basis, we are going to have an in-house celebration with you here at the Senior Center.

New Guest Policy

We implemented a new guest policy for 2024.

1. All guests must be a guest of a current SC member.
2. Each member can have a limited number of guests.
3. Guests can sign up for events two weeks after its release date.
4. Guest prices for in-house events will be an additional \$5 per guest.
5. Guest prices for day bus trips will be an additional \$15 per guest.
6. Guest prices for overnight trips will be an additional \$30 per guest.

Upcoming Trips/Events Sneak Peak

"The Audience", Drury Lane, 09/04 (release 07/01)
Bison Ranch Tour, 09/16 (release 08/01)
Mystery Trip, 09/24 (release 07/01)
90+ COL, 09/11 (release 08/01)



Volunteer Opportunities

Do you want to volunteer and don't know what we have? Here are the volunteer groups we have that meet monthly: Happy Hatters, Fleece Blankets, Shredding Newspapers, Cards for Soldiers, and Phil's Friends. See page 7 for details.

AARP Taxes

Tax season is over and we can proudly say that we hosted 244 appointments in nine sessions- how great is that! I want to remind you that our AARP tax preparers are all volunteers; they do NOT get paid for this service. They do it because they enjoy it. So remember next year to be kind and say "thank you"; it will go a long way.

"Rock the Runway" Fashion Show Models Needed!

It has been two years since our last fashion show so we are excited to announce it's back! We are looking for 15-20 models of all sizes, XS to 3X. You will be dressed and accessorized by "The Closet Boutique" located in Bartlett. All models will receive extra perks offered from the boutique. See the SC staff to get on the model list. The show is on Wed., August 21 at Bartlett Hills Golf Club.

Collection For Soldiers and Military Dogs June 1 - July 1

Let's kick off Memorial Day and celebrate the start of Independence Day by collecting needed items for our soldiers and military working dogs. **Do not bring anything in glass bottles or jars.**

The list of items needed can be found in the Senior Center.

Monthly Meetings

Monday, June 3

- Retired Rhythm Rascals, featuring member Bill Mertz

Monday, July 1

- Hot dogs and Stars & Stripes by Rick Pickren

Diamond Dotz 11:00am - 1:00pm Monday: May 6, June 24, July 22

Join fellow members, along with Sue and Joyce, to complete your Diamond Dotz. New kits are available for \$5.

Birthday Brunch

If your birthday is in May, June or July, call the Senior Center to register for our birthday brunch. This event is for **active members only**.

May's "Exuberant Emeralds"

Fri., May 17th
9:30am - 11:00am

June's "Precious Pearls"

Fri., June 21st
9:30am - 11:00am

July's "Radiant Rubies"

Fri., July 12th
9:30am - 11:00am



You must pre-register at least two days prior to the event to attend!

Announcements

Hot Off The Press Chat Wednesday, May 8 at 11:00am

Do you want to give ideas to staff? Do you have suggestions for the next newsletter? Would you like to start a new card or volunteer group?

If so, come meet with Erin and Sue in the SC Library and talk about it!

Handmade Calendar/Cards Class 3 of 3 Monday, May 13 at 12:00pm

This is the last class from the prior newsletter.



Flowers/Herbs/Tomatoes/Veggies Sale Thursday, May 16 11:30am - 1:30pm

All proceeds will go towards the creation and maintenance of the WT Butterfly Garden. Plants are germinated and grown by Tom Bishop and Barb Marine and will be sold for \$5 or less per plant. Cash only please.

New Member Information Meeting Friday, June 14 at 1:00pm

Prospective senior members will find out what the Senior Center has to offer. We look forward to getting to know you!

Device Advice at the WTSC Tuesday, June 18

Sign up for a 30-minute, one on one session. There are four time slots available for both librarians, with the first appointment being at 2:00pm. Make sure to bring your device!

Movie Day at the WTSC Monday, July 22 at 12:30pm

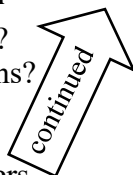
“Wonka”

Young chocolatier Willy Wonka manages to change the world, one delectable bite at a time.

Family/Fantasy; 1 hr. 47 min.; Rated PG

George Holmes & Medicare Plan F Tuesday, July 30 at 1:00pm

Medicare question: Is Plan F right for me? Should I stay in Plan F or do I have options? Can I keep the same coverage but lower my cost? Do I have options for costly medications? If you are looking for answers



George Holmes & Medicare Plan F *continued* Tuesday, July 30 at 1:00pm

to these questions, come listen to George Holmes's 30 minute presentation.

After the presentation there will be Q & A.

Donations

The SC is collecting newspapers, puzzles, books (fiction or non-fiction only), wine corks, adult fleece, pop tabs, unused plastic silverware for PADS, as well as square, plastic clips off bread, bagels, etc.

We DO NOT accept cookbooks, magazines, prayer books, dictionaries, puzzle/crossword books, gardening books, Harlequin Romance books, diet books or sewing books.

General Assistance is collecting the following:

May

Toilet Paper and Paper Towels

June

Pancake Mix and Syrup (plastic)

July

Toilet Paper and Paper Towels

You can drop your clean, plastic bags in the black plastic container outside the GA office.



