

# Wayne Township Senior Center

A place Where Friends Become Families

## February and March 2021

Welcome back members! We are happy to announce that we are **OPENING** our doors, once again, starting **FEBRUARY 1<sup>st</sup>**! All exercise and small groups will resume according to the schedule listed but will remain restricted to a smaller number of people. As restrictions are lifted, we will allow larger groups.

We have added several **NO COST** events to our calendar, giving members a chance to get out of their houses and do something different. We will continue to screen everyone as they enter the Center, masks must be worn at all times and people will remain a safe distance apart.

We are continuing our volunteer groups, Shredding Newspapers and Cards for Soldiers, and are adding on Blankets for Homeless and Animal Shelters. We have also listed several "at home" activities that are available for you to pick up.

We have plans to resume monthly meetings starting in April. We are now going to do a 2-day meeting where members are split according to their calling lists. These will be held in the beginning of each month. More details will follow as it gets closer. We are looking forward to seeing our Center lively and upbeat with many familiar faces!

Hugs to everyone!! Erin

### Senior Center Events

Fri. 02/05	"David Attenborough, A Life on Our Planet" documentary
Fri. 02/12	Valentine Bingo
Tue. 02/16	Jim Gibbons Presents "Eerie Similarities between Lincoln and Kennedy"
Thur. 02/18	Comedy Hour, Jerry Seinfeld
Thur. 02/25	Canvas painting with Cliff "A Midwest Dream"
Mon. 03/01	Q&A with Randy
Fri. 03/05	"The Disappearance of Madeleine McCann" documentary (also 03/12, 03/19, 03/26)
Wed. 03/10	Blood Drive
Wed. 03/17	St. Patrick's Day Lunch and Party
Mon. 03/22	Lunch and Tim Wilsey Presents "The Best of Chicago Foods"
Tue. 03/23	Canvas painting with Cliff "Spring Blossom"
Thur. 03/25	Lunch and Comedy Hour, Kevin James
Tue. 03/30	Wear Green / Win Green Bingo

### New Volunteer Opportunities

**Fleece Blankets for Homeless and Animal Shelters**  
**Wed., Feb. 17 & Tue., Mar. 16 1:00pm - 3:00pm**

We plan to expand our horizons throughout the year by making different items which can help make life more pleasant for others. Join us to make no-sew blankets.

#### Become a pen-pal!

Write letters to fellow seniors and mail them to:

Home Instead Senior Care, c/o Erin Albers  
13323 California Street  
Omaha, NE 68154

You can also send your letters via email at:  
[www.readytocare.com](http://www.readytocare.com) and fill out the form.

### Current Volunteer Opportunities

**Cards for Soldiers 1:00pm - 3:00pm**  
**Wednesday, February 3 & March 3**

**Shredding Newspapers 1:00pm - 3:00pm**  
**Thursday, February 11 & March 11**



# Announcements

## Savers Fundrive April 2021

Continue saving your unwanted soft items.

### Wayne Township Food Pantry Options Wednesdays Only

The food pantry offers two options for weekly food distribution. Both options require you to fill out a short registration form at your initial visit, thus allowing you to come every Wednesday. Call our office at 630-231-7173 for information.

Option 1, "the drive thru food pantry", runs from 10:00am - 12:00pm only. You will receive approximately 60 - 70 pounds of pre-packed food items including assorted non-perishable staples, bakery products, fresh produce, dairy products, frozen meats, and paper / household products. Volunteers will load the groceries directly into your car.

Option 2, "the senior food distribution", runs from 12:30pm - 1:30pm only. You will be able to get out of your car and pick from available fresh produce, dairy products and bakery goods.

**Wayne Township Senior Center masks** can be purchased for \$8/each, cash only.

### Jewelry Donations

"Frost Yourself" jewelry donations are still being accepted. Please drop off any gently used jewelry at the Center. We will set up a date for sales in the near future.

