

# Wayne Township Senior Center

## A Place Where Friends Become Family

February/March/April 2024

Hello Again!

It's hard to believe that we have started a new year....welcome 2024! Our Senior Center is as busy as ever and we are continuing to change by adding more classes and trips along with new adventures. We recently returned from our 10-day stay in Hawaii and have already been getting requests for where our next adventure will be. I can happily say that we look forward to planning our next big trip which will likely be in spring/summer of 2025.

We ended 2023 with 793 members and had an average daily attendance of 154 members....that is a lot! Of our total number of members, 669 people came into our center and attended some type of activity in 2023 which is an 84% activity rate...WOW!! First of all, these numbers show that members LIKE coming to our Senior Center. Second of all, it shows that we offer a broad variety of activities, trips, games, etc. to keep 84% of our members active...how FANTASTIC!! My goal is to increase our activity rate for 2024 so keep your wants, needs, and suggestions coming.

As always, my door is open to you. Feel free to stop in for a quick hello, a discussion, a concern, or even a simple wave!

Hugs to all, Erin

### Senior Center Events and Trips

#### FEBRUARY

Thur. 01	Senior Meeting, SC
Fri. 02	Lunch at the Center, SC
Mon. 05	Calligraphy Class, SC
Tue. 06	Volunteering at Phil's Friends in Wheaton
Thur. 08	Lunch and Feed My Starving Children
Wed. 14	Valentine's Day Party, SC
Thur. 15	Handmade Calendar/Cards 3 of 3, SC
Tue. 27	Classic Cinemas at Charlestowne 18
Wed. 28-29	Potawatomi Casino Overnight

#### MARCH

Fri. 01	Senior Meeting, SC
Tue. 05	Volunteering at Phil's Friends in Wheaton
Thur. 14	St. Patrick's Day Craft, SC
Fri. 15	St. Patrick's Day and Lunch, SC
Tue. 19	Classic Cinemas at Charlestowne 18
Wed. 20	Lunch and Billy Elliot the Musical
Thur. 21	Handmade Cards 1 of 3, SC
Fri. 22	Lunch & the History of Barbie, SC
Mon. 25	Dueling Pianos
Tue. 26	HobNob Supper Club Dinner
Thur. 28	Lunch and Hidden Messages, SC

#### APRIL

Tue. 02	Volunteering at Phil's Friends in Wheaton
Wed. 03	Four Winds Casino
Thur. 04-05	Driver Safety Program
Thur. 11	Titanic Exhibit
Tue. 16	Polish History Exhibit and Lunch
Wed. 24	Water Media Workshop, SC
Thur. 25	Handmade Cards 2 of 3, SC
Tue. 30	Classic Cinemas at Charlestowne 18

#### MAY

Wed. 01	Lunch at McMaes Tavern
Tue. 07	Personalized Craft, SC
Thur. 09	Lunch and Mother's Day, SC
Mon. 13	Handmade Cards 3 of 3, SC
Wed. 15	Lunch and Mamma Mia!
Mon. 20	Jigsaw Puzzle Contest, SC
Tue. 21	Classic Cinemas at Charlestowne 18
Thur. 23	Mystery Trip
Thur. 30	Chicago Cubs at Milwaukee Brewers



# Announcements

## NEW Volunteer Requirements for 2024

We are going to change our volunteer requirements starting this year. We will be looking for **consistency versus hours**. We want to recognize EVERYONE who volunteers for us, not just those who have 17+ hours.

If you consistently volunteer on a monthly basis, you will be invited to the 2025 volunteer luncheon event. To be recognized for this, you must sign in to volunteer events and record your time. We will NOT be looking at the number of hours, just the consistency of your volunteering.

If you volunteer occasionally but are not able to volunteer on a consistent, monthly basis, we are going to have an in-house celebration with you here at the Senior Center in 2025.

## Volunteer Opportunities

Do you want to volunteer and don't know what we have? Here are the volunteer groups we have that meet monthly: Happy Hatters, Fleece Blankets, Shredding Newspapers, Cards for Soldiers, and Phil's Friends. See page 7 for details.

## New Guest Policy

We implemented a new guest policy for 2024.

1. All guests must be a guest of a current SC member.
2. Each member can have a limited number of guests.
3. Guests can sign up for events two weeks after its release date.
4. Guest prices for in-house events will be an additional \$5 per guest.
5. Guest prices for day bus trips will be an additional \$15 per guest.
6. Guest prices for overnight trips will be an additional \$30 per guest.
7. All questions can be answered by staff.

## Dates Senior Center Will Be CLOSED

Tuesday, March 12

An in-house WAYS luncheon/silent auction

Friday, April 26

SC Volunteer Luncheon

## AARP Taxes

AARP will be hosting tax preparation at the SC February 7 - April 10. Appointments are now open to everyone.

## Friday, March 1<sup>st</sup> Monthly Meeting

Bingo / Pizza

**There will be NO monthly meeting in April!**

**Diamond Dotz 12:00pm - 2:00pm**

**February 5, March 4, April 15**

*Random Mondays*



Join fellow members, along with Sue and Joyce, to complete your Diamond Dotz. New kits are available for \$5.

## Chair Volleyball

**Random Mondays & Thursdays at 1:00pm**

Thursday: 02/15, 03/07, 04/18

Monday: 02/26, 03/25, 04/29



**Handmade Calendar/Cards Class 3 of 3**  
**Thursday, February 15 at 12:00pm**

This is the last class from the prior newsletter.  
Don't forget!

## Hot Off the Press Chat

**Wednesday, February 21 at 10:00am**

Do you want to give ideas to staff? Do you have suggestions for the next newsletter? Would you like to start a new card or volunteer group?

If so, come meet with Erin and Sue in the SC Library and let's talk about it!

# Announcements

## **New Member Information Meeting Friday, March 8 at 1:00pm**

Prospective senior members will find out what the Senior Center has to offer and have all key questions answered. We look forward to getting to know you!

## **Driver Safety Program Thursday, April 4 AND Friday, April 5**

This refresher course is specifically designed for drivers age 50 and older. You must attend BOTH sessions to receive a discount on your insurance. Bring your drivers license and AARP card at registration.

**Start/End: 9:00am - 1:00pm**

**AARP Members: \$20**

**Non AARP Members: \$25**

***Make checks payable to AARP.***

***Minimum of 5 participants.***

## **Movie Day at the WTSC Monday, April 22 at 12:30pm**

“Irish Wish” starring Lindsey Lohan  
A Netflix Original Romantic Comedy

## **FREE Water Media Workshop Intermediate and Advanced Artists Only Wednesday, April 24 1:00pm - 3:00pm**

Explore the world of water media from Holbein (watercolor paints, watercolor mediums, gouache, and acrylic gouache) in this hands-on learning experience. This workshop is for intermediate to advanced artists looking to try a new brand or medium without breaking the bank. All supplies (paints, brushes, paper, pencils) will be provided. Presented by Audrey Ra Design, a local teaching artist. This workshop is sponsored by Holbein, Legion Paper, and General Pencil.

***You MUST sign up to attend.***

***Maximum of 20 participants.***

## **Volunteer Luncheon Friday, April 26**

If you are a volunteer and have ample hours of volunteer time you will receive an invitation in the mail to attend our Volunteer Luncheon.

This luncheon will be based on your 2023 volunteer time.

## **Donations**

The SC is collecting newspapers, puzzles, books, fleece, pop tabs, unused plastic silverware for PADS, as well as square, plastic clips off bread, bagels, etc.

We DO NOT accept cookbooks, magazines, prayer books, dictionaries, puzzle/crossword books, gardening books, diet books or sewing books.

General Assistance is collecting the following:

⇒ February

- toilet paper and paper towels

⇒ March

- toilet paper and paper towels

⇒ April

- toilet paper and paper towels

You can drop your clean, plastic bags in the black plastic container outside the GA office.

## **General Assistance**

You can, however, take your clothing donations to our partner “Repeat Boutique” located at 191 S. Gary Avenue, Carol Stream. Their drop-off hours are Monday - Friday, 8:30am - 1:30pm.

## **Drive Up Food Pantry Distributions**

General Distribution: Wed., 10:00am - 12:00pm

Senior Distribution: Wed., 12:30pm - 1:30pm

The Low Income Home Energy Assistance program (LIHEAP) assists low-income households by offsetting the rising cost of home energy. An overdue bill or disconnect notice is not required to receive LIHEAP assistance.

Call General Assistance at 630-231-7173 for information.

## **Senior Center Van Service Program**

As always, you must schedule your ride in advance, with staff. Availability is not guaranteed.

- \* You must purchase a punch card prior to scheduling rides; \$30 for 10 one-way rides
- \* One punch for each way
- \* No sharing of punch cards
- \* \$3 each way for out-of-township members that live within 2 miles of the township boundaries (Windsor Park, Victory Center, etc.)
- \* Unexpected, non-scheduled, “needed ride HOME” will cost \$5 cash (no punch card)

# FEBRUARY

*Mon.*

*Tue.*

*Wed.*

*Thur.*

*Fri.*

**1**

**9:30 Senior Meeting  
New Newsletter!  
Social Hour After Mtg.**

12:00 Pinochle

**2**

9:00 Tap Dancing  
10:00 Timed Fitness  
11:00 Ballroom Dancing  
11:00 Happy Hatters  
**11:45 Just Lunch**  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**5**

10:00 Seated Yoga  
11:00 Eat Right  
12:00 Diamond Dotz  
12:00 Game of 31  
12:00 Pinochle  
**1:00 Calligraphy**

**6**

9:00 Tai Chi  
**10:00 Phil's Friends**  
10:15 Total Body Fit  
12:30 Bunco

**7**

8:00 AARP Taxes  
10:00 Brunch  
12:00 H&F/Pokadice  
12:30 Bridge  
2:00 Line Dancing

**8**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
**12:00 Lunch/FMSC**  
12:00 Pinochle  
1:00 Rummikub

**9**

9:00 Tap Dancing  
10:00 Timed Fitness  
11:00 Happy Hatters  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker  
**1:00 Fleece Blankets**

**12**

10:00 Seated Yoga  
10:30 Book Club  
**11:00 Cards/Soldiers**  
12:00 Pinochle  
12:30 Mex. Dominos

**13**

9:00 Tai Chi  
10:15 Total Body Fit  
12:00 Game of 31  
12:00 Spinners  
**12:00 Shredding**

**14**

10:00 Brunch  
**11:30 Valentine Party**

**15**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
**12:00 Handmade Cards**  
12:00 Pinochle  
1:00 Chair Volleyball

**16**

9:00 Tap Dancing  
10:00 Timed Fitness  
11:00 Happy Hatters  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**19**

**Township Closed  
President's Day**

**20**

9:00 Tai Chi  
10:15 Total Body Fit  
1:00 Bingo

**21**

8:00 AARP Taxes  
10:00 Brunch  
**10:00 Chat w/ Staff**  
12:00 H&F/Pokadice  
2:00 Line Dancing

**22**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
12:00 Pinochle  
12:30 Mex. Dominos  
1:00 Rummikub

**23**

9:00 Tap Dancing  
**9:30 Birthday Brunch**  
10:00 Timed Fitness  
11:00 Happy Hatters  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**26**

10:00 Seated Yoga  
11:00 Eat Right  
12:00 Pinochle  
1:00 Chair Volleyball

**27**

9:00 Tai Chi  
10:15 Total Body Fit  
**11:45 Classic Cinema**  
12:00 Game of 31

**28**

8:00 AARP Taxes  
10:00 Brunch  
12:00 H&F/Pokadice  
2:00 Line Dancing

**29**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
12:00 Pinochle

← **Potawatomi Overnight** →

# MARCH

mon.	tue.	wed.	thur.	fri.
				<b>1</b> <b>9:30 Senior Meeting</b> <b>Bingo/Pizza</b>
<b>4</b> 10:00 Seated Yoga 11:00 Eat Right 12:00 Diamond Dotz 12:00 Game of 31 12:00 Pinochle	<b>5</b> 9:00 Tai Chi <b>10:00 Phil's Friends</b> 10:15 Total Body Fit 12:00 Spinners 12:30 Bunco	<b>6</b> 8:00 AARP Taxes 10:00 Brunch 12:00 H&F/Pokadice 12:30 Bridge 2:00 Line Dancing	<b>7</b> 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 1:00 Chair Volleyball	<b>8</b> 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters <b>12:00 Shredding</b> 12:00 Darts 12:00 Mah Jongg 12:00 Poker <b>1:00 New Member Mtg</b>
<b>11</b> 10:00 Seated Yoga 10:30 Book Club 12:00 Pinochle 12:30 Mex. Dominos	<b>12</b> <b>Senior Center Closed</b> <b>WAYS Luncheon</b>	<b>13</b> 8:00 AARP Taxes <b>9:30 Birthday Brunch</b> 10:00 Brunch 12:00 H&F/Pokadice 2:00 Line Dancing	<b>14</b> 9:00 Ballroom Dancing 12:00 Pinochle <b>1:00 Irish Craft</b> 1:00 Rummikub	<b>15</b> <b>11:00 St. Paddy COL</b>
<b>18</b> 10:00 Seated Yoga <b>11:00 Cards/Soldiers</b> 11:00 Eat Right 12:00 Game of 31 12:00 Pinochle	<b>19</b> 9:00 Tai Chi 10:15 Total Body Fit <b>11:45 Classic Cinema</b> 1:00 Bingo	<b>20</b> 8:00 AARP Taxes 10:00 Brunch <b>11:15 Billy Elliot</b> 12:00 H&F/Pokadice 2:00 Line Dancing	<b>21</b> 9:00 Dance Fitness 10:00 Ballroom Dancing <b>12:00 Handmade Cards</b> 12:00 Pinochle	<b>22</b> 9:00 Tap Dancing 11:00 Happy Hatters <b>11:30 Barbie History</b> 12:00 Mah Jongg
<b>25</b> 10:00 Seated Yoga <b>10:30 Dueling Pianos</b> 12:00 Pinochle 1:00 Chair Volleyball <b>1:00 Fleece Blankets</b>	<b>26</b> 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 <b>3:00 HobNob</b>	<b>27</b> 8:00 AARP Taxes 10:00 Brunch 12:00 H&F/Pokadice 2:00 Line Dancing	<b>28</b> 9:00 Dance Fitness 12:00 Pinochle <b>12:30 Hidden Messages</b> 12:30 Mex. Dominos 1:00 Rummikub	<b>29</b> 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker

# APRIL

MON.	TUE.	WED.	THUR.	FRI.
<b>1</b> 10:00 Seated Yoga 12:00 Game of 31 12:00 Pinochle  <b>NO SENIOR MEETING THIS MONTH!</b>	<b>2</b> 9:00 Tai Chi <b>10:00 Phil's Friends</b> 10:15 Total Body Fit 12:30 Bunco	<b>3</b> 8:00 AARP Taxes <b>8:30 Four Winds</b> 10:00 Brunch 12:00 H&F/Pokadice 12:30 Bridge 2:00 Line Dancing	<b>4</b> 9:00 Dance Fitness <b>9:00 Driver Safety</b> 10:00 Ballroom Dancing <b>11:00 Cards/Soldiers</b> 12:00 Pinochle	<b>5</b> <b>9:00 Driver Safety</b> 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
<b>8</b> 10:00 Seated Yoga 10:30 Book Club 11:00 Eat Right 12:00 Pinochle <b>12:00 Shredding</b> 12:30 Mex. Dominos	<b>9</b> 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 12:00 Spinners	<b>10</b> 8:00 AARP Taxes 10:00 Brunch 12:00 H&F/Pokadice 2:00 Line Dancing	<b>11</b> 9:00 Dance Fitness <b>9:00 Titanic Exhibit</b> 10:00 Ballroom Dancing 12:00 Pinochle 1:00 Rummikub	<b>12</b> 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
<b>15</b> 10:00 Seated Yoga 12:00 Diamond Dotz 12:00 Game of 31 12:00 Pinochle	<b>16</b> <b>8:30 Polish History</b> 9:00 Tai Chi 10:15 Total Body Fit 1:00 Bingo	<b>17</b> 10:00 Brunch 10:00 Line Dancing 12:00 H&F/Pokadice	<b>18</b> 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 1:00 Chair Volleyball	<b>19</b> 9:00 Tap Dancing <b>9:30 Birthday Brunch</b> 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
<b>22</b> 10:00 Seated Yoga 11:00 Eat Right 12:00 Pinochle 12:30 Movie Day	<b>23</b> 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 <b>1:00 Fleece Blankets</b>	<b>24</b> 10:00 Brunch 10:00 Line Dancing 12:00 H&F/Pokadice <b>1:00 Water Media</b>	<b>25</b> 9:00 Dance Fitness 10:00 Ballroom Dancing <b>12:00 Handmade Cards</b> 12:00 Pinochle 12:30 Mex. Dominos 1:00 Rummikub	<b>26</b>  <b>Senior Center Closed</b> <b>Volunteer Luncheon</b>
<b>29</b> 10:00 Seated Yoga 12:00 Pinochle 1:00 Chair Volleyball	<b>30</b> 9:00 Tai Chi 10:15 Total Body Fit <b>11:45 Classic Cinema</b>	<b>May 1</b> 10:00 Brunch 10:00 Line Dancing 12:00 H&F/Pokadice 12:30 Bridge <b>1:00 McMae's</b>	<b>May 2</b> <b>9:30 Senior Meeting (SAVERS Fundrive)</b>	

# Volunteering

## Thank You Volunteers!



There are many volunteer opportunities for those looking to make a difference. Dates and times are listed below. Come join us!

### **Happy Hatters Fridays at 11:00am No group on 03/01, 03/15, 04/26**

This group meets weekly but you don't need to attend every class. ALL materials, including yarn, needles and patterns, are provided. There is a member available to teach knitting or crocheting.

In November, 12 people attended two classes.

In December, 8 people attended 1 class.

In January, 24 people attended 3 classes.

In January, 87 hats were donated to the Cancer Center in Winfield and 85 hats to Phil's Friends in Wheaton.

### **Phil's Friends in Wheaton February 6, March 5, April 2 1<sup>st</sup> Tuesday of the Month**

Phil's Friends is a not-for-profit organization whose mission is to provide Christ-centered support and hope to those affected by cancer. They need volunteers and we want to help make this happen.

Represent Wayne Township and dedicate an hour of your time volunteering!

Arrive at the Senior Center by 10:00am. Our Senior Center van driver, Tom, will transport you to Phil's Friends in Wheaton where you will be dropped off at the door. Tom will then return at 11:30am to pick you up. Easy peasy!

*Please sign up to attend.  
Maximum of 8 participants per date.*

### **Shredding Newspapers We Need Newspaper!!**

12:00pm - 2:00pm

Tuesday, February 13

Friday, March 8

Monday, April 8

This group hand shreds newspapers for local animal shelters. If you love animals, this group is for you!

#### ***Productivity:***

*November: 20 black bags of flat papers, 25 members*

*December: 18 black bags of flat papers, 4 black bags of shredded papers, 23 members*

*January: 15 black bags of flat papers, 2 black bags of shredded papers, 20 members*

### **Cards for Soldiers 11:00am - 1:00pm**

Monday, February 12

Monday, March 18

Thursday, April 4

Making cards with heartwarming messages for our troops is a great way to give back. These cards will make any soldier smile.

#### ***Productivity:***

*November: 225 Hero Cards, 21 members*

*December: 225 Hero Cards, 24 members*

*January: 240 Hero Cards, 17 members*

*2023: A total of 639 lbs. of items collected including, cards, candy, stockings, etc.*

### **No-Sew Fleece Blankets 1:00pm - 3:00pm**

Friday, February 9

Monday, March 25

Tuesday, April 23

Join us in making no-sew fleece blankets. These blankets are donated to charities as well as homeless and animal shelters. This is definitely a "feel good" project.

#### ***Productivity:***

*November: 12 blankets made, 12 members*

*December: 3 blankets made, 4 members*

*January: 4 blankets made, 3 members*

# Activities

## MONDAY

### Book Club at 10:30am

*2<sup>nd</sup> Monday of the month*

*Chairperson: Joan Mruk*

Do you enjoy reading? If so, join us! Please be sure to read the book and be ready to discuss.

**February 12**

*The Wind in the Willows by Kenneth Grahame*

**March 11**

*The Push by Ashley Audrine*

**April 8**

*The Frozen River by Ariel Lawhorn*

### Pinochle at 12:00pm

**No game on 02/19**

*Chairperson: Norris Aycox*

### Game of 31 at 12:00pm

**02/05, 03/04, 03/18, 04/01, 04/15 ONLY**

*1<sup>st</sup> and 3<sup>rd</sup> Monday of the month*

### Mexican Dominos at 12:30pm

**02/12, 03/11, 04/08**

*2<sup>nd</sup> Monday of the month*

*Co-Chairs: Rita Riha and Dolores Harper*

## TUESDAY

### Game of 31 at 12:00pm

**02/13, 02/27, 03/26, 04/09, 04/23 ONLY**

*2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month*

### Spinners at 12:00pm

**02/13, 03/05 (1<sup>st</sup> Tuesday), 04/09**

*2<sup>nd</sup> Tuesday of the month*

### Bunco at 12:30pm

**02/06, 03/05, 04/02**

*1<sup>st</sup> Tuesday of the month*

*Chairperson: Rita Riha*



## TUESDAY *continued*

### Bingo at 1:00pm

**02/20, 03/19, 04/16**

*3<sup>rd</sup> Tuesday of the month*

*Callers: Jack Rouck, Clint Baker, Joe Ohins and Frank Reale*

*Card Sellers: Carol Bonkowski and Rita Riha*

## WEDNESDAY

### Brunch Bunch Club meet at 10:00am

Pick up a schedule of locations at the Senior Center.

*Transportation and cost is on your own. Enjoy!*

### Hand and Foot & Pokadice at 12:00pm

**No game on 02/14**

*H&F Co-Chairs: Marie Rebmann and Anne Templin*

*Pokadice Chairperson: Rich Wadda*

### Bridge at 12:30pm

**02/07, 03/06, 04/03**

*1<sup>st</sup> Wednesday of the month*

*Chairperson: Doris Karpel*

## THURSDAY

### Pinochle for Experienced Players at 12:00pm

*Chairperson: Arlene Sebestin*

### Mexican Dominos at 12:30pm

**02/22, 03/28, 04/25**

*4<sup>th</sup> Thursday of the month*

*Co-Chairs: Rita Riha and Dolores Harper*

### Rummikub at 1:00pm

**02/08, 02/22, 03/14, 03/28, 04/11, 04/25**

*2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month*

*Co-Chairs: Joyce McNeil and Carol Dobelman*

*See SC staff for bocce and shuffleboard equipment, which is available for use during SC hours.*

*Friday's activities are on the next page.*

# Activities

## FRIDAY

**Happy Hatters at 11:00am**  
**No group on 03/01, 03/15, 04/26**

Everyone is welcome to join.  
 All materials are provided.

*Chairperson: Elaine Wierdak*

**Darts at 12:00pm**  
**No game on 03/01, 03/15, 03/22, 04/26**

*Co-Chairs: Chris and John Cloutier*

**Mah Jongg at 12:00pm**  
**No game on 03/01, 03/15, 04/26**

*Co-Chairs: Sheila Janek and Val Dainko*

**Poker at 12:00pm**  
**No game on 03/01, 03/15, 03/22, 04/26**

*Co-Chairs: Sam D'Agostino and Marty Morse*

## BIRTHDAY BRUNCH

If your birthday is in February, March, or April, call the Senior Center to register for our birthday brunch. This event is for **active members only**.