General Assistance

We do not accept clothing donations. You can take your donations to “Repeat Boutique”, 191 S. Gary Avenue, Carol Stream. Their drop-off hours are Monday - Friday, 8:30am - 1:30pm.

Drive Up Food Pantry Distributions
General Distribution: Wed., 10:00am - 11:45am
Senior Distribution: Wed., 12:30pm - 1:30pm

Senior Center Van Service Program

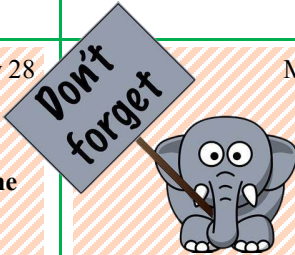
As always, you must schedule your ride in advance, with staff. Availability is not guaranteed.

- * You must purchase a punch card prior to scheduling rides; \$30 for 10 one-way rides
- * One punch for each way
- * No sharing of punch cards
- * \$3 each way for out-of-township members that live within 2 miles of the township boundaries (Windsor Park, Victory Center, etc.)
- * Unexpected, non-scheduled, “needed ride HOME” will cost \$5 cash (no punch card)



<i>Mon.</i>	<i>Tue.</i>	<i>Wed.</i>	<i>Thur.</i>	<i>Fri.</i>
		<p style="text-align: center;">1</p> <p>10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 12:30 Bridge 1:00 McMae's</p>	<p style="text-align: center;">2</p> <p>9:30 Monthly Meeting New Newsletter And SAVERS Collection</p> <p>12:00 Pinochle</p>	<p style="text-align: center;">3</p> <p>9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker 1:00 Fleece Blankets</p>
<p style="text-align: center;">6</p> <p>10:00 Seated Yoga 11:00 Diamond Dotz 11:00 Healthy Living 12:00 Game of 31 12:00 Pinochle 1:00 Seated Volleyball</p>	<p style="text-align: center;">7</p> <p>9:00 Tai Chi 10:00 Phil's Friends 10:15 Total Body Fit 12:30 Bunco 1:00 Craft Project</p>	<p style="text-align: center;">8</p> <p>10:00 Brunch 11:00 Line Dancing 11:00 Press Chat 12:00 H&F/Pokadice</p>	<p style="text-align: center;">9</p> <p>12:00 Mother's Day 12:00 Pinochle 1:00 Rummikub</p>	<p style="text-align: center;">10</p> <p>9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>
<p style="text-align: center;">13</p> <p>10:00 Seated Yoga 10:30 Book Club 12:00 Handmade Cards 12:00 Pinochle 12:30 Mex. Dominos</p>	<p style="text-align: center;">14</p> <p>9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 12:00 Spinners</p>	<p style="text-align: center;">15</p> <p>10:00 Brunch 10:00 Mamma Mia! 11:00 Line Dancing 12:00 H&F/Pokadice</p>	<p style="text-align: center;">16</p> <p>9:00 Dance Fitness 10:00 Ballroom Dancing 11:30 Flower Sale 12:00 Pinochle 1:00 Seated Volleyball</p>	<p style="text-align: center;">17</p> <p>9:00 Tap Dancing 9:30 Bday Brunch 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>
<p style="text-align: center;">20</p> <p>10:00 Seated Yoga 11:00 Healthy Living 12:00 Game of 31 12:00 Pinochle 12:45 Puzzle Contest</p>	<p style="text-align: center;">21</p> <p>9:00 Tai Chi 10:15 Total Body Fit 11:45 Classic Cinema 1:00 Bingo</p>	<p style="text-align: center;">22</p> <p>10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Cards/Soldiers</p>	<p style="text-align: center;">23</p> <p>9:00 Dance Fitness 9:00 Mystery Trip 10:00 Ballroom Dancing 12:00 Pinochle 12:30 Mex. Dominos 1:00 Rummikub</p>	<p style="text-align: center;">24</p> <p>9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>
<p style="text-align: center;">27</p> <p>Township Closed Memorial Day</p>	<p style="text-align: center;">28</p> <p>9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 1:00 Shredding</p>	<p style="text-align: center;">29</p> <p>10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Fleece Blankets</p>	<p style="text-align: center;">30</p> <p>9:00 Dance Fitness 10:00 Ballroom Dancing 10:00 Brewers vs. Cubs 12:00 Pinochle</p>	<p style="text-align: center;">31</p> <p>9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>



