

Hello Members!

We witnessed such a great turnout for our Outdoor August Events that we are going to continue our outdoor events throughout September. We will resume our walking groups, exercise classes, and birthday visits AND we have added on a few new events!

September is our usual month to honor our 90+ members. We are not able to do that at this time, therefore, we are dedicating this newsletter to them. Though we can't be together, know that we are celebrating and thinking of all of you and are HONORED to add you to our 90+ wall!

Something to look forward to...we plan to transition our events to indoors for October.

Miss you all! Erin

EXERCISE OPPORTUNITIES

Parking Lot Exercise September 1st - September 30th 9:00am-9:45am Monday, Tuesday and Thursday

Let's keep moving! Join us to exercise **<u>outdoors</u>** while keeping six feet apart. Members will stand in designated spots for class. Bring your own water.

Monday: Seated Yoga with Catherine Tuesday: Tai Chi with Sherry Thursday: Fit for Life with Penny

> AND NEW FOR SEPTEMBER...

Tuesday Line Dancing with Jim at 10:00am

Thursday Pace Fit with Penny 10:00am - 10:30am



Bring your own weights.

Outdoor Walking Groups 9:00am

- Bring your own water
- Restrooms are not available

Tue.: Carol Stream, Bierman Park Wed.: Bartlett, Beaver Pond Thurs.: West Chicago, Cornerstone Lakes

> *Exercise Video Links* <u>www.youtube.com</u>





Type in *Wayne Township Senior Center*, