

# Wayne Township Senior Center

## A Place Where Friends Become Family

August/September/October 2023

Hello Members!

As our summer comes to a close, we are trying to get a few more fun, outdoor trips in including the Architectural River Cruise, White Sox Game, Hawaiian Luau, Lucky Chance Luncheon and our 3-day Door County trip! Some of these trips still have spots available so stop in the Senior Center and sign up!

As you can see, our outdoor picnic area is now complete. We have picnic tables, bocce ball courts, horseshoes, bags sets, and shuffleboard courts. This is a space for ALL of you to enjoy at any time throughout our business hours of 8am-4pm. See the SC staff for the equipment needed for the games.

I'd like to remind all of you who receive phone calls for our monthly meetings to return your callers call! We are trying to set up the right amount of tables and not have too many or too little. We can't assume that you are coming... we need confirmation. We are going to start calling people who continually say yes and then don't show up to the meeting to see if they still want to be part of our monthly meetings. We are also going to contact those who do not attend regularly to see if they want to be removed from the calling list. Doing all of this helps with the accuracy of how many people are attending along with how to set up the room. If each of you can make a point of speaking with your caller each month, that would help us a lot.

Erin, Angie, Sue and Melissa

### Senior Center Events and Trips

#### AUGUST

Tue. 01 Senior Meeting, SC  
 Fri. 04 Lunch and "Family Secrets"  
 Thur. 10 Four Winds Casino  
 Mon. 14 Lucky Chance Luncheon, SC  
 Fri. 18 Lunch and Architectural Cruise  
 Mon. 21 Handmade Cards, Session 1, SC  
 Wed. 23 Lunch and Chicago White Sox  
 Fri. 25 Birthday Brunch, SC  
 Tue. 29 Classic Cinemas at Charlestowne 18  
 Thur. 31 Hawaiian Luau COL, SC

#### SEPTEMBER

Fri. 01 Senior Meeting, SC  
 Wed. 06 Fall Glass Art, SC  
 Fri. 08 Lunch and Catholic Church Tour  
 Tue. 12 Device Advice, SC  
 Tue. 12-14 Door County, WI  
 Fri. 15 Birthday Brunch, SC  
 Mon. 18 90+ COL, St. Andrew's Golf Course  
 Tue. 19 Classic Cinemas at Charlestowne 18  
 Wed. 20 Handmade Cards, Session 2, SC  
 Fri. 22 Bishop's Hill Winery  
 Tue. 26 CPR Certification Course, SC  
 Wed. 27 Lunch and "Safety First 101", SC  
 Thur. 28 Lunch and "Titanic" Musical

#### OCTOBER

Mon. 02 Senior Meeting, SC  
 Wed. 04 Fabric Pumpkin Craft, SC  
 Thur. 05-06 Driver Safety Program, SC  
 Wed. 11 Potawatomi Casino  
 Mon. 16 Canvas Painting, SC  
 Thur. 19 Lunch and "The Music of Johnny Cash"  
 Tue. 24 Classic Cinemas at Charlestowne 18  
 Wed. 25 Lunch and "Hidden Cemeteries", SC  
 Thur. 26 Handmade Cards, Session 3, SC  
 Fri. 27 Birthday Brunch, SC  
 Tue. 31 Halloween Party and Presentation, SC

#### NOVEMBER

Wed. 01 Lunch and Secret Codes, SC  
 Thur. 02 Senior Meeting, SC  
 Mon. 06 Fall Scattergories, SC  
 Thur. 09 Honoring Veterans COL, SC  
 Wed. 15 Lunch at Greek Islands  
 Tue. 21 Thanksgiving COL, SC



# Announcements

## Birthday Brunch Bonanza

*See page 9 for details.*

## Senior Social Hour

### Immediately Following Each Senior Meeting

Are you looking to chat with members while enjoying a cup of coffee or tea? Do you feel like you want a chance to sit and talk without having a speaker or entertainer? Join other members after the Senior Meeting to talk, laugh and catch up.

## New Game!

**August 28, September 25, October 23**

“Hearts” will be played the 4<sup>th</sup> Monday of each month at 12:00pm. This game will be played in the History Hall.

## Wii Bowlers

Existing teams or new players can call the SC to schedule a day and time to bowl for fun. The new season will begin at a later date. There is a limit of four people per team.

## Looking For Volunteers

The SC is looking for volunteers to make phone calls either on a weekly basis or monthly basis. This is a great way to get involved and meet other members. See SC staff for details.

## Medicare Open Enrollment Appointments

Open enrollment begins October 15 and ends December 7. Appointments are available with Ed Bonkowski, our Senior Center SHIP Counselor, Tuesdays and Wednesdays, 9:30am or 1:00pm

Please call the SC for an appointment if you wish to review your current Advantage Plan, Prescription Drug Plan, Supplement Plan, or if you need to enroll for the first time.

You MUST BRING a Medicare card and a list of your current prescriptions to the appointment.



## Hawaii Informational Meeting Wednesday, August 30 12:00pm

Come prepared with questions, excursion ideas and payments. This is open ONLY to those signed up for our Hawaiian Cruise in January 2024.

## Device Advice with Your Local Librarian Tuesday, September 12

Sign up for a 30-minute, one on one session for answers to questions or issues with your smartphone, tablet or laptop.

There are four time slots available for both librarians, with the first appointment being at 2:00pm.

Make sure to bring your device!



## Flu Shots

**Monday, October 2 9:00am - 11:30am**

Flu shots will be administered in the boardroom by Family Pharmacy. They will be using Fluzone (high dose for those 65+), Fluzone Quad (for those less than 65) and Flublok for those with egg allergies.

All does are preservative free, pre-filled syringes.

## Driver Safety Program

**Thursday, October 5 AND Friday, October 6**

This refresher course is specifically designed for drivers age 50 and older.

You must attend BOTH sessions to receive a discount on your insurance.

Bring your drivers license and AARP card at registration.

**Start/End: 9:00am - 1:00pm**

**AARP Members: \$20**

**Non AARP Members: \$25**

***Make checks payable to AARP.***

***Minimum of 5 participants.***

## New Member Information Meeting Friday, October 13 at 1:00pm

We will tour the Center and explain trips, activities, volunteering and monthly meetings. We look forward to getting to know you!