Mon.	Tue.	Wed.	Thur.	Fri.
May 27 Item collection for soldiers and military dogs the ENTIRE month of June as well as July 1.	May 28 	May 29 The township recycle and shred event is Saturday June 8 9:00am - 11:00am. Call 630-231-7140 for information.	May 30	May 31
3 9:30 Monthly Meeting 12:00 Game of 31 12:00 Pinochle	4 9:00 Tai Chi 10:00 Phil's Friends 10:15 Total Body Fit 11:45 Classic Cinema 12:30 Bunco	5 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 12:30 Bridge 1:30 Disco/Sr. Helpers	6 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 1:00 Seated Volleyball	7 8:30 Utopian Tour 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
10 10:00 Seated Yoga 10:30 Book Club 11:00 Healthy Living 12:00 Handmade Cards 12:00 Pinochle 12:30 Mex. Dominos	11 9:00 Tai Chi 10:15 Total Body Fit 11:15 Fogo de Chão 12:00 Game of 31 12:00 Spinners	12 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Cards/Soldiers	13 9:00 Dance Fitness 10:00 Ballroom Dancing 11:00 Boomers Game 12:00 Pinochle 12:00 Shuffle/Bocce 1:00 Rummikub	14 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker 1:00 Fleece Blankets 1:00 New Member Mtg
17 9:30 Hardrock 10:00 Seated Yoga 12:00 Game of 31 12:00 Pinochle 1:00 Seated Volleyball	18 9:00 Tai Chi 10:15 Total Body Fit 1:00 Bingo 2:00 Device Advice	19 Township Closed Juneteenth	20 9:00 Dance Fitness 10:00 Ballroom Dancing 11:30 Summer Shindig 12:00 Pinochle	21 9:00 Tap Dancing 9:30 Bday Brunch 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
24 10:00 Seated Yoga 11:00 Diamond Dotz 12:00 Pinochle 1:00 Shredding	25 8:30 Mystery Trip 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31	26 10:00 Brunch 10:00 Healthy Living 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Origami	27 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 12:30 Mex. Dominos 1:00 Rummikub	28 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker 1:00 Fleece Blankets



MON.	TUE.	WED.	THUR.	FRI.
<p>1 9:30 Senior Meeting 12:00 Game of 31 12:00 Pinochle</p>	<p>2 9:00 Tai Chi 10:00 Phil's Friends 10:15 Total Body Fit 12:30 Bunco</p>	<p>3 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 12:30 Bridge</p>	<p>4 Township Closed Independence Day</p>	<p>5 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>
<p>8 10:00 Seated Yoga 10:30 Book Club 11:00 Healthy Living 12:00 Pinochle 12:30 Mex. Dominos 1:00 Seated Volleyball</p>	<p>9 9:00 Tai Chi 10:15 Total Body Fit 11:45 Classic Cinema 12:00 Game of 31 12:00 Spinners</p>	<p>10 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice</p>	<p>11 8:00 Nunsense 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 1:00 Rummikub</p>	<p>12 9:00 Tap Dancing 9:30 Bday Brunch 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker 1:00 Fleece Blankets</p>
<p>15 10:00 Seated Yoga 12:00 Game of 31 12:00 Handmade Cards 12:00 Pinochle</p>	<p>16 9:00 Route 66 9:00 Tai Chi 10:15 Total Body Fit 1:00 Bingo</p>	<p>17 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Cards/Soldiers</p>	<p>18 9:00 Dance Fitness 10:00 Ballroom Dancing 10:00 Glass Decoupage 12:00 Pinochle 12:00 Shuffle/Bocce</p>	<p>19 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 11:45 Just Lunch 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>
<p>22 10:00 Seated Yoga 10:30 Mississippi Trip 11:00 Diamond Dotz 11:00 Healthy Living 12:00 Pinochle 12:30 Movie Day WTSC</p>	<p>23 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 1:00 Fleece Blankets</p>	<p>24 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice 1:00 Shredding</p>	<p>25 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 12:00 Shuffle/Bocce 12:30 Mex. Dominos 1:00 Seated Volleyball 1:00 Rummikub</p>	<p>26 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>
<p>←—————Mighty Mississippi Quad City Area—————→</p>				
<p>29 10:00 Seated Yoga 12:00 Lunch & Trivia 12:00 Pinochle</p>	<p>30 9:00 Tai Chi 10:15 Total Body Fit 1:00 Medicare Plan F</p>	<p>31 10:00 Brunch 11:00 Line Dancing 12:00 H&F/Pokadice</p>	<p>August 1 9:30 Senior Meeting New Newsletter!</p>	<p>August 2 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker</p>

Volunteering

Thank You Volunteers!



There are many volunteer opportunities for those looking to make a difference. Dates and times are listed below. Come join us!

Happy Hatters Fridays at 11:00am

This group meets weekly but you don't need to attend every class. ALL materials, including yarn, needles and patterns, are provided. There is a member available to teach knitting or crocheting.

Productivity:

February: 34 members, 4 sessions, 76 hats

March: 23 members, 3 sessions, 87 hats

April: 28 members, 3 sessions, 47 hats

All hats were delivered to Phil's Friends.

Phil's Friends in Wheaton

May 7, June 4, July 2

1st Tuesday of the Month

Phil's Friends is a not-for-profit organization whose mission is to provide Christ-centered support and hope to those affected by cancer. They need volunteers and we want to help make this happen.

Represent Wayne Township and dedicate an hour of your time volunteering!

Arrive at the Senior Center by 10:00am. Our Senior Center van driver, Tom, will transport you to Phil's Friends in Wheaton where you will be dropped off at the door. Tom will then return at 11:30am to pick you up. Easy peasy!

***Please sign up to attend.
Maximum of 8 participants per date.***

Shredding Newspapers

We Need Newspaper!!