**February's "Fabulous Amethysts"**  
 Fri., February 23<sup>rd</sup>  
 9:30am - 11:00am

**March's "Marvelous Aquamarines"**  
 Wed., March 13<sup>th</sup>  
 9:30am - 11:00am

**April's "Amazing Diamonds"**  
 Fri., April 19<sup>th</sup>  
 9:30am - 11:00am

*You must pre-register at least two days prior to the event to attend!*



# Exercise and Healthy Living Classes

**Monday Seated Yoga with Catherine at 10:00am**  
*No class on 02/19*

**Tuesday Tai Chi with Sherry at 9:00am**  
*No class on 03/12*

**Tuesday Total Body Fitness with Penny at 10:15am**  
*No class on 03/12*

**Wednesday Line Dancing with Linda at 2:00pm**  
*No class on 02/14*  
*Time will return to 10:00am on April 17*

**Temporary time change  
 due to AARP taxes.**

**Thursday Dance Fitness with Penny at 9:00am**  
*No class on 02/01, 03/14*

**Thursday Ballroom Dancing with Debbie at 10:00am**

- "Waltz" in February
- "Waltz" in March
- "Waltz" in April

*No class on 02/01, 03/28*

*Makeup Date: Friday 02/02 at 11am*

*Early Start Time: 03/14 at 9am*

**Friday Tap Dancing with Debbie at 9:00am**  
*No class on 03/01, 03/15, 04/26*

**Friday Timed Fitness with Penny at 10:00am**  
*No class on 03/01, 03/15, 03/22, 04/26*

**Eat Right Be Healthy at 11:00am**  
**A Healthy Eating Lifestyle Group**  
*Various Mondays in the History Hall.*



**Healthy  
 Eating**

February 5

- *Over the Counter Pain Killers*

February 26

- *Vicks VapoRub- Facts and/or Fiction*

March 4

- *Older Adult Nutrition*

March 18

- *How to Read Food Labels*

April 8

- *Magnesium and Zinc*

April 22

- *Field Trip*

# Events and Trips

## Just Lunch at the WTSC Friday, February 2



You can eat lunch in the SC or take your food home.

Food will be available to pickup at the SC at 11:45am.

## Calligraphy Class at the WTSC Monday, February 5

Revive the art of calligraphy with a modern twist.

Instructor Audrey Ra will teach you how to write with a brush pen by practicing the eight basic strokes and the lowercase alphabet. By the time you are done, you will be writing like a pro!

All materials will be provided.

**Start: 1:00pm**      **End: 2:30pm**  
**Members: \$10**      **Code: 8100**



*This class has a waiting list.*

## Lunch and Feed My Starving Children Thursday, February 8

Join us for lunch at Bahama Breeze followed by volunteering at FMSC. This is a one-of-a-kind experience where you'll get a chance to turn hunger into hope with your own two hands.

### Choice of entrée at sign up:

- Crispy chicken sandwich with fruit salad
- Half Cuban sandwich with house salad
- Coconut shrimp tacos with rice and beans
- Cheeseburger with fries

**Bus: 12:00pm**  
**Return: 4:30pm**  
**Members: \$30**  
**Code: 2536**



*Trip to Schaumburg  
Maximum of 35 participants.*

## Valentine's Day Party at the WTSC Wednesday, February 14

celebrate the day of L♥VE with your Wayne Township family! Enjoy your favorite love songs performed by Maureen Christine... sing along, tap your toes or get out on the dance floor.

Lunch from Pietanza's includes cheese raviolis, a meatball and Caesar salad.

**Start: 11:30am**  
**Members: \$12**  
**Code: 7211**



## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, February 27

Join us in making movie memories and watch "Ordinary Angels", the story of a struggling hairdresser who finds a renewed sense of purpose when she meets a widower working hard to make ends meet for his two daughters.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**  
**Ticket Only: \$5**  
**Ticket & Snack: \$11**  
**Code: 2537**



*Rescheduled from October, 2023.  
Transportation is on your own.*

## Potawatomi Casino Overnight Trip Wed., February 28 - Thur., February 29

This trip includes hotel, bus, museum entry and tour, lunch at the museum, \$10 casino play and a \$10 food voucher.

**Bus: 1:00pm**  
**Return: 6:00pm**  
**Single: \$250/pp**  
**Double: \$175/pp**  
**Triple: \$160/pp**  
**Quad: \$145/pp**  
**Code: 4061**



*Trip to Milwaukee, WI*

# Events and Trips

## St. Patrick's Day Craft at the WTSC Thursday, March 14

Looking to decorate your home for St. Patrick's Day or give the gift of décor to a friend or family member? Wait no more! Join our instructor, Sunni from Heart2Home Décor, and make one of these unique pieces. All materials will be provided; we will paint and assemble our project together.

### Choice of craft at sign-up:

- "Lucky" word
- Three shamrocks
- Lucky with a horseshoe
- Mushroom Gnome

**Start: 1:00pm**

**Cost: \$20**

**Code: 8103**

*Minimum of 10 participants.*



## St. Patrick's Day and Lunch at the WTSC Friday, March 15

Whether you are Irish or wish you were on St. Patrick's Day, wear your GREEN and bring your happy attitude as we celebrate the Luck of the Irish with one of our SC favorites, Tim Wilsey.

Tim will discuss some of the great actors and actresses with Irish eyes dancing in Hollywood. From the amazing Maureen O'Hara and Pierce Brosnan to Liam Neeson and Katie McGrath. In addition to these Irish legends of Hollywood, Tim will also talk about some Irish traditions and their origins.

Lunch, after the presentation, is from McAlister's Deli and includes a Reuben sandwich, potato salad, pickle and cookie.

**Start: 11:00am**

**Cost: \$15**

**Code: 7212**



## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, March 19

Join us in making movie memories and watch "Arthur the King", a true story about an adventure racer who adopts a wounded stray dog named Arthur to join him on his epic endurance race through the Dominican Republic.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**

**Code: 2538**

**Ticket Only: \$5**

**Ticket & Snack: \$11**

*Transportation is on your own.*



## Lunch and Billy Elliot the Musical Wednesday, March 20

The music of Elton John brings to life the story of Billy Elliot, an 11-year-old English boy who stumbles upon a ballet class during his weekly boxing lesson. His surprise love for dance must be hidden at all costs, especially from his coal miner father.

With the help from his sharp-tongued teacher, Mrs. Wilkinson, Billy gets the chance to attend a prestigious ballet school and must decide what is most important: doing what he loves or doing what other people want. Billy Elliot is a coming-of-age story that inspires us all to do what you love no matter what other people think. BE TRUE TO YOU.

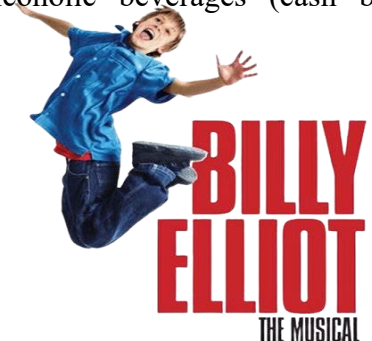
Lunch prior to the show and across the street from the theater includes Greek salad, rolls, lemon oregano chicken, Vesuvio potatoes, green beans, baklava and non-alcoholic beverages (cash bar available).

**Bus: 11:15am**

**Return: 5:00pm**

**Cost: \$75**

**Code: 2539**



*Trip to Paramount Theatre, Aurora*

# Events and Trips

## Handmade Greeting Cards at the WTSC Thursday, March 21 Thursday, April 25 Monday, May 13

Member Phyllis Heimdal is going to teach us how to make greeting cards! This is a 3-session class for one hour each class. In March we will make a two encouragement cards, in April two Thinking of You cards, and in May two graduation cards.

All materials will be provided.

**Start: 12:00pm**  
**End: 1:00pm**  
**Cost: \$10**  
**Code: 8104**



## Lunch & the History of Barbie at the WTSC Friday, March 22

In this illustrated lecture, historian Leslie Goddard delves into the history of Barbie. Learn what inspired Mattel to develop Barbie in 1959, how Barbie helped make Mattel one of the world's most successful toy companies, and what Barbie's impact has been on American culture. You won't want to miss this captivating presentation.

Lunch, prior to the presentation, is from Beef Shack and includes a mini cheesy beef, small salad and a cookie.

**Start: 11:30am**  
**Cost: \$16**  
**Code: 7213**



## Lunch and Dueling Pianos Monday, March 25

Dundee Township Park District presents lunch and Dueling Pianos! Peter and Tom have been there before and they are back by popular demand. Lunch includes a salad, lasagna and garlic bread.

**Bus: 10:30am**  
**Return: 3:00pm**  
**Cost: \$40**  
**Code: 2540**



*Trip to Dundee Township Park District, Dundee  
Maximum of 33 participants.*

## HobNob Supper Club Dinner Tuesday, March 26

What better place to HOBNOB than at the HobNob! The supper club is as much a part of Wisconsin's history as the Packers and Mars Cheese Castle. We will enjoy dinner in the lakefront room.

### Choice of entrée at sign-up:

- Salmon with a mustard glaze, broiled on a plank
- Chicken with crab meat, asparagus, hollandaise
- Duckling served with sage dressing
- 13oz. cut of prime rib of beef

Dinner includes soup, salad, au gratin potatoes, dinner rolls, a sundae, and coffee/hot tea/milk.

**Bus: 3:00pm**  
**Return: 8:30pm**  
**Cost: \$65**  
**Code: 2541**



*Trip to Racine, WI*

## Lunch and Hidden Messages at the WTSC Thursday, March 28

Join Historical Researcher Connie Martin as she describes the hidden codes and secret messages inside the lyrics of several beloved pre- and post-Civil War era songs. You will learn how certain lyrics and human emotion sung in Negro Spirituals were utilized to inform freedom seekers to know when and how to escape from the bondage of slavery in the South.

Lunch, prior to the presentation, is from Tropical Smoothie Café.

### Choice of sandwich at sign-up:

- Turkey bacon ranch on ciabatta bread
- Baja wrap of grilled chicken, rice, beans, salsa...

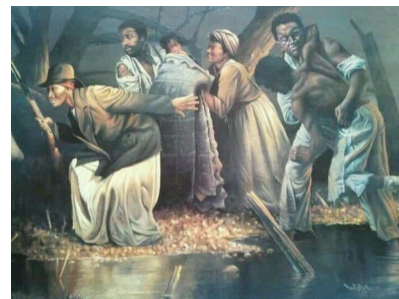
**AND**

### Choice of smoothie at sign-up:

- Blueberry strawberry, banana
- Strawberry, mango, pineapple, orange juice

Lunch includes kale apple slaw and a snickerdoodle cookie.

**Start: 12:30pm**  
**Cost: \$15**  
**Code: 7214**



# Events and Trips

## Four Winds Casino Wednesday, April 3

Price includes bus transportation, \$10 food credit and \$15 instant slot credit.

**Bus: 8:30am**

**Return: 5:30pm**

**Cost: \$37**

**Code: 6187**

Food credit can be used at Timbers, Kankakee Grill, White Birch Coffee House or the buffet.

Enjoy 25% off at the restaurants for Senior Day.



*Trip to New Buffalo, MI  
Minimum of 40 participants.*

## Titanic Exhibit and Lunch on Your Own Thursday, April 11

Get ready to embark on this awe-inspiring journey into history. Titanic The Exhibition is an interactive experience that tells the tale of the design, creation, launch, maiden voyage, and tragedy of the largest and most luxurious ship in the world at the time. Step inside vast, beautiful recreations of the ship's interior, hear music from the era, and immerse yourself in the story of the real passenger whose boarding pass you will hold. You'll find relics that survived the sinking of the Titanic and items from her sister ships; then prepare to walk above a sea floor complete with sand and broken artifacts at the Discovery Gallery.

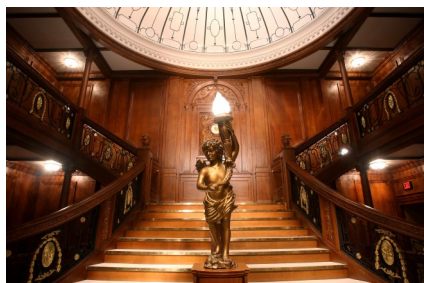
Enjoy lunch, on your own, at one of the many eateries within the mall from fast food to a sit-down restaurant.

**Bus: 9:00am**

**Return: 3:00pm**

**Cost: \$40**

**Code: 2542**



*Trip to Old Orchard Mall, Skokie  
Maximum of 40 participants.*

## Polish History Exhibit and Lunch Tuesday, April 16

This temporary exhibit will be leaving in June so sign up right away!

*Back Home: Polish Chicago* features more than 90 artifacts and documents as well as more than 100 reproduced photographs to help tell the story of the Chicago area's vibrant Polish communities from the mid-1800s to today. Explore personal narratives, music, community involvement, as well as art installations from five local Polish artists. Experience the journeys immigrants have taken to get to the city, the ways they have established themselves in its neighborhoods, and the duality of feeling a deep connection to two places at once.

After the guided tour we will head to Staropolska for lunch. And if that wasn't enough, we will end our day at Kolatek's Bakery and Deli where you can stock up on baked goods, deli meats, produce and more... this is a "can't miss" trip!

Lunch, served family style, includes soup, cucumber salad, pierogies, sausage and sauerkraut, stuffed cabbage, potato pancake, cheese blintz for dessert, cold and hot drinks.

**Bus: 8:30am**

**Return: 4:30pm**

**Cost: \$70**

**Code: 2543**

**BACK <|> HOME**  
POLISH CHICAGO



*Trip to Chicago History Museum, Chicago*

## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, April 30

Join us in making movie memories and watch "Unsung Hero", a true story about a mother who uses her faith to hold her family of nine together by turning struggles into adventures.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**

**Ticket Only: \$5**

**Ticket & Snack: \$11**

**Code: 2544**



*Transportation is on your own.*

# Events and Trips

## Lunch at McMaes Tavern & Grill 913 S. Route 59, Bartlett Wednesday, May 1

Have you been here yet to try Chef Santiago's pot roast specials? Well wait no longer! This is the menu you'll be waiting for the "once per month" that they offer it!

### Choice of entrée at sign-up:

- Pot roast dinner with mashed potatoes & carrots
- Pot roast grilled cheese with tomato basil soup
- Pot roast sliders with garlic fries
- Pot roast nachos on homemade tortilla chips

Lunch includes a soft drink. Gratuity included in price.

**Meet: 1:00pm**

**Cost: \$25**

**Code: 2545**

*Transportation is on your own.*

**McMae's**  
TAVERN & GRILL

## Personalized Craft at the WTSC Tuesday, May 7

Calling all crafters to show off your skills in making these personalized projects for yourself or to give as a gift.

Join our new instructor, Sunni from Heart2Home Décor, and make one of these unique pieces. Sunni brings all the materials necessary; we will paint and assemble our projects together. This is a class you won't want to miss.

### Project choice at sign-up:

- "Hello Summer"
- 3 Houses; specify number and letter
- Last name; specify name
- "Our Family"; specify multiple names

**Start: 1:00pm**

**Cost: \$20**

**Code: 8105**



*Minimum of 10 participants.*

## Lunch and Mother's Day at the WTSC Thursday, May 9

Celebrate Mother's Day by stepping into the enchanting world of nostalgia as we welcome a beloved television icon, "June Cleaver". She's not just an ordinary visitor – she's arriving in all her pearls, an impeccable dress, and those signature heels!! Through the remarkable portrayal by Michelle Gibbons, "June" will regale us with stories and shed light on the powerful and influential mothers who have left their indelible mark on history along with traveling back to the origins of Mother's Day itself.

As if that wasn't enough, each woman attending can get a touch of "sparkle" with hair tinsel (up to 5 strands). *Extra tinsel will be available for purchase at the event.*

Lunch prior to the presentation is from TriCafe and includes a fruit cup, chips and an oatmeal raisin cookie.

### Choice of croissant at sign-up:

- Egg salad
- Chicken salad

**Start: 12:00pm**

**Cost: \$15**

**Code: 7215**



## Lunch and Mamma Mia! Wednesday, May 15

A mother. A daughter. Three possible dads.

Set on a Greek island paradise, a tale of love, friendship, and identity is told through the timeless hits of ABBA. On the eve of her wedding, a daughter's quest to discover the father she's never known brings three men from her mother's past back to the island they last visited decades ago.

Lunch, prior to the show, is at Elephant & Castle.

### Choice of entrée at sign-up:

- Shepherd's pie
- Chicken pot pie
- Cheesy leek & potato pie
- Steak & mushroom pie

Lunch includes salad, dessert and a beverage.

**Bus: 10:00am**

**Return: 5:30pm**

**Cost: \$90**

**Code: 2546**



*Trip to Nederlander Theatre, Chicago*

# Events and Trips

## Jigsaw Puzzle Contest at the WTSC Monday, May 20

Do you love to puzzle? Do you think you are good at puzzling and want to join a competition? Do you simply enjoy doing a puzzle and want to join in the fun? Well look no further... we are hosting our first ever jigsaw puzzle competition here at the Senior Center! You can sign up as an individual or as a team of two.

You will have two hours to complete your puzzle. We will provide the EXACT SAME 300 large piece puzzle for all participants. You can take breaks if need be, at any time, but the timer will not stop.

Winners will be recorded by the amount of time they take to complete their puzzle and/or by the number of pieces not completed.

Feel free to bring your own snacks, drinks, or even lunch. Puzzles are yours to keep.

**Arrive: 12:45pm      Contest: 1:00pm - 3:00pm**  
**Individual Cost: \$10    Team of Two Cost: \$5/pp**  
**Code: 7216**



## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, May 21

Join us in making movie memories and watch **"The Fall Guy"**, a story about a retired stuntman who finds himself working on a film set with the famous star for whom he doubled long ago. When the star goes missing, and the film (which is being directed by his ex-girlfriend), is in danger of being shut down, he volunteers to investigate the disappearance and find the missing actor.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**  
**Ticket Only: \$5**  
**Ticket & Snack: \$11**  
**Code: 2547**



*Transportation is on your own.*

## Mystery Trip "If I Could Turn Back Time" Thursday, May 23

We will start our day on a high note.

I hope we are not late  
pulling into the station for lunch.

Do you remember Bruce Wayne?

Join us for a fun-filled day!

**Bus: 9:00am**  
**Return: 5:30**  
**Cost: \$55**  
**Code: 2548**



*On and off the bus 3 times.*

## Chicago Cubs at Milwaukee Brewers Thursday, May 30

Baseball season is HERE!!

Join us for a drive out to American Family Field in Milwaukee to see our very own Chicago Cubs slug it out 'til the very last out!

Seats are in the shade as well as near restrooms and food... sign up today!

Seats are located in Field Outfield Box, Section 108, Rows 13-17 and Field Outfield Box, Section 109, Rows 12-20.

Lunch is on your own at the ballpark.

**Bus: 10:00am**  
**Return: 7:00pm (approximate)**  
**Cost: \$55**  
**Code: 2508**



*Trip to American Family Field, Milwaukee WI*



# savers™

SHOP. REUSE. REIMAGINE.

## FUNDRIVE

### Thursday, May 2 8:00am - 1:00pm

### Senior Meeting Day

It is THAT TIME where you need to start cleaning out your closets and bagging everything up!

The goal is for each person to bring 2 bags of soft items and 1 bag or box of hard items.

**Soft items** include bedding, comforters, blankets, sheets, towels, linens, tablecloths, curtains, pillows, clothing, shoes scarves, backpacks, handbags, etc.

**Hard items** include small household goods such as pots and pans, dishes, silverware, glasses, serving pieces, hand-held appliances, knick-knacks, home decorative items, toys, games and small electronics.

**Books** must be put in their own box or bag.

All items must be in a box or bag, clean, and in sellable condition

*Please bring items on Thursday, May 2<sup>nd</sup> ONLY; we cannot store items for you! Our truck will be on the WEST side of the building. Simply DRIVE UP and DROP OFF! Share the date and time with friends, family, and neighbors!!*

## LOOK OUT NASHVILLE...

THE WAYNE TOWNSHIP SENIORS ARE HEADING YOUR WAY!

MONDAY, OCTOBER 21<sup>ST</sup> - FRIDAY, OCTOBER 25<sup>TH</sup>

- 4 nights, 5 days
- 56 passenger coach

Meals, shows, guided tours, museums, and so much more. You won't want to miss this!

save  
the  
date®



<b>M</b> for member <b>G</b> for guest	<b>Member or Guest Name</b> (please list each individually) - (if tickets are for a guest, a non-member information sheet must be completed prior to trip)



**Check Payable to:** Wayne Township Snrs  
**Mail:** 27W031 North Ave

West Chicago, IL 60185

if ordering by  
 mail, you must  
 include a self  
 addressed  
 stamped envelope

**Feb, March and April 2024**

**Attn:** Sue Regalado

Date	Trip Description	Trip Code	Member	Meal Choices (circle one)			Amount
	2024 Newsletter Mailed		\$5				
	Van 10 Ride Pass		\$30				
	Diamond Dotz 2024	8102	\$5				
8-Feb	Feed My Starving Children, Schaumburg, IL	2536	\$30	crispy chx sandwich	shrimp tacos		
14-Feb	Valentine's Party COL, Senior Center	7211	\$12	cuban sandwich	cheeseburger		
27-Feb	<b>Drive Self - Ordinary Angels (rescheduled)</b> Classic Cinema Movie, St. Charles, IL	2537	\$5 movie \$11 w/snack				
Feb 28-29	Potawatomi Over Night	4061	single \$250	double \$175	triple \$160	quad \$145	
<b>NEW TRIPS RELEASED IN February NEWSLETTER BELOW</b>							
14-Mar	St. Patrick's Day Craft, Senior Center	8103	\$20	lucky words	mushroom gnome		
15-Mar	St. Patrick's Day COL, Senior Center	7212	\$15	3 shamrocks	lucky horseshoe		
19-Mar	<b>Drive Self - Arthur the King</b> Classic Cinema Movie, St. Charles, IL	2538	\$5 movie \$11 w/snack				
20-Mar	Billy Elliot at Paramount, Aurora, IL	2539	\$75				
21-Mar	<b>March 21, April 25, and May 13</b> Handmade Greeting Cards - 3 new sessions	8104	\$10				
22-Mar	The History of Barbie by Leslie Goddard , Senior Center	7213	\$16				
25-Mar	Dueling Pianos Dundee Park District, Dundee, IL	2540	\$40				
26-Mar	HobNob Supper Club, Racine, WI	2541	\$65	salmon	chicken oscar		
				duckling	prime rib		
28-Mar	Hidden Messages Presentation, Senior Center	7214	\$15	turkey bacon	baja wrap		
				blueberry bliss	sunrise sunset		
3-Apr	Four Winds Casino, New Buffalo, MI	6187	\$37				
April 4 & 5	AARP Driver Safety Class - must attend both days	nc	\$20/\$25	<b>make checks payable to AARP</b>			
11-Apr	Titanic Exhibit at Old Orchard Mall, Skokie, IL	2542	\$40				
16-Apr	Polish Chicago History & Staropolska, Chicago, IL	2543	\$70				
24-Apr	Watermedia Workshop: Holbein Materials, Senior Center	nc	free				
30-Apr	<b>Drive Self - Unsung Hero</b> Classic Cinema Movie, St. Charles, IL	2544	\$5 movie \$11 w/snack				
1-May	<b>Drive Self</b> McMae's Tavern & Grill, Bartlett, IL	2545	\$25	pot roast dinner	pot roast sliders		
				pot roast grilled cheese	pot roast nachos		
7-May	Personalized Crafts, Senior Center	8105	\$20	hello summer	3 houses #_____ letter_____		
				last name <i>(list on back)</i>	our family <i>(list on back)</i>		
9-May	Mother's Day COL, Senior Center	7215	\$15	egg salad	chicken salad		
15-May	Mamma Mia and Lunch, Chicago, IL	2546	\$90	shepards pie	chsy leek/potato pie		
				chicken pot pie	steak/mushroom pie		
20-May	Jigsaw Puzzle Contest, Senior Center	7216	\$5 or \$10	team of one \$10	team of two \$5 each		
21-May	<b>Drive Self - The Fall Guy</b> Classic Cinema Movie, St. Charles, IL	2547	\$5 movie \$11 w/snack				
23-May	Mystery Trip, Somewhere, USA	2548	\$55				
30-May	Cubs vs Brewers, Milwaukee, WI	2549	\$55				
Tickets Given/Center      Cash      CC      Check#				Total			Total Pd
Tickets Sold By:      Date:				discounts			