### Donations

#### *...for the Senior Center*

We are accepting newspapers, puzzles, books, clean/rinsed plastic caps and **FLEECE** for making blankets. Accepting any color, any size, any pattern.

#### *...for General Assistance*

Feel free to drop off donated items throughout the month.

- February: Macaroni and Cheese or Pasta
- March: Easter Candy

The food pantry needs plastic bags. They can be dropped off at the food pantry on Tuesdays, 10:00am - 12:00pm or you can bring them to the Center.

The Clothes Closet will remain closed until further notice; donations are not being accepted at this time.

**Q&A With Randy**  
**Monday, March 1 10:30am**

Call the Center to sign up.

## Receive COVID-19 Vaccine Appointment Notifications

To receive COVID-19 vaccine appointment notifications complete the online registration form at  
<https://dupagehealth.jotform.com/200694254415049>

### Request a Vote By Mail Ballot

Click the following link to request a vote by mail ballot:  
<https://www.dupageco.org/Election/VoteByMail/>

### January 100 Club Winners

#80 Mary Kavanagh

#89 Sue Allen

Watch the video titled 100 Club Drawing January 2021 on YouTube. Type in Wayne Township Senior Center and scroll down to click the large purple W.

### Do You Have a Humana Advantage or Supplemental Plan?

The Humana Well Dine program allows eligible patients who have been discharged from a hospital or skilled nursing facility to receive 10 free home-delivered meals. Humana covered patients may call Humana Customer Care at 1-800-457-4708 to see if you are eligible.

### Well-Being Calls

In January we made our first round of well-being calls to all members. We plan to do this three times each year (January, May, September).

If you would like to opt-out of receiving the well-being calls, please contact the Senior Center.

### Blood Drive

**Wednesday, March 10 10:00am - 3:00pm**

Did you know that somebody needs blood every 3 seconds? Help save lives by donating blood!

The entire process lasts approximately one hour with the actual blood donation lasting 10 minutes.

Call the Center to make your appointment. Everyone who donates will receive a small gift and a raffle ticket entry for a \$10 gift card.

### In Loving Memory

♡ Those we love don't go away ♡

They walk beside us everyday



Unseen, unheard, but always near

Still loved, still missed and very dear

Bill Raymond

Alfred Sarbinski


# FEBRUARY 2021

Mon.	Tue.	Wed.	Thur.	Fri.
<b>1</b> 9:00 Seated Yoga	<b>2</b> 9:00 Tai Chi 1:00 Bunco 	<b>3</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking 1:00 Cards/Soldiers	<b>4</b> 12:30 Farkle	<b>5</b> 11:00 Happy Hatters 1:00 Documentary
<b>8</b> 9:00 Seated Yoga 10:30 Book Club	<b>9</b> 9:00 Tai Chi 11:00 Total Body Fit 12:30 Movie Day	<b>10</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking	<b>11</b> 9:00 Fit for Life 10:30 Eat Right 1:00 Shred Newspaper	<b>12</b> 9:00 Pace Fit 12:30 Valentine Bingo
<b>15</b> <i>President's Day Office Closed</i> 	<b>16</b> 9:00 Tai Chi 11:00 Total Body Fit 1:00 Jim Gibbons	<b>17</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking 1:00 Fleece Blankets	<b>18</b> 9:00 Fit for Life 12:30 Comedy Hour	<b>19</b> 9:00 Pace Fit 11:00 Happy Hatters 12:30 Farkle
<b>22</b> 9:00 Seated Yoga 12:30 Movie Day	<b>23</b> 9:00 Tai Chi 11:00 Total Body Fit	<b>24</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking	<b>25</b> 9:00 Fit for Life 10:30 Eat Right 12:00 Canvas Painting	<b>26</b> 9:00 Pace Fit



Sunday, February 14  
Valentine's Day

# March 2021

mon.	tue.	wed.	thur.	fri.
<b>1</b> 9:00 Seated Yoga 10:30 Q&A With Randy	<b>2</b> 9:00 Tai Chi 11:00 Total Body Fit 1:00 Bunco	<b>3</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking 1:00 Cards/Soldiers	<b>4</b> 9:00 Fit for Life 10:30 Eat Right 12:30 Farkle	<b>5</b> 9:00 Pace Fit 11:00 Happy Hatters 12:30 Documentary
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<b>22</b> 9:00 Seated Yoga 12:00 Lunch & Tim Wilsey	<b>23</b> 9:00 Tai Chi 11:00 Total Body Fit 12:00 Canvas Painting	<b>24</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking	<b>25</b> 9:00 Fit for Life 10:30 Eat Right 11:30 Lunch & Comedy	<b>26</b> 9:00 Pace Fit 11:00 Happy Hatters 12:30 Documentary
<b>29</b> 9:00 Seated Yoga 12:30 Movie Day	<b>30</b> 9:00 Tai Chi 11:00 Total Body Fit 1:00 Green Bingo	<b>31</b> 9:00 Line Dancing 10:00 Brunch 10:30 Walking 11:00 Walking		

Sunday, March 14





# Daily Exercise

## Let's Keep Moving!

Join us for exercises while keeping a safe distance apart. Members will stand in designated spots for class. Please bring your own water. Masks are required.

### Seated Yoga Monday 9:00am - 10:00am

Chairs will be set up 8' apart.

*No class on February 15.*

### Tai Chi Tuesday 9:00am - 10:00am

Spaced 8' apart.

### Total Body Fitness Tuesday 11:00am - 12:00pm

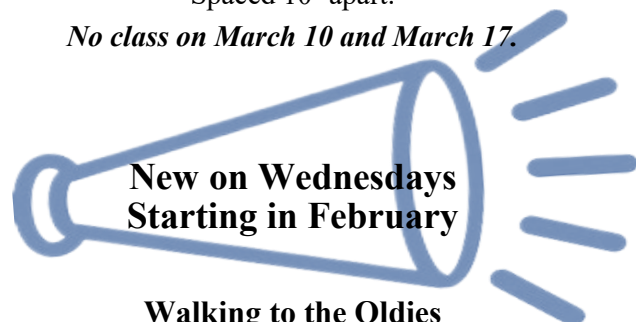
Spaced 10' apart.

*No class on February 2.*

### Line Dancing Wednesday 9:00am - 10:00am

Spaced 10' apart.

*No class on March 10 and March 17.*



**New on Wednesdays  
Starting in February**

### Walking to the Oldies

**Session 1: 10:30am - 11:00am**

**Session 2: 11:00am - 11:30am**

Come and "walk the center" while listening to oldies. Twenty seven laps are equal to one mile!

*No walking on March 10 and March 17.*

### Fit For Life Thursday 9:00am - 10:00am

Spaced 10' apart.

*No class on February 4.*

### Pace Fit Friday 9:00am - 10:00am

Spaced 10' apart.

*No class on February 5.*

### Exercise Video Links at [www.youtube.com](http://www.youtube.com)

- Type in Wayne Township Senior Center
- Scroll down and click the large purple W

Enjoy Seated Yoga, Tai Chi,  
Total Body Fitness  
or Pace Fit at home with

your favorite instructors at any time of the day!



## HAPPY BIRTHDAY



### February

Diane Drew	01
Marion Canino	02
Barbara Nimmo	02
Phyllis Reale	02
Debra Dalessandro	03
Betty Vermillion	03
Valerie Jacobs	04
Lucille Pelletier	04
Catherine Ross	04
Varsha Patel	05
Thelma Irani	06
Tom Neihengen	06
Mari Takei	06
Thomas Benjamin	07
Judy Sommers	07
Patricia Harris	11
Zorayda Carmona	14
Lori Prang	14
Eduvijos Mota	15
Patricia Scornaienchi	15
Joyce McNeil	18
Pauletta Stepanek	18
John Franco	19
George Mosier	19
Christy LaVine	21
Roger Czerwinski	22
Carmela Desario	22
Ron Krumwiede	23
Juanita Flores	24
Marilyn Thompson	24
Paula Smith	25
Gail Daley	26
Mary Gundy	26
Karen Karkoska	27
Chong Kim	27
Linda Archibald	28
Nancy Bowman	28
Yvonne Raetzke	28
Dolores Schark	28

### March

Steven Gosanko	01
Kay Randazzo	01
Bonnie Kostuk	05
Kim Weier	07
Patricia Bockman	08
Ralph Harris	08
Louis Roucka	09

### March *continued*

Karen Kaluzsa	10
Wanda Skrzypczak	12
Lynne White	12
Ronald Tomaso	14
Ester Velasquez	14
Sally Allen	15
Tom Byker	15
Sharon Smith	15
Hang Chan	16
Allesandro Desario	16
Mary Hirschauer	16
Duane Huber	16
Patricia Krumwiede	16
Laura Kubaszko	18
Jean Pinch	18
Marion Trometer	18
Josefina Bautista	19
Patrick Guzik	19
Pauline Thomas-Brown	19
Eufemia Domine	20
Katherine Doherty	21
Bienvenido Bautista	22
Donald Schellenberg	22
Eileen Carrier	23
Joseph DiSerio	23
Maryann Hatchell	23
Katherine Rita	25
Dennis Shogren	25
Marion Arp	26
Peter FioRito	26
Rosemarie DeLascio	27
Eugene Bender	28
Katherine Ferri	28
Madeline Lawson	28
John Malmfeldt	28
Edward Bonkowski	29
Josephine Caravello	29
Yolanda Sabalvaro	29
Frank Battersby	30
Theresa Agostino	31
Phyllis Jacobs	31
Catherine Majchrowicz	31



# Events

## Interested in Documentaries?

Call the center to reserve your spot(s)!

**Friday, February 5 1:00pm - 2:30pm**

Join us in the Center to watch the 2020 Netflix documentary, "David Attenborough, A Life On Our Planet".

**Friday, March 5, 12, 19, 26 12:30pm - 2:30pm**

Watch two episodes of "The Disappearance of Madeleine McCann", often regarded as the British counterpart to America's Jon Benet Ramsey.

## Valentine Bingo

**Friday, February 12 12:30pm - 2:30pm**

Join us for a day of Valentine fun bingo! Wear red, pink or white and receive a raffle ticket. Drop off or mail in your payment. Daubers will be available for \$1 each, cash only. Water will be provided.

**Cost: \$5 per card, cash only!**

**Code: 7132**



## Jim Gibbons Presents

**"Eerie Similarities Between Lincoln and Kennedy"**

**Tuesday, February 16 1:00pm - 2:30pm**

In honor of President's Day, join us to learn about "Eerie Similarities between Lincoln and Kennedy".

This is a live Zoom Presentation which can be seen from the comforts of home or with us in the Center. Please call the center to reserve a spot! This is a FREE event.

To watch at home, register in advance at:

<https://us02web.zoom.us/join/register/tZYtc--trzMqGtUWQnVI-SzquUgJaVsSckS>

After registering you will receive a confirmation email containing information about joining the meeting.

## Join Us for Comedy Hour!

**Thursday, February 18 12:30pm - 1:30pm**

Jerry Seinfeld's "23 Hours to Kill" will be shown in the Center on our projector screen. Chairs will be socially distanced.

Call the center to reserve your spot. This is a free event!



## Canvas Painting with Cliff

**Thursday, February 25 12:00pm - 3:00pm**

Paint a 16 x 20 "Midwest Dream" canvas with detailed instruction. All materials will be supplied.