1:00pm - 3:00pm

Tuesday, May 28

Monday, June 24

Wednesday, July 24

This group hand shreds newspapers for local animal shelters. If you love animals, this group is for you!

Productivity:

February: 32 white bags of flat papers, 7 black bags of shredded papers, 32 members

March: 36 white bags of flat papers, 6 black bags of shredded papers, 26 members

April: 12 white bags of flat papers, 3 black bags of shredded papers, 22 members

Cards for Soldiers

1:00pm - 3:00pm

Wednesday, May 22

Wednesday, June 12

Wednesday, July 17

Making cards with heartwarming messages for our troops is a great way to give back. These cards will make any soldier smile.

Productivity:

February: 400 Hero Cards, 40 members

March: 400 Hero Cards, 28 members

April: 350 Hero Cards, 25 members

The list of items needed for our soldiers and military working dogs can be found in the SC.

No-Sew Fleece Blankets

1:00pm - 3:00pm

Friday, May 3

Wednesday, May 29

Friday, June 14

Friday, June 28

Friday, July 12

Tuesday, July 23

Now Meeting 2x a Month!
Join us in making no-sew fleece blankets for charity and shelters.

Productivity:

February: 15 blankets made, 7 members (one session)

March: 21 blankets made, 13 members (two sessions)

April: 55 blankets made, 31 Members (two sessions)

Activities

MONDAY

Book Club at 10:30am

2nd Monday of the month
Chairperson: Joan Mruk

Do you enjoy reading? If so, join us! Please be sure to read the book and be ready to discuss.

May 13

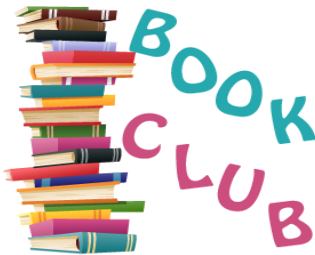
The Caretaker
by Ron Rash

June 10

The Heaven and Earth Grocery Store
by James McBride

July 8

The Women
by Kristen Hannah



Pinochle at 12:00pm No game on 05/27

Chairperson: Norris Aycox

Game of 31 at 12:00pm 05/06, 05/20, 06/03, 06/17, 07/01, 07/15

1st and 3rd Monday of the month

Mexican Dominos at 12:30pm 05/13, 06/10, 07/08

2nd Monday of the month
Co-Chairs: Rita Riha and Dolores Harper

Seated Volleyball at 1:00pm 05/06, 06/17, 07/08

Random Mondays

TUESDAY

Game of 31 at 12:00pm 05/14, 05/28, 06/11, 06/25, 07/09, 07/23

2nd and 4th Tuesday of the month

Spinners at 12:00pm 05/14, 06/11, 07/09

2nd Tuesday of the month

TUESDAY *continued*

Bunco at 12:30pm 05/07, 06/04, 07/02

1st Tuesday of the month
Co-Chairs: Rita Riha and Ray Nosbisch

Bingo at 1:00pm 05/21, 06/18, 07/16

3rd Tuesday of the month
Callers: Jack Rouck, Clint Baker, Joe Ohins and Frank Reale

Card Sellers: Carol Bonkowski and Rita Riha

WEDNESDAY

Brunch Bunch Club meet at 10:00am

Pick up a schedule of locations at the Senior Center.
Transportation and cost is on your own. Enjoy!

Hand and Foot & Pokadice at 12:00pm No game on 06/19

H&F Co-Chairs: Marie Rebmann and Anne Templin
Pokadice Chairperson: Rich Wadda

Bridge at 12:30pm 05/01, 06/05, 07/03

1st Wednesday of the month
Chairperson: Doris Karpel

THURSDAY

Pinochle for Experienced Players at 12:00pm No game on 07/04

Chairperson: Arlene Sebestin

Mexican Dominos at 12:30pm 05/23, 06/27, 07/25

4th Thursday of the month
Co-Chairs: Rita Riha and Dolores Harper

Rummikub at 1:00pm 05/09, 05/23, 06/13, 06/27, 07/11, 07/25

2nd and 4th Thursday of the month
Co-Chairs: Joyce McNeil and Carol Dobelman

Thursday's Seated Volleyball and Friday's activities are on the next page.

Activities

THURSDAY *continued*

Seated Volleyball at 1:00pm
05/16, 06/06, 07/25

Random Thursdays

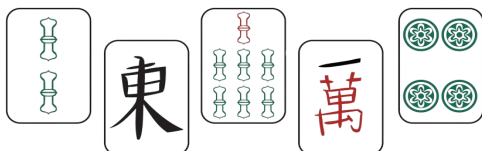
FRIDAY

Darts at 12:00pm

Co-Chairs: Chris and John Cloutier

Mah Jongg at 12:00pm

Co-Chairs: Sheila Janek and Val Dainko



Poker at 12:00pm

Co-Chairs: Sam D'Agostino and Marty Morse

BOCCE BALL & SHUFFLEBOARD



Equipment for these games is available from the SC staff during Senior Center hours.