# Announcements

## Advisory Meeting Dates

- Wednesday, August 30 at 9:00am
- Friday, September 29 at 10:00am
- Monday, October 30 at 10:00am

## Friday, September 1<sup>st</sup> Monthly Meeting

9:00am - 9:30am Blood Pressure Screening  
Polka dance and music performed by SC members.

## Monday, October 2<sup>nd</sup> Monthly Meeting

Flu shots given by Family Pharmacy

## Thursday, November 2<sup>nd</sup> Monthly Meeting NOT Wednesday the 1<sup>st</sup> due to GA distribution

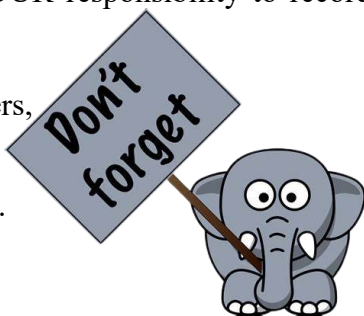
New Newsletter

Our kickoff to Veteran's Day, "50 Nifty" songs by Heaher Braoudakis.

## Volunteers...

Remember... it is YOUR responsibility to record your OWN hours.

This includes all chair people, callers, shredders, card makers, fleece assemblers, party helpers, and other misc. volunteers.



## Donations

The SC is collecting newspapers, puzzles, books, adult fleece, unused plastic silverware for PADS, as well as square, plastic clips off bread, bagels, etc.

We DO NOT accept cookbooks, magazines, prayer books, dictionaries, puzzle/crossword books, gardening books, diet books or sewing books.

General Assistance is collecting the following:

⇒ August

- all purpose cleaner, glass cleaner, etc..

⇒ September

- dish soap, hand soap, lotion

⇒ October

- saltine crackers

You can drop your clean, plastic bags in the black plastic container outside the GA office.

## General Assistance

The clothes closet will remain closed until further notice. You can, however, take your clothing donations to our partner "Repeat Boutique" located at 191 S. Gary Avenue, Carol Stream. Their drop-off hours are Monday - Friday, 8:30am - 1:30pm.

## Drive Up Food Pantry Distributions

General Distribution: Wed., 10:00am - 12:00pm

Senior Distribution: Wed., 12:30pm - 1:30pm

Seniors, do not arrive before 12:00pm.

Line-up begins at 12:20pm

The Low Income Home Energy Assistance program (LIHEAP) assists low-income households by offsetting the rising cost of home energy. An overdue bill or disconnect notice is not required to receive LIHEAP assistance. Call General Assistance at 630-231-7173 for information.

## Senior Center Van Service Program

GREAT NEWS... we now have a Senior Center van driver. His name is Tom Feltes, or you can call him Sonny.

You still need to purchase a punch card in advance but now the availability is open every day for rides, including trip and meeting days!

Like before, you must schedule a ride, in advance, with staff. Availability is not guaranteed but since Tom has started, we have not had to say "no" to anyone!

- \* You must purchase a punch card prior to scheduling rides; \$30 for 10 one-way rides
- \* One punch for each way
- \* No sharing of punch cards
- \* \$3 each way for out-of-township members that live within 2 miles of the township boundaries (Windsor Park, Victory Center, etc.)
- \* Unexpected, non-scheduled, "needed ride HOME" will cost \$5 cash (no punch card)

## On Another Note...

If you have interest in receiving transportation once a month to a store, sign up in the SC.

We will schedule up to five pickups for a store trip once a month. If we have enough interest we can then put it on a permanent monthly schedule.



**Mon.**

**Tue.**

**Wed.**

**Thur.**

**Fri.**

**1**

**9:30 Senior Meeting  
New Newsletter!  
Social Hour After Mtg.  
1:00 Bunco**

**2**

10:00 Brunch  
10:00 Line Dancing  
12:00 H&F/Pokadice  
12:30 Bridge

**3**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
10:00 Hand&Foot 1 Game  
**12:00 Cards/Soldiers**  
12:00 Pinochle

**4**

9:00 Tap Dancing  
10:00 Timed Fitness  
11:00 Happy Hatters  
**11:30 Arcada Theater**  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**7**

10:00 Seated Yoga  
11:00 Eat Right  
12:00 Game of 31  
12:00 Pinochle

**8**

9:00 Tai Chi  
10:15 Total Body Fit  
12:00 Game of 31  
12:00 Spinners

**9**

10:00 Brunch  
10:00 Line Dancing  
12:00 H&F/Pokadice

**10**

**8:30 Four Winds**  
9:00 Dance Fitness  
10:00 Ballroom Dancing  
12:00 Pinochle  
1:00 Rummikub

**11**

9:00 Tap Dancing  
10:00 Timed Fitness  
11:00 Happy Hatters  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**14**

10:00 Seated Yoga  
10:30 Book Club  
**12:00 Lucky Chance**  
12:00 Pinochle  
12:30 Mex. Dominos

**15**

9:00 Tai Chi  
10:15 Total Body Fit  
1:00 Bingo

**16**

10:00 Brunch  
10:00 Line Dancing  
12:00 H&F/Pokadice  
**1:00 Fleece Blankets**

**17**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
10:00 Hand&Foot 1 Game  
12:00 Pinochle  
1:00 Chair Volleyball

**18**

9:00 Tap Dancing  
10:00 Timed Fitness  
**10:45 Arch. Cruise**  
11:00 Happy Hatters  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**21**

10:00 Seated Yoga  
11:00 Eat Right  
12:00 Game of 31  
**12:00 Homemade Cards**  
12:00 Pinochle  
1:00 Diamond Art

**22**

9:00 Tai Chi  
10:15 Total Body Fit  
12:00 Game of 31  
**1:00 Shredding**

**23**

10:00 Brunch  
10:00 Line Dancing  
**10:15 White Sox**  
12:00 H&F/Pokadice

**24**

9:00 Dance Fitness  
10:00 Ballroom Dancing  
12:00 Pinochle  
12:30 Mex. Dominos  
12:30 Movie Day  
1:00 Rummikub

**25**

9:00 Tap Dancing  
**9:30 Bday Brunch**  
10:00 Timed Fitness  
11:00 Happy Hatters  
12:00 Darts  
12:00 Mah Jongg  
12:00 Poker