**Members: \$10 Guest: \$13**

**Code: 8056**



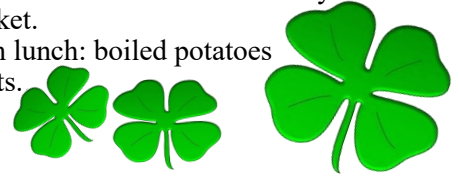
## St. Patrick's Day Lunch and Entertainment Wednesday, March 17 11:30am - 1:30pm

Come celebrate St. Patrick's Day at the Senior Center. Enjoy corned beef and cabbage along with entertainment by Mike DiDomenico, a man who takes magic to a new extreme! Wear your best St. Patrick's Day look and receive a raffle ticket.

Also included with lunch: boiled potatoes and steamed carrots.

**Cost: \$12**

**Code: 7133**



## Tim Wilsey Presents

**"The Best of Chicago Foods"**

**Monday, March 22 12:00pm - 2:00pm**

Remember, no ketchup on that hotdog! How's the Chicken Vesuvio at the wedding? How about that deep dish at Lou's and maybe some Pixies from Fannie May. Join historian Tim Wilsey as he walks us through some of the best Chicago foods and sweets.

Before the presentation, enjoy a "Taste of Chicago" from Beef Shack.

Choose between Italian beef, Italian sausage or hotdog. All meals include salad and cookie.

**Cost: \$10**

**Code: 7134**



## Canvas Painting with Cliff

**Tuesday, March 23 12:00pm - 3:00pm**

Paint a 16 x 20 "Spring Blossom" canvas, with detailed instruction from Cliff.

All materials will be supplied.

**Members: \$10**

**Guest: \$13**

**Code: 8057**



## Lunch and Kevin James' Comedy Hour

**Thursday, March 25 11:30pm - 1:30pm**

Join us for an hour of laughs! Kevin James' "Sweat the Small Stuff" will be shown in the Center. Tables will be set up socially distanced. Enjoy a gyro pita, cookie and a drink.

**Cost: \$8**

**Code: 7135**



## Wear Green, Win Green Bingo

**Tuesday, March 30 1:00pm - 3:00pm**

Come join us! Daubers will be available for \$1 each, cash only. Water will be provided.

**Cost: \$5 per card, cash only!**

**Code: 7136**



# Activities

## Book Club 10:30am - 12:00pm

Do you enjoy reading and discussing books with others? If so, join us! Make sure to read the book and be ready to discuss! Book Club will be held in the Senior Center.

Monday, February 8

*American Dirt by Jeanine Cummins*

Monday, March 8

*Guest List by Lucy Foley*

## Bunco is Back!!

### First Tuesday of Each Month 1:00pm February 2 and March 2

For the time being we will NOT be switching seats and we will be playing with a ghost at each table. Each person will be rolling their own dice (no sharing).

We will collect \$2 per person exact; no change can be given. Masks must be worn at all times.

## Movie Day 12:30pm

### Last Monday & Second Tuesday of Each Month

Come watch a movie on our NEW screen in the main Senior Center! Water and snacks will be provided.

- Tuesday February 9 *"The War with Grandpa"*
- Monday, February 22 *"Mulan" (non-animated)*
- Tuesday, March 9 *"Wild Mountain Thyme"*
- Monday, March 29 *"Let Him Go"*

## Brunch Bunch Club

### Wednesdays Meet at 10:00am

February 3

*Savoury Restaurant, 782 W. Bartlett Road, Bartlett*

February 10

*Egg Yolk Cafe, 100 S. Neltnor, West Chicago*

February 17

*Colonial Cafe, 1625 E. Main Street, St. Charles*

February 24

*Mapleberry, 1276 Kuhn Road, Carol Stream*

March 3

*Dino's Cafe, 171 E. Lake Street, Bloomingdale*

March 10

*Carol's Garden, 515 S. Schmale Road, Carol Stream*

March 17

*Red Apple, 414 S. Schmale Road, Carol Stream*

March 24

*Verdict Restaurant, 600 County Farm Rd., Wheaton*

March 31

*Mother's Pancake House, 3755 E. Main Street, St. Charles*

## Eat Right, Be Healthy 10:30am - 11:00am Specified Thursdays

Feb. 11: *"What is the Mediterranean Diet"?*

Feb. 25: *"Why do we need magnesium"?*

Mar. 4: *"Here's to a lifetime of good health."*

Mar. 11: *"Secret ingredients used to flavor dishes."*

Mar. 18: *"Science-based benefits of niacin."*

Mar. 25: *"What is butyrate and why should you care"?*

## Happy Hatters 11:00am - 12:00pm Friday, February 5, 19 & March 5, 12, 19, 26

Our group is starting up again. Even if you are not a knitter, you are welcome to join.