Regular game day is Thursdays at 12:00pm.
No games on 06/20, 07/04

Exercise and Healthy Living Classes

Monday

Seated Yoga with Catherine at 10:00am
No class on 05/27, 06/03, 07/01

Tuesday

Tai Chi with Sherry at 9:00am
Total Body Fitness with Penny at 10:15am

Wednesday

Line Dancing with Linda at 11:00am
No class on 06/19

New Start Time

Thursday

Dance Fitness with Penny at 9:00am
No class on 05/02, 05/09, 07/04
Ballroom Dancing (Swing) with Debbie at 10:00am
No class on 05/02, 05/09, 07/04

Friday

Tap Dancing with Debbie at 9:00am
Timed Fitness with Penny at 10:00am

"The best day to start exercising is today. Tomorrow can turn into weeks, months or years."

Healthy Living at 11:00am

A Healthy Eating Lifestyle Group
Various Mondays in the History Hall.



May 6

- Nutrition Labels

May 20

- Oils: Vegetable, Canola, Coconut, etc.

June 10

- Eat for the season & storing fresh veggies

June 26

- Farmer's Market Field Trip at 10:00am

July 8

- Healthy Eating Habits

July 22

- Skin Care

NOTE:
June 26
is a Wednesday

Events and Trips

Personalized Craft at the WTSC Tuesday, May 7

Join our new instructor, Sunni from Heart2Home Décor, and make a unique craft. Sunni brings all the materials necessary; we will paint and assemble our projects together.

Project choice at sign-up:

- “Hello Summer”
- 3 Houses; specify number and letter
- Last name; specify name
- “Our Family”; specify multiple names

Start: 1:00pm Cost: \$20 Code: 8105

Minimum of 10 participants.



Lunch and Mother’s Day at the WTSC Thursday, May 9

Celebrate Mother’s Day with “June Cleaver. “June” will regale us with stories and shed light on the powerful and influential mothers who have left their indelible mark on history. Each woman attending can get a touch of “sparkle” with hair tinsel (up to 5 strands). *Extra tinsel will be available for purchase at the event.*

Lunch prior to the presentation is from TriCafe and includes a fruit cup, chips and a cookie.

Choice of entrée at sign-up:

- Egg salad
- Chicken salad

Start: 12:00pm

Cost: \$15

Code: 7215



Lunch and Mamma Mia! Wednesday, May 15

On the eve of her wedding, a daughter’s quest to discover the father she’s never known brings three men from her mother’s past back together.

Lunch, prior to the show, is at Elephant & Castle.

Choice of entrée at sign-up:

- Shepherd’s pie
- Chicken pot pie
- Cheesy leek & potato pie
- Steak & mushroom pie

Bus: 10:00am

Return: 5:30pm

Cost: \$90

Code: 2546



Trip to Nederlander Theatre, Chicago

Jigsaw Puzzle Contest at the WTSC Monday, May 20

We are hosting our first ever jigsaw puzzle competition! Sign up as an individual or as a team of two. You will have two hours to complete your puzzle. We will provide the EXACT SAME 300 large piece puzzle for all participants.

You can take breaks if need be but the two hour timer will not stop.

Feel free to bring your own snacks, drinks, or even lunch. Puzzles are yours to keep.

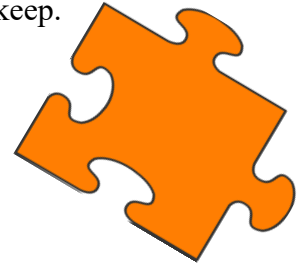
Arrive: 12:45pm

Contest: 1:00pm - 3:00pm

Individual Cost: \$10

Team of Two Cost: \$5/pp

Code: 7216



Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, May 21

Join us and watch “The Fall Guy”, a story about a retired stuntman who finds himself working on a film set with the famous star for whom he doubled long ago. When the star goes missing, the retired stuntman volunteers to investigate and find him.

Refillable snack includes drink and popcorn.

Meet: 11:45am

Ticket Only: \$6

Ticket & Snack: \$12

Code: 2547

NEW PRICE



Transportation is on your own.

Mystery Trip “If I Could Turn Back Time” Thursday, May 23

We will start our day on a high note.

I hope we are not late pulling into the station for lunch.

Do you remember Bruce Wayne?

Join us for a fun-filled day!

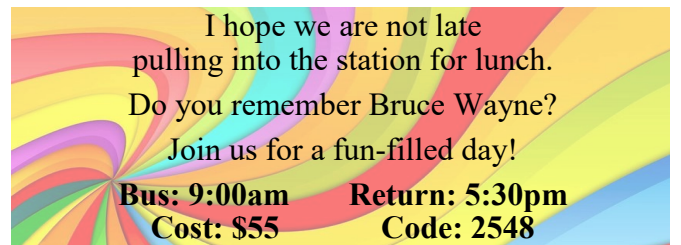
Bus: 9:00am

Return: 5:30pm

Cost: \$55

Code: 2548

**On and off the bus 3 times.
This trip has a wait list.**



Events and Trips

Chicago Cubs at Milwaukee Brewers Thursday, May 30

Join us for a drive out to American Family Field to see our very own Chicago Cubs slug it out. Seats are in the shade as well as near restrooms and food. Seats are located in Field Outfield Box, Sections 108 and 109. Lunch is on your own at the ballpark.

Bus: 10:00am

Return: 7:00pm (approximate)

Cost: \$55

Code: 2549



Trip to American Family Field, Milwaukee WI
This trip has a wait list.

Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, June 4

Join us and watch "Ezra", the story about a stand-up comic and his 11-year-old autistic son who set off on a cross-country road trip to figure out how to understand one another.

Refillable snack includes drink and popcorn.

Meet: 11:45am

Ticket Only: \$6

Ticket & Snack: \$12

Code: 2550

NEW PRICE



Transportation is on your own.

70s Disco Dance at the WTSC Sponsored by Senior Helpers of Naperville Wednesday, June 5

Get ready for a day of nostalgia as we revisit the funky 70s. Prizes will be given for the best 70s attire. Your host, Senior Helpers, provide quality home care customized to your schedule. Snacks, drinks, and entertainment will be provided. We ask that you bring a family member along to this FREE event to learn about all the amenities Senior Helpers has to offer.

Start: 1:30pm

End: 3:00pm

Cost: FREE

Code: 7216



*You must sign up to attend this event.
See back page for info on Senior Helpers.*

A Utopian City Tour and Lunch Friday, June 7

Tour the homes of two fascinating Lake County residents, each with different visions. First we will tour the home of Dr. J. Alexander Dowie, the founder of the City of Zion which is one of the most representative religious utopias and planned industrial communities of the 20th century. Most of the north-south roads were all named from the Bible and it was "dry" until just a few years ago.

Next we will have lunch at the Illinois Beach Hotel where we'll enjoy salad, meatloaf, baked cod, mashed potatoes, green beans, fruit salad, rolls, a beverage and an apple square.

After lunch we'll head to Libertyville's most prominent building, the Cook Mansion. It was built in 1879 by Ansel Brainerd Cook, a teacher and stone mason who became a prominent builder and politician in Chicago, providing flagstones for the city's sidewalks and taking part in the rebuilding after the Great Chicago Fire.

To end the day we will walk to Sweet Home Gelato for an afternoon treat (*cost is on your own*).

Bus: 8:30am

Return: 4:30pm

Cost: \$55

Code: 2551



Trip to Lake County

Handmade Greeting Cards at the WTSC Mondays: June 10, July 15, August 12

Member Phyllis Heimdal is going to teach us how to make greeting cards!

We will make two **all occasion cards** per class for a total of six cards. All materials will be provided.

Start: 12:00pm

End: 1:00pm

Cost: \$10

Code: 8106



Examples only

Events and Trips

Fogo de Chão Brazilian Steakhouse and Rustic Fox Marketplace Tuesday, June 11

Lunch is all you can eat including seasonal salad, exotic vegetables, cheese, smoked salmon, cured meats, seasonal soup and more! Enjoy the continuous tableside service of Brazilian beef, pork loin, prime top sirloin, bacon-wrapped chicken and steak, pork sausage, and bone-in pork chop. Lunch includes cheese bread, polenta, mashed potatoes, caramelized bananas, and vanilla ice cream.

After lunch we will head to the Rustic Fox Multi-Vendor Marketplace, an indoor shopping adventure of 100+ vendors.

Bus: 11:15am
Return: 4:30pm
Cost: \$55
Code: 2552



FOGO DE CHÃO
BRAZILIAN STEAKHOUSE

Trip to Naperville and Aurora

Schaumburg Boomers Baseball 1999 S. Springinguth Road, Schaumburg Thursday, June 13

We are looking for our baseball fans to drive themselves to Schaumburg for the Boomers vs. the Lake Erie Crushers game. We will sit as a group on the 1st base line near the concessions and restrooms. Parking is free; food and drinks are on your own. Come on out and enjoy an afternoon ballgame with your Senior Center friends!

Meet: 11:00am
Game Time: 12:00pm
Cost: \$15
Code: 2553



Transportation is on your own.

Hard Rock Casino Monday, June 17

Test your luck on the casino floor; choose from over 80 table games and 1,700 slot machines. Who knows... you could be the next big winner!

Cost includes bus transportation only.

Bus: 9:30am
Return: 4:00pm
Cost: \$30
Code: 6188



Trip to Gary, IN

Summer Shindig at the WTSC Thursday, June 20

Venture outside and enjoy a summer afternoon COL at Wayne Township. What better way to celebrate the first day of summer than to have an outdoor BBQ with your SC friends?!

Nobody can resist the smells of a burger on the grill or a warm summer afternoon breeze. Eddie Korosa Jr. will entertain us with some old time favorites that are sure to get you up and moving.

This event will take place in the back of the SC parking lot. Enjoy music, bocce ball, horseshoes, shuffleboard, socializing, and BBQ... there is something for everyone.

Start: 11:30am
Cost: \$17
Code: 7217



Mystery Trip Tuesday, June 25

Periodically you come across an element that intrigues you.

Eclectic displays and nostalgia may also turn your head.

Don't lose interest yet... trading, sweetening, popping, and jerking are still on our to-do-list.