**28**

10:00 Seated Yoga  
12:00 Hearts  
12:00 Pinochle  
1:00 Chair Volleyball

**29**

9:00 Tai Chi  
10:15 Total Body Fit  
**11:45 Classic Cinema**

**30**

**9:00 Advisory Mtg**  
10:00 Brunch  
10:00 Line Dancing  
12:00 H&F/Pokadice  
**12:00 Cruise Meeting**

**31**

9:00 Ballroom Dancing  
**12:00 Luau COL**  
12:00 Pinochle



# SEPTEMBER

Mon.	Tue.	Wed.	Thur.	Fri.
				<b>1</b> <b>9:30 Senior Meeting</b> <b>Social Hour After Mtg.</b>
<b>4</b>  <b>Labor Day</b> <b>Township Closed</b>	<b>5</b> 9:00 Tai Chi 10:15 Total Body Fit 1:00 Bunco	<b>6</b> 9:00 Line Dancing 10:00 Brunch <b>10:00 Glass Art</b> 12:00 H&F/Pokadice 12:30 Bridge	<b>7</b> 9:00 Dance Fitness 10:00 Ballroom Dancing 10:00 Hand&Foot 1 Game <b>12:00 Cards/Soldiers</b> 12:00 Pinochle 1:00 Chair Volleyball	<b>8</b> <b>9:00 Church Tour</b> 9:00 Tap Dancing 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
<b>11</b> 10:00 Seated Yoga 10:30 Book Club 11:00 Eat Right 12:00 Pinochle 12:30 Mex. Dominos <b>1:00 Fleece Blankets</b>	<b>12</b> 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31 12:00 Spinners <b>2:00 Device Advice</b>	<b>13</b> 10:00 Brunch 10:00 Line Dancing 12:00 H&F/Pokadice <b>1:00 Shredding</b>	<b>14</b> 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 1:00 Rummikub	<b>15</b> 9:00 Tap Dancing <b>9:30 Bday Brunch</b> 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker
<div> <div>←</div> <div>Door County</div> <div>→</div> </div>				
<b>18</b> 10:00 Seated Yoga <b>11:30 Celebrate 90+</b>  <b>SC Closed After</b> <b>Seated Yoga</b>	<b>19</b> 9:00 Tai Chi 10:15 Total Body Fit <b>11:45 Classic Cinema</b> 1:00 Bingo	<b>20</b> 10:00 Brunch 10:00 Line Dancing <b>12:00 Homemade Cards</b> 12:00 H&F/Pokadice	<b>21</b> 9:00 Dance Fitness 10:00 Hand&Foot 1 Game 12:00 Pinochle 12:30 Movie Day	<b>22</b> 10:00 Timed Fitness 11:00 Happy Hatters <b>11:45 Wine Tasting</b> 12:00 Darts 12:00 Mah Jongg 12:00 Poker
<b>25</b> 10:00 Seated Yoga 11:00 Diamond Art 11:00 Eat Right 12:00 Hearts 12:00 Pinochle 1:00 Chair Volleyball	<b>26</b> <b>9:00 CPR Certify</b> 9:00 Tai Chi 10:15 Total Body Fit 12:00 Game of 31	<b>27</b> 10:00 Brunch 10:00 Line Dancing <b>11:30 Safety First</b> 12:00 H&F/Pokadice	<b>28</b> <b>8:00 Fireside</b> 9:00 Dance Fitness 10:00 Ballroom Dancing 12:00 Pinochle 12:30 Mex. Dominos 1:00 Rummikub	<b>29</b> 9:00 Tap Dancing <b>10:00 Advisory Mtg</b> 10:00 Timed Fitness 11:00 Happy Hatters 12:00 Darts 12:00 Mah Jongg 12:00 Poker



MON.	TUE.	WED.	THUR.	FRI.
<p><b>2</b></p> <p><b>9:00 Flu Shots</b>  <b>9:30 Senior Meeting</b>  <b>Social Hour After Mtg.</b></p> <p>12:00 Game of 31  12:00 Pinochle</p>	<p><b>3</b></p> <p>9:00 Tai Chi  10:15 Total Body Fit  1:00 Bunco</p>	<p><b>4</b></p> <p>10:00 Brunch  10:00 Line Dancing  12:00 H&amp;F/Pokadice  12:30 Bridge  <b>12:30 Pumpkin Craft</b></p>	<p><b>5</b></p> <p>9:00 Dance Fitness  <b>9:00 Driver Safety</b>  10:00 Hand&amp;Foot 1 Game  12:00 Pinochle  <b>1:00 Ornaments</b></p>	<p><b>6</b></p> <p><b>9:00 Driver Safety</b>  11:00 Happy Hatters  12:00 Darts  12:00 Mah Jongg  12:00 Poker  <b>1:00 Ornaments</b></p>
<p><b>9</b></p> <p><b>Columbus Day</b>  <b>Township Closed</b></p>	<p><b>10</b></p> <p>9:00 Tai Chi  10:15 Total Body Fit  12:00 Game of 31  12:00 Spinners  <b>1:00 Ornaments</b></p>	<p><b>11</b></p> <p><b>8:30 Potawatomi</b>  10:00 Brunch  10:00 Line Dancing  12:00 H&amp;F/Pokadice  <b>1:00 Shredding</b></p>	<p><b>12</b></p> <p>9:00 Dance Fitness  10:00 Ballroom Dancing  <b>12:00 Cards/Soldiers</b>  12:00 Pinochle  1:00 Chair Volleyball  1:00 Rummikub</p>	<p><b>13</b></p> <p>9:00 Tap Dancing  10:00 Timed Fitness  11:00 Happy Hatters  12:00 Darts  12:00 Mah Jongg  12:00 Poker  <b>1:00 New Member Mtg</b>  <b>1:00 Ornaments</b></p>
<p><b>16</b></p> <p>10:00 Seated Yoga  10:30 Book Club  11:00 Eat Right  <b>12:00 Canvas Painting</b>  12:00 Game of 31  12:00 Pinochle</p>	<p><b>17</b></p> <p>9:00 Tai Chi  10:15 Total Body Fit  1:00 Bingo</p>	<p><b>18</b></p> <p>10:00 Brunch  10:00 Line Dancing  12:00 H&amp;F/Pokadice  <b>1:00 Fleece Blankets</b></p>	<p><b>19</b></p> <p>9:00 Dance Fitness  10:00 Ballroom Dancing  10:00 Hand&amp;Foot 1 Game  <b>10:45 Drury Lane</b>  12:00 Pinochle</p>	<p><b>20</b></p> <p>9:00 Tap Dancing  10:00 Timed Fitness  11:00 Happy Hatters  12:00 Darts  12:00 Mah Jongg  12:00 Poker  <b>1:00 Ornaments</b></p>
<p><b>23</b></p> <p>10:00 Seated Yoga  12:00 Hearts  12:00 Pinochle  1:00 Chair Volleyball</p>	<p><b>24</b></p> <p>9:00 Tai Chi  10:15 Total Body Fit  <b>11:45 Classic Cinema</b>  12:00 Game of 31  <b>1:00 Ornaments</b></p>	<p><b>25</b></p> <p>9:00 Line Dancing  10:00 Brunch  <b>11:30 Cemeteries</b>  12:00 H&amp;F/Pokadice</p>	<p><b>26</b></p> <p>9:00 Dance Fitness  10:00 Ballroom Dancing  <b>12:00 Homemade Cards</b>  12:00 Pinochle  12:30 Mex. Dominos  1:00 Rummikub</p>	<p><b>27</b></p> <p>9:00 Tap Dancing  <b>9:30 Bday Brunch</b>  10:00 Timed Fitness  11:00 Happy Hatters  12:00 Darts  12:00 Mah Jongg  12:00 Poker  <b>1:00 Ornaments</b></p>
<p><b>30</b></p> <p><b>10:00 Advisory Mtg</b>  10:00 Seated Yoga  11:00 Eat Right  12:00 Pinochle  12:30 Movie Day  1:00 Diamond Art</p>	<p><b>31</b></p> <p><b>11:30 Halloween Party</b></p>	<p><b>November 1</b></p> <p><b>11:30 Secret Codes</b></p> <p><b>Note: The senior meeting is not on 11-1 due to GA distribution!!</b></p>	<p><b>November 2</b></p> <p><b>9:30 Senior Meeting</b>  <b>Social Hour After Mtg</b></p>	