All hats are donated to the CDH Cancer Center and Phil's Friends.

**Please refrain from sharing yarn and/or hooks.**

## Farkle 12:30pm

Come to the Center and enjoy playing dice with friends.

Each person will have their own dice to play with.

- Thursday, February 4
- Friday, February 19
- Thursday, March 4
- Thursday, March 18



## Wii Bowlers

Existing teams can call to schedule a day/time to bowl.... just for fun. The new season will begin at a later date.

If anyone is looking to start a new team, please call the Center to schedule a time to come in to practice; four people per team.

## Winter months seem to last forever. Stay busy with these winter pandemic activities!

- ★ Coloring for Phil's Friends
- ★ Making ornaments for soldiers
- ★ Diamond Dotz
- ★ Earring and bracelet kits
- ★ Shredding newspaper
- ★ Well-being member calls
- ★ Fleece blankets for homeless & animal shelters
- ★ Writing a pen-pal



<b>M</b> for member or <b>G</b> for guest	<b>Member or Guest Name</b> (please list each individually) - (if tickets are for a guest, a non-member information sheet must be completed prior to trip)



If ordering tickets by mail, you **MUST** include a self-addressed stamped envelope. Thank you.

**Check Payable to:** Wayne Township Seniors **Mail to:** 27W031 North Avenue, West Chicago, 60185 **Attn:** Sue Regalado

Date	Trip Description	Trip Code	Member/ guest cost	Meal Choices (circle one)	Discount Applied	Amount
<b>TRIPS RELEASED IN FEBRUARY/MARCH NEWSLETTER BELOW</b>						
Fri 5-Feb	Documentary, Senior Center "David Attenborough - A Life on our Planet"		Free			
Fri 12-Feb	Valetine's Bingo - <b>Cash Only</b> , Senior Center	7132	\$5	extra card \$5		
Tues 16-Feb	Jim Gibbons Zoom, Senior Center "Eerie Similarities Between Lincoln & Kennedy"		Free			
Thurs 18-Feb	Comedy Hour, Senior Center Jerry Seinfeld, "23 Hours to Kill"		Free			
Thur 25-Feb	Midwest Dream Barn Canvas Painting , Senior Center	8056	\$10/\$13			
5-Mar 12-Mar 19-Mar 26-Mar	Documentary Series, Senior Center On the Big Screen "Disappearance Of Madeline McCann" Every <b>Friday</b> in March		Free			
Wed 10-Mar	Blood Drive, Senior Center Call Center for Appointment		Free			
Wed 17-Mar	Lunch/Magician & St Patrick's Day COL, Senior Center	7133	\$12			
Mon 22-Mar	Lunch and Tim Wilsey, Senior Center "Best of Chicago Foods" Presentation	7134	\$10	Sausage Hot Dog Italian Beef		
Tues 23-Mar	Hummingbird Canvas Painting, Senior Center	8057	\$10/\$13			
Thurs 25-Mar	Lunch and Comedy Hour, Senior Center Kevin James, "Sweat the Small Stuff"	7135	\$8			
Tues 30-Mar	Wear Green/ Win Green Bingo- <b>Cash Only</b> , Senior Center	7136	\$5	extra card \$5		
	2021 Newsletter Mailed		\$5/\$8			
	2021 Out-of-Township Dues		\$35			
	WTSC Face Mask		\$8			
Tickets Given			Tickets at Center	Cash	<b>Total</b>	
Tickets Sold By:			Date:	Check Ck#		