Bus: 8:30am
Return: 4:00pm
Cost: \$55
Code: 2554

Origami Flowers at the WTSC Wednesday, June 26

Choose your paper design, start folding, assemble the petals and create beautiful origami flowers!

You will make three flowers with three petals each to arrange in a stylish cobalt blue vase.

All materials will be provided.

Start: 1:00pm
End: 3:00pm
Cost: \$5
Code: 8107



Events and Trips

Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, July 9

Join us and watch “Possum Trot”, a true story about the journeys of 22 families from a rural black church who adopt 77 children of the most difficult to place kids. Refillable snack includes drink and popcorn.

Meet: 11:45am Code: 2555
Ticket Only: \$6
Ticket & Snack: \$12

NEW PRICE



Transportation is on your own.

Lunch and “Nunsense” Thursday, July 11

The Little Sisters of Hoboken are in dire financial straits. They must raise enough money to bury the last four of 52 dearly departed nuns who were accidentally poisoned by the convent cook. They perform with comic flair and high-spirited singing.

Choice of entrée at sign-up:

- Chicken piccata
- Braised pork belly
- Shrimp tempura
- Vegetarian

Bus: 8:00am
Return: 6:00pm
Cost: \$105
Code: 2556



Trip to Fireside Theatre, Fort Atkinson, WI

Kicks on Route 66 Tuesday, July 16

Get your kicks on Route 66 with our fun-filled day that includes four Route 66 stops. We begin with a 90-minute, docent led walking tour, with little to no rest areas, of the abandoned Old Joliet Prison. After the tour we will head to Route 66 Diner where lunch is on your own! After lunch we will head to the Route 66 Visitor Center to snap a few pictures at the multiple photo op set ups. We will conclude our day with a stop at Rich & Creamy where you can purchase ice cream for the ride home!

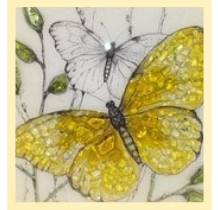
Bus: 9:00am
Return: 4:00pm
Cost: \$55
Code: 2557



Trip to Joliet

Glass Art Decoupage at the WTSC Thursday, July 18

Sunny Glass Art will assist us in making custom canvases. This is a mixed media project that will begin with decoupageing a napkin on two different 6x6 canvases. A variety of napkins will be provided or bring your own. Next we will add glass pieces and other miscellaneous objects. All projects will be sealed with resin and picked up the following week.



Start: 10:00am Cost: \$33
Code: 8108

“Just Lunch” at the WTSC Friday, July 19

Our 2nd “Just Lunch” will be ordered from North of the Border Mexican Restaurant. Enjoy lunch at the SC chatting with friends or pick up your food and eat at home. Everyone is welcome. Order as many meals as you like. All lunches include refried beans, Spanish rice, and a mini chocolate churro. Beverage are NOT included.

See SC menu for lunch option number.

Start: 11:45am
Cost: \$11
Code: 7218



Exploring the Mighty Mississippi Monday, July 22 - Wednesday, July 24

This two night, three day trip is loaded with food, entertainment, and fun!! Enjoy a Captain’s Dinner Cruise on the Celebration Belle, take a Chocolate Tour at the Quad City Botanical Garden, tour the four generation Deere-Wiman House, and see where “giants are born” at the guided John Deere factory tour.

This trip includes two lunches, one dinner, a sweet treat stop at Whitey’s Ice Cream, two night stay in the non-smoking, newly renovated, modern rooms at Bally’s Quad Cities where you will receive \$10 in free slot play and \$10 food credit.

Bus (Mon.): 10:30am
Return (Wed.): 4:00pm
Single: \$500
Double: \$375/pp
Code: 4063



*Trip to the Quad City Area
We need a minimum of 30 participants.*

Events and Trips

Lunch and Trivia at the WTSC Monday, July 29

Find your favorite trivia players and form a team of 4 people. There will be four categories with 10 questions in each. Clint Baker and Bill Allen will provide the questions and humor! Trivia will be played after lunch from Pietanza's. Lunch includes cheese lasagna, a meatball, salad, and a frosted brownie.

Start: 12:00pm
Cost: \$10
Code: 7219



*The last day to sign up is Thursday, July 25th.
Minimum of 10 participants.*

Dinner at Cooper's Hawk 200 S. Gary Avenue, Bloomington Monday, August 5

Drive yourself to Cooper's Hawk and enjoy a modern, casual dining experience with warm hospitality in an inviting upscale setting with your Wayne Township friends. Your culinary team designed contemporary American menu includes crab, shrimp, and lobster bisque, a chopped wedge salad, your choice of Duo Filet Medallions or Pistachio-Crusted Grouper, and salted caramel crème brûlée for dessert. Your drink of choice, non-alcoholic, is included.

Meet: 5:00pm
Cost: \$65
Code: 2558



*Maximum of 46 participants.
Transportation is on your own.*

Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, August 6

Join us and watch "Twisters", the story of a fearful storm tracker who prefers studying meteorology from the safety of behind her computer screen, but gets coaxed into testing out new technology on tornadoes in Oklahoma. Refillable snack includes drink and popcorn.

Meet: 11:45am
Ticket Only: \$6
Ticket & Snack: \$12
Code: 2559



NEW PRICE

Transportation is on your own.

Lunch and Dancing Thru the Decades at the WTSC Thursday, August 8

Are you ready to "Rock Around the Clock" with your "Blue Suede Shoes"? If so, join us at the Senior Center where there will be a "Whole Lotta Shakin Going On". We will "Boot Scoot Boogie" our way through the 50s 60s and 70s so be sure to wear your dancing shoes! Entertainment will be provided by Jane Allyson Music, a high energy solo artist who not only sings but includes fun trivia and music history. You won't want to miss this!

Lunch from Relish Catering Kitchen includes chicken marsala, sauteed zucchini, squash, and cherry tomatoes, and tomato caprese salad. Dessert and beverages are also included.

Start: 11:30am
Cost: \$15
Code: 7220



A Day at Shippshewana Tuesday, August 13

Take a trip to the Amish community of Shippshewana to explore the Midwest's largest outdoor flea market! Shop the 700 open air vendor booths to find bargains on home decor, clothing, produce, plants, tools and more. The market is outdoors and open rain or shine. Wear comfortable shoes (the grounds are a fine gravel) and bring plenty of cash and bags to carry your purchases.

There are electric scooters, shopping carts and wagons available to rent for cash only on a first come, first serve basis.

We will board the bus for the second time at 2:45pm and head to an Amish home where we will enjoy a family style, home cooked meal of rolls, salad, chicken tenders, Salisbury steak, mashed potatoes with gravy, noodles, vegetables and Dutch apple pie. Lunch includes water, coffee and lemonade. Homemade bread and pies are available for purchase.

This is a 12 hour day with a lot of walking.

Bus: 8:00am (cinnamon rolls served on the bus)
Return: 8:00pm
Cost: \$45
Code: 2560



*Trip to Shippshewana, IN
We need a minimum of 30 participants.*

Events and Trips

Lunch Cruise on Lake Michigan Friday, August 16

Join us for an unforgettable afternoon on Lake Michigan with a Signature Chicago Lunch Cruise. Enjoy a chef-prepared buffet including salads, four main dishes, sides and a dessert station, along with sweeping views of the Adler Planetarium and Navy Pier.

This fun and relaxed dining experience comes complete with live DJ entertainment, a fully stocked cash bar, dancing, and games on the open-air decks and indoor spaces.

Bus: 10:15am
Return: 4:30pm
Cost: \$85
Code: 2561



Trip to Chicago

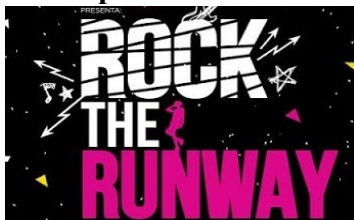
Lunch & "Rock the Runway" Fashion Show Bartlett Hills Golf Club 800 W. Oneida Avenue, Bartlett Wednesday, August 21

This event is a double dose of fun- a fashion show AND a dance showcase! Not only will our members show off new fashions, but they will also showcase dances they have learned over the past year including ballroom, tap, and a line dance!

Be sure to visit the merchandise booth set up by The Closet Boutique and remember to get your door prize ticket for attending... you could win a fantastic basket! Be sure to bring cash to purchase tickets for additional raffle baskets.

Lunch includes sauteed chicken with basil cream, herb roasted potatoes, veggie medley, a strawberry parfait and a beverage.

Meet: 11:00am
Fashion Show Round #1: 11:30am
Lunch: 12:30pm
Fashion Show Round #2: 1:30pm
Dancers: 2:15pm
Cost: \$30
Code: 2562



Dance Showcase

Transportation is on your own.

Music and Munchies at the WTSC Monday, August 26

Come one, come all... the "Banjo Buddies Dixieland Trio" will be performing at the Senior Center. This one-of-a-kind group specializes not only in Dixieland jazz but in a variety of music that includes blues, swing, country, and novelty tunes. Their music is fun and lively and audiences quickly fall in love with them.

Munchies will be provided.

Start: 1:30pm
End: 2:30pm
Cost: \$5
Code: 7221



Chicago White Sox vs. Texas Rangers Thursday, August 29

Join us for a day of baseball, bingo and buffet fun... all included! Seats are located in the shade.

Clear bags ARE allowed in the stadium. If bags are NOT CLEAR they can be no larger than 9x5x2... no exceptions!

Bus: 10:15am
Return: 6:00pm
Cost: \$80
Code: 2563



Trip to Guaranteed Rate Field, Chicago

Nashville Trip- 4 Nights, 5 Days! Monday, October 21 - Friday, October 25

This trip includes a 56 passenger coach bus, eight meals, two shows, three guided tours, four museums and *it's filling up fast!!* There are only a handful of spots available. Sign up today!!!

Bus (Mon.): 8:00am
Return (Fri.): 6:00pm
Single: \$1,100
Double: \$900/pp
Triple: \$850/pp



Guests are an additional \$30/pp
Deposit: \$75 due by June 1
Final Payment due August 1
Insurance: \$72 online with a credit card
Code: 4062

See the SC staff for detailed information.
Trip to Nashville, TN

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