# Wellness Classes and Volunteering

## Monday

Seated Yoga with Catherine at 10:00am  
No class on September 4, October 2, October 9

## Tuesday

Tai Chi with Sherry at 9:00am  
Total Body Fitness with Penny at 10:15am  
No classes on August 1, October 31

## Wednesday

Line Dancing with Jim at 10:00am  
Sept. 6 and Oct. 25, dancing starts at 9:00am

## Thursday

Dance Fitness with Penny at 9:00am  
No class on August 31  
Ballroom Dancing with Debbie at 10:00am  
• "Pasodoble" in August  
• "Pasodoble" in September **Look Here!**  
• TBD in October  
August 31 will run 9:00am - 10:00am  
No class on September 21, October 5

## Friday

Tap Dancing with Debbie at 9:00am  
No class on Sept. 1, Sept. 22, Oct. 6  
Timed Fitness with Penny at 10:00am  
No class on September 1

## Random Mondays & Thursdays at 1:00pm

### Seated Volleyball

Thursday, Aug. 17, Sept. 7, Oct. 12  
Monday, Aug. 28, Sept. 25, Oct. 23 **Check It Out!**



### Eat Right Be Healthy at 11:00am

#### A Healthy Eating Lifestyle Group

Various Mondays in the History Hall.

August 7

- Functions and Benefits of Vitamin D and E

August 21

- Happy Feet

September 11

- Epson Salt and Hydrogen Peroxide

September 25

- Immunizations and Vaccines

October 16

- Supplements: CQ10 and Turmeric

October 30

- Field Trip

# Thank You Volunteers!

## Shredding Newspapers

*We Need Newspaper!!*

1:00pm - 3:00pm

Tuesday, August 22

Wednesday, September 13

Wednesday, October 11

Productivity:

May

17 bags, 22 members, 4 tables

June

7 black bags of flat papers, 3 black bags of shredded papers, 18 members, 6 tables

July

10 black bags of flat papers, 5 black bags of shredded papers, 29 members, 7 tables

## Cards for Soldiers

12:00pm - 2:00pm

Thursday, August 3

Thursday, September 7

Thursday, October 12

Productivity:

May

250 Hero Cards, 15 members

June

225 Hero Cards, 21 members

July

250 Hero Cards, 21 members



## Love Inspired Creations

1:00pm - 3:00pm

Wednesday, August 16

Monday, September 11

Wednesday, October 18

Productivity:

May

23 blankets, 11 members to the Ronald McDonald House

June

11 blankets, 19 members to the Ronald McDonald House

July

6 blankets, 9 members to the Ronald McDonald House

# Activities

## MONDAY

### Book Club at 10:30am

*2<sup>nd</sup> Monday of the month*

*Chairperson: Joan Mruk*

Do you enjoy reading? If so, join us! Please be sure to read the book and be ready to discuss.

**August 14**

*"The Rabbit Hutch" by Tess Gunty*

**September 11**

*"The Music of Bees" by Eileen Garvin*

**October 16 (3<sup>rd</sup> Monday)**

*"Lessons in Chemistry" by Bonnie Garmus*

### Game of 31 at 12:00pm

**08/07, 08/21, 10/02, 10/16 ONLY**

*1<sup>st</sup> and 3<sup>rd</sup> Monday of the month*

*Chairperson: Ray Nosbisch*

### Hearts at 12:00pm

**08/28, 09/25, 10/23**

*4<sup>th</sup> Monday of the month*



### Pinochle at 12:00pm

**No game on 09/04, 9/18, 10/09**

*Chairperson: Norris Aycox*

### Mexican Dominos at 12:30pm

**08/14, 09/11 ONLY**

*2<sup>nd</sup> Monday of the month*

*Co-Chairs: Rita Riha and Dolores Harper*

### Diamond Art Club

**08/21 1:00pm - 3:00pm**

**09/25 11:00am - 1:00pm**

**10/30 1:00pm - 3:00pm**

*Join Sue Allen and Joyce Podraza*

New kits from the SC staff are available for \$5.

## TUESDAY

### Game of 31 at 12:00pm

**08/08, 08/22, 09/12, 09/26, 10/10, 10/24**

*2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month*

*Chairperson: Ray Nosbisch*

### Spinners at 12:00pm

**08/08, 09/12, 10/10**

*2<sup>nd</sup> Tuesday of the month*

## TUESDAY *continued*

### Bingo at 1:00pm

**08/15, 09/19, 10/17**

*3<sup>rd</sup> Tuesday of the month*

*Callers: Jack Rouck, Clint Baker, Joe Ohins and Frank Reale*

*Card Sellers: Carol Bonkowski and Rita Riha*

### Bunco at 1:00pm

**08/01, 09/05, 10/03**

*1<sup>st</sup> Tuesday of the month*

*Chairperson: Rita Riha*

## WEDNESDAY

### Brunch Bunch Club meet at 10:00am

Pick up a schedule of locations at the Senior Center.

*Transportation and cost is on your own. Enjoy!*

### Hand and Foot & Pokadice at 12:00pm

*H&F Co-Chairs: Marie Rebmann and Anne Templin*

*Pokadice Chairperson: Rich Wadda*

### Bridge at 12:30pm

**08/02, 09/06, 10/04**

*1<sup>st</sup> Wednesday of the month*

*Chairperson: Doris Karpriel*

## THURSDAY

### Single Game of Hand and Foot at 10:00am

**08/03, 08/17, 09/07, 09/21, 10/05, 10/19**

*1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month*

*Co-Chairs: Sue Allen and Judy Shanahan*

### Pinochle for Experienced Players at 12:00pm

*Chairperson: Arlene Sebestin*

### Mexican Dominos at 12:30pm

**08/24, 09/28, 10/26**

*4<sup>th</sup> Thursday of the month*

*Co-Chairs: Rita Riha and Dolores Harper*

### Rummikub at 1:00pm

**08/10, 08/24, 09/14, 09/28, 10/12, 10/26**

*2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month*

*Co-Chairs: Joyce McNeil and Carol Dobelman*

***Bocce and Shuffleboard are available any time the SC is open. See staff for equipment.***

***Friday's activities are on the next page.***



# Activities

## FRIDAY

### Happy Hatters at 11:00am No group on 09/01

Everyone is welcome to join. All hats are donated to the CDH Cancer Center and Phil's Friends.

Co-Chairs: Karen Mahrenholz and Elaine Wierdak



### Darts at 12:00pm No game on 09/01

Co-Chairs: Chris and John Cloutier

### Mah Jongg at 12:00pm No game on 09/01

Chairperson: Arlene Sebestin

### Poker at 12:00pm No game on 09/01

Co-Chairs: Sam D'Agostino and Marty Morse

## BIRTHDAY BRUNCH

If your birthday is in August, September or October, call the Senior Center to register for our birthday brunch.

This event is for *active members only*.

### August's "Precious Poppies"

Friday, August 25<sup>th</sup>

9:30am - 11:00am

### September's "Astonishing Asters"

Friday, September 15<sup>th</sup>

9:30am - 11:00am

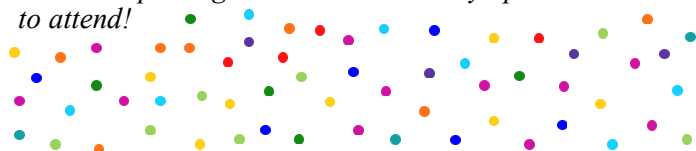
### October's "Magnificent Marigolds"

Friday, October 27<sup>th</sup>

9:30am - 11:00am



You must pre-register at least two days prior to the event to attend!



## In-House Movies at the WTSC 12:30pm

Thursday, August 24

"A Tourists Guide to Love"

A Netflix Original Romance

Rated PG, 1hr 36 min

*After an unexpected breakup, a travel exec accepts an assignment to go undercover and learn about the tourist industry in Vietnam. Along the way she finds adventure and romance with her tour guide.*

Thursday, September 21

"McFarland USA"

Sports/Drama

Rated PG, 2hrs 9min

*Track coach Jim White is a newcomer to a predominantly Latino high-school, who, along with his students, realize they have much to learn about one another.*

*Things change when he realizes the boys' exceptional running ability. Strong family ties, incredible work ethic and commitment to their team all play a factor in forging these novice runners into champions.*

Monday, October 30

"The Curious Case of Benjamin Button"

Romance/Drama

2hrs 46min

*Benjamin Button springs into being as an elderly man in a nursing home and ages in reverse. Twelve years after his birth he meets Daisy, a child who is in and out of his life. Although he has many adventures, it's his relationship with Daisy, and the hope they will come together at the right time, that drives Benjamin forward.*



# Events and Trips

## Arcada Theater Lunch and "Family Secrets" 105 E. Main Street, St. Charles Friday, August 4

Join Mafia historian Tim Wilsey and former Chicago Outfit member Frank Calabrese Jr. as they discuss Frank's life growing up with one of the most feared men in The Mob. Frank will talk about his introduction into The Outfit, what his job was, and the falling out with his father. He'll go on to tell how he eventually wore a wire and testified against his father in one of the most discussed Mafia trials in US History, known as "The Family Secrets Trial".

Prior to the presentation enjoy an Italian feast lunch of cheese ravioli, meatballs, salad, bread, cannoli and a beverage.

**Meet: 11:30am**  
**Members: \$30**  
**Guests: \$36**  
**Code: 2512**



*Transportation is on your own.*

## Four Winds Casino, South Bend, IN Thursday, August 10

Price includes:

- ♦ Bus transportation to South Bend, IN
- ♦ \$10 food credit and \$15 instant slot credit

The food credit can be used at Timbers, Kankakee Grill, White Birch Coffee House or the Steak House. Enjoy 25% off at Timbers and the buffet is open!

**Bus: 8:30am**  
**Return: 5:30pm**  
**Members: \$37**  
**Guests: \$47**  
**Code: 6184**

*Minimum of 40 participants.*



## Lucky Chance Fundraiser Luncheon at the WTSC Monday, August 14

You can be one of the "Lucky Ones" and win money! Join us for this General Assistance fundraiser lunch and take a chance at winning cold, hard cash. One hundred tickets will be sold for this event and 47\*\* of those people will win money with denominations between \$10 and \$40 (General Assistance will receive a portion of the proceeds). Each person's name will be entered in the drawing. All names will be drawn. Different monetary amounts will be associated with the order a name is drawn. For example, every tenth name drawn will win money. Come join the fun and see if you walk away with money!

*\*\*These numbers are based on 100 tickets sold.*

### Choice of entrée at sign-up:

- Club wrap
- Grilled chicken Caesar wrap
- Turkey bacon ranch wrap
- Veggie wrap
- Southwest chicken wrap

Lunch includes chips, a cookie and beverage.

**Start: 12:00pm**  
**Members: \$25**  
**Guests: \$30**  
**Code: 7195**



## Architectural Lunch Cruise Friday, August 18

All aboard the beautiful, glass enclosed Odyssey Chicago River! Experience a two hour cruise along the Chicago River with narrated architectural highlights and history underscored with ambient music. A three course plated lunch, tableside service and breathtaking views of Chicago's architecture will keep you wanting more. Don't be surprised if you see the Blue Angels practicing up above!

**Bus: 10:45am**  
**Return: 4:00pm**

*There is a wait list for this trip.*  
*Trip to Chicago*



# Events and Trips

## Handmade Greeting Cards at the WTSC Mon., Aug. 21, Wed., Sept. 20, Thur., Oct. 26

Member Phyllis Heimdal is going to teach us how to make greeting cards! This is a 3-session class for one hour each class. We will make two cards in each session... thank you cards in August, fall cards in September, and sympathy cards in October for a total of six cards! All materials will be provided.

Join us to see how creative you can be with guidance from Phyllis.

**Start: 12:00pm**      **End: 1:00pm**  
**Members: \$10**      **Guests: \$13**  
**Code: 8093**



## Chicago White Sox vs. Seattle Mariners Wednesday, August 23

Join us for a day of baseball, food and bingo... all included!

The White Sox buffet includes burgers, hot dogs, ribs, fried chicken, pasta salad and more. Wine, beer, soda and water are also included.

Seats are located in sections 116-118.

At the time this newsletter was printed we still had 8 tickets left. Come with us to cheer on our Chicago White Sox!

**Bus: 10:15am**  
**Return: 6:00pm**  
**Members: \$80**  
**Guests: \$90**  
**Code: 2514**



*Trip to Guaranteed Rate Field, Chicago*

## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, August 29

Join us in making movie memories and watch "White Bird: A Wonder Story". Julian has struggled to belong ever since he was expelled from school for his mistreatment of Auggie Pullman, who was born with a facial deformity. To transform Julian's life, his grandmother finally reveals her own story of being a Jewish girl in France during World War II and surviving.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**  
**Ticket Only: \$5**  
**Ticket & Snack: \$11**  
**Code: 2515**



*Transportation is on your own.*

## Hawaiian Luau COL at the WTSC Thursday, August 31

Aloha! Wear your Hawaiian shirts and bright colors to our Hawaiian Luau! Edizon Dayao will be entertaining us with his wide array of fabulous songs.

Lunch from Hawthorne's Backyard includes rolls, Swiss pineapple chicken breast, coconut rice and roasted Hawaiian veggies

**Start: 12:00pm**  
**Members: \$17**  
**Guests: \$20**  
**Code: 7196**



## Fall Glass Art Canvas at the WTSC Wednesday, September 6

Lisa and Susie from Sunny Glass Art Designs will be here to show us how to make a custom 8X10 canvas. You will start with painting an 8x10 canvas. Glass pieces and other misc. objects will then be added to make your design pop. All embellishments and glass will be focused around a fall theme. All projects will be sealed with resin and picked up the following week.

**Start: 10:00am**  
**Member: \$29**  
**Guest: \$39**  
**Code: 8094**

**Early Start Time!**





# Events and Trips

## Lunch and Catholic Church Tour Friday, September 8

We will start at Our Lady of the Angels, a simple church connected with the 1959 school fire that changed national fire-codes. We will spend an hour there then venture to Wildfire for lunch. After lunch we will head to Our Lady of Sorrows, the earliest "minor" basilica in Chicago. After spending an hour there we will board the bus and head back.

The family style lunch includes baked goat cheese, chopped salad, mushroom crusted pork chop, cedar planked salmon, red skin mashed potatoes and roasted vegetables. Dessert includes key lime pie and triple layer chocolate cake.

**Bus: 9:00am**  
**Return: 4:00pm**  
**Members: \$70**  
**Guests: \$80**  
**Code: 2516**

*Trip to Chicago*



## "Over the Years, Through the Decades" Celebrating Members 90+ St. Andrews Golf Course 2241 Route 59, West Chicago Monday, September 18

Let's celebrate all members who are 90+! We will meet and have lunch at St. Andrews Golf Course. After lunch we will have a visit from "Mae West", aka Martina Mathisen. Mae West shattered box office records, became the highest paid actress in Hollywood, is known for her one-liners, and rescued studios from bankruptcy.

Our honored members (90+) will receive an invite via mail and have access to a free ride to and from by the senior van.

### Choice of entrée at sign-up:

- Cheese tortellini in a basil cream sauce
  - Pretzel crusted chicken in a Dijon cream sauce
- Lunch includes corn chowder soup, a lemon bar, and coffee/tea. Alcoholic beverages and soda can be purchased at the bar.

**Meet: 11:30am**  
**Members 90+: Free with registration**  
**Members: \$25**  
**Guests: \$30**  
**Code: 2517**



*Transportation is on your own.*

## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, September 19

Join us in making movie memories and watch "My Big Fat Greek Wedding 3". Members of the Portokalos family reunite in Greece for a hilarious and heartwarming trip full of love, twists and turns.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**  
**Ticket Only: \$5**  
**Ticket & Snack: \$11**  
**Code: 2518**



*Transportation is on your own.*

## Bishop's Hill Winery: Wine Tasting 101 Friday, September 22

We are heading to Bishop's Hill Winery for our very own wine tasting! This newly restored historic castle was built in 1890 by a former German brewmaster. We will learn how to swirl, sniff and taste like a pro. This class includes a full tasting of nine red and white wines and an individual charcuterie tray.

On the way home enjoy a taste of the 2022 award winning lemon wine, Athena, made locally at the 1-acre LaForge Family Vineyard in Warrenville.

**Bus: 11:45am**  
**Return: 4:30pm**  
**Members: \$70**  
**Guests: \$80**  
**Code: 2519**

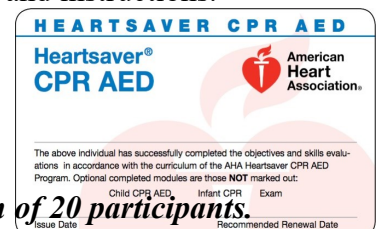
*Trip to Joliet*



## CPR Certification Course at the WTSC Tuesday, September 26

Are you looking to get CPR certified? Join the SC staff as we attend this 4-hour course led by Michael Fairfield, CPR Coordinator with the Carol Stream Fire Protection District. This Heartsaver CPR Certification is valid for two years. The course includes all materials and instructions.

**Start: 9:00am**  
**End: 1:00pm**  
**Cost: \$50**  
**Code: 7197**



*Maximum of 20 participants.*



# Events and Trips

## Lunch and "Safety First 101" at the WTSC Wednesday, September 27

Lieutenant Tim Cicero, from the Carol Stream Fire Protection District, will be here to present a "Safety First 101" course. He will explain the benefits of having a "File of Life" at home and what "Smart 911" is. Lastly, we will learn about fire extinguishers and see what discharging an extinguisher looks like (outside). *You can purchase the same fire extinguisher that will be used in the demonstration when you sign up. You will have it in time for the presentation.*

Lunch, prior to the presentation, is from Tricafe.  
**Choice of entrée at sign-up:**

- Grecian chicken pita
- Garlic parmesan chicken tenders

Lunch includes tricolor tortellini and a cookie.

*If you choose to attend the presentation and do not want lunch, there is no fee.*

**Lunch: 11:30am**  
**Presentation: 12:30pm**  
**Members: \$12**  
**Guests: \$15**  
**Extinguisher Cost: \$25**  
**Code: 7198**



## Lunch and "Titanic" Musical Thursday, September 28

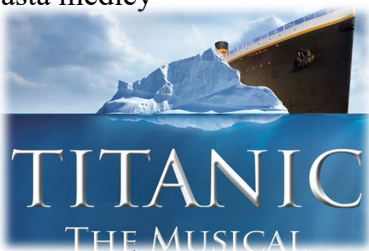
This musical traces the lives of all the people on that fateful journey, with the central character being the Titanic herself. "Titanic" is human drama that explores and reveals individual strength, love, faith, and especially the triumph of human dignity.

Prior to the show, enjoy shopping and lunch. Lunch includes mixed fruit over fresh garden greens, fresh bread, dark chocolate crème brûlée and coffee/tea. You can purchase alcoholic beverages and soda.

### Choice of entrée at sign-up:

- Sliced pork tenderloin, stuffing and applesauce
- Shrimp tempura with cocktail sauces
- Breaded chicken breast
- Vegetarian, grain/pasta medley

**Bus: 8:00am**  
**Return: 6:00pm**  
**Members: \$100**  
**Guests: \$110**  
**Code: 2520**



*Trip to Fireside Theatre, Fort Atkinson, WI*

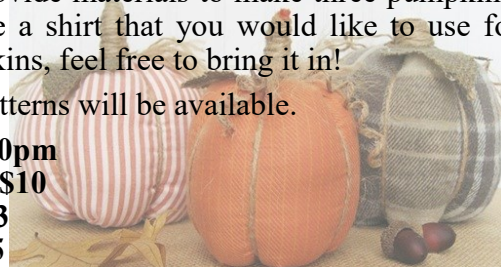
## Fabric Pumpkin Craft at the WTSC Wednesday, October 4

The Senior Center staff is going to teach you how to make pumpkins using twine, rubber bands, and a long-sleeve shirt!

We will provide materials to make three pumpkins. If you have a shirt that you would like to use for your pumpkins, feel free to bring it in!

Multiple patterns will be available.

**Start: 12:30pm**  
**Members: \$10**  
**Guests: \$13**  
**Code: 8095**



## Potawatomi Casino Wednesday, October 11

Come play on one of over 2,500 slot machines with stunning graphics, life-like sounds and interactive themes. It's your turn to win big!

Your trip includes:

- ♦ \$10 food credit
- ♦ \$10 in slot play
- ♦ Four hours of gaming

**Bus: 8:30am**  
**Return: 5:30pm**  
**Members: \$35**  
**Guests: \$45**  
**Code: 6185**



*Trip to Milwaukee, WI*

*Minimum of 35 participants.*

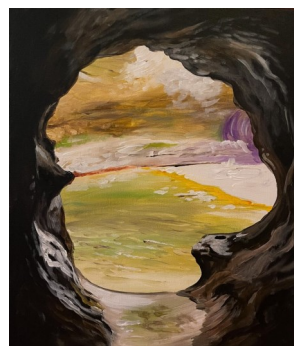
## Canvas Painting with Cliff at the WTSC Monday, October 16

It's time to get your creative juices flowing and come paint a breathtaking cave and water picture on canvas using acrylic paints.

Cliff from SIP Parties will join us providing all materials and step by step instructions.

This class is for all levels of painting... beginner, intermediate and advanced!

**Start: 12:00pm**  
**Members: \$23**  
**Guests: \$33**  
**Code: 8096**



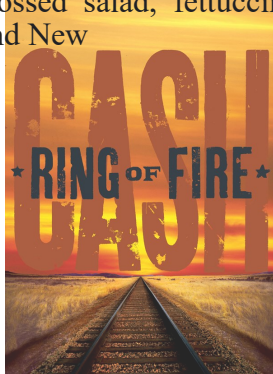
# Events and Trips

## Lunch and "The Music of Johnny Cash" Thursday, October 19

Ring of Fire showcases the story of Johnny Cash through his music. From country rock n' roll to searing ballads of love and faith, Cash's iconic songs highlight the incredible struggles and triumphs of his life. Performed by an incredible group of actor/musicians, Ring of Fire celebrates the music that has become a part of our collective experience.

Prior to the show we will stop for lunch at Maggiano's in Oakbrook. We will enjoy a family style meal consisting of ciabatta rolls, balsamic tomato bruschetta, Italian tossed salad, fettuccine alfredo, chicken parmesan and New York Style Cheesecake along with your choice of coffee, hot tea, iced tea or soda.

**Bus: 10:45am**  
**Return: 5:00pm**  
**Members: \$100**  
**Guests: \$110**  
**Code: 2521**



*Trip to Drury Lane Theatre, Oakbrook*

## Classic Cinemas Charlestowne 18 3740 E. Main Street, St. Charles Tuesday, October 24

Join us in making movie memories and watch "Ordinary Angels", which was inspired by an incredible true story. A fierce but struggling hairdresser discovers a renewed sense of purpose when she meets a widower working hard to care for his two daughters. With his youngest critically ill and waiting for a liver transplant, the fierce woman single-handedly rallies an entire community to help. What unfolds is the inspiring tale of faith, everyday miracles, and ordinary angels.

You can purchase just a ticket, or a ticket and snack. Refillable snack includes drink and popcorn.

**Meet: 11:45am**  
**Ticket Only: \$5**  
**Ticket & Snack: \$11**  
**Code: 2522**



*Transportation is on your own.*

## Lunch & "Hidden Cemeteries" at the WTSC Wednesday, October 25

Did you know that officials in growing cities in the 18<sup>th</sup> and 19<sup>th</sup> centuries had to move the dead to make way for the living. In Chicago, Philadelphia, San Francisco, and Milwaukee, work crews were ordered to excavate, move, and rebury cemetery plots. But not ALL of the workers were honest. In recent decades, scientists have been able to study these graves and learn more about the lives of people who lived before us.

Dr. Emilie Le Beau Lucchesi will introduce these lost graves and explain how they were discovered.

Lunch prior to the presentation, from Dee's Catering, includes Caesar salad, meat lasagna, garlic bread and dessert.

**Start: 11:30am**  
**Members: \$12**  
**Guests: \$15**  
**Code: 7199**



## Halloween Costume Party and Presentation at the WTSC Tuesday, October 31

Celebrate Halloween by joining our Costume Party!

Lunch from TriCafe includes fruit, scalloped potatoes, corn and roasted red peppers, ten cheese cavatappi and chopped salad. Desserts will be homemade by our very own Sue Sullivan!

### Choice of entrée at sign-up:

- Chicken kabob
- Steak kabob

After lunch Historian Tim Wilsey will take us through some of the all-time spooky horror movies. From the absolute classics of "Dracula" and "Frankenstein", to the blockbuster hit that scared people so badly, no one took a swim for years.. "Jaws"! We will look at Alfred Hitchcock's "The Birds" and dive deep inside the mind of Stephen King and the movie that was the benchmark for the scariest.. "The Exorcist"

**Start: 11:30am**  
**Members: \$15**  
**Guests: \$18**  
**Code: 7200**





# Events and Trips

## Lunch and "Secret Codes to Freedom" at the WTSC

**Wednesday, November 1**

During this multi-media historical presentation you will discover the hidden codes and secret messages within family stories of 18 colorful, beautifully hand-crafted quilts that tell the significance of helping slaves escape on the Underground Railroad.

Historical researcher Connie Martin will reveal meanings behind patterning and codes within the quilts along with special hidden stitching techniques. This edge of your seat presentation will captivate all who attend!

Lunch from Augustino's Deli prior to the presentation includes assorted deli sandwiches, rotini pasta, homemade parmesan chips and frosted brownie.

**Start: 11:30am**  
**Members: \$16**  
**Guests: \$20**  
**Code: 7201**



## Fall Scattergories at the WTSC

**Monday, November 6**

Put on your thinking caps and come play Fall Scattergories.

Light snacks will be provided as well as prizes for the winners.

You won't want to miss this easy afternoon of fun!

**Start: 1:00pm**  
**Members: \$5**  
**Guests: \$8**  
**Code: 7202**



## Honoring Veterans COL at the WTSC

**Thursday, November 9**

Join us in celebrating our veterans! We will begin our celebration with the Presentation of Colors followed by a group photo and lunch.

**Continued Top Of/  
 Next Column!**

## Honoring Veterans COL at the WTSC

**Continued**

Lunch from Texas Roadhouse includes mashed potatoes and house salad with ranch.

**Choice of entrée at sign up:**

- 10oz. chopped steak
- 6oz. sirloin
- Grilled BBQ chicken

Patriotic music by George Holmes follows lunch. Don't miss the opportunity to proudly thank our Veterans for their service.



**Start: 11:00am**      **Group Photo: 11:15am**  
**Lunch: 11:30am**      **Entertainment: 12:30pm**  
**Veterans: Free with registration**  
**Members: \$16**      **Guests: \$20**  
**Code: 7203**

## Lunch at Greek Islands

**Wednesday, November 15**

This short afternoon trip to Greek Islands is sure to please. We will start with flaming saganaki cheese and a loud "Opa" followed by a Greek salad, chicken riganati, rice pilaf and potato. Our lunch will end with the famous karidopita, a mouthwatering Greek walnut cake recipe.

**Bus: 11:30am**  
**Return: 2:30pm**  
**Members: \$40**  
**Guests: \$50**  
**Code: 2523**

*Trip to Lombard*



## Thanksgiving COL at the WTSC

**Tuesday, November 21**

**It is time for "Friends and Cheers"!**

Let's reminisce about the things we are thankful for while watching two classic episodes of "Friends" and "Cheers"! The day would not be complete without a feast of sliced roasted turkey, gravy, mashed potatoes, stuffing, green bean casserole and cranberry sauce. Dessert will be a potluck. We are asking members to volunteer to bring a homemade dessert to share (*please.. no store-bought desserts*).

**Start: 11:30am**  
**Members: \$17**  
**Guests: \$20**  
**Code: 7204**



# Supporting Our Soldiers and Veterans

## Making Ornaments for Soldiers and Veterans

**WTSC 1:00pm - 3:00pm**

Receive volunteer hours while crafting ornaments with friends. Staff will supply all materials and directions. These ornaments will bring a smile to the faces of our brave men and women and veterans.

Thursday, October 5

Friday, October 20

Friday, October 6

Tuesday, October 24

Tuesday, October 10

Friday, October 27

Friday, October 13



We will be collecting the following throughout the month of October. A table will be set up in the SC under the bingo board.

- \$25 Amazon Gift Cards
- Microwave Popcorn
- Beef Jerky / Slim Jim
- Small Tissue Packs
- Pain Relief Medication  
(small bottles or packets)
- Antacids
- Individual Jelly packets
- Eye Drops
- AA Batteries
- Hand Warmers
- Individual Cold Drink Mix Packets,  
Coffee Singles (no K-Cups), Hot  
Chocolate Packets
- Candy Canes  
(may be available on Amazon)
- Small Toothpaste
- Toothbrush
- Travel-size Mouthwash
- Dental Floss
- Lip Balm
- Cough Drops
- Nasal Spray
- Letters and Cards
- Lens Cleaning Wipes
- Individually Wrapped Snack  
Cookies or Trail Mix
- Peanut Butter Packets
- Playing Cards
- Beanie Babies
- Non-breakable ornaments
- Foot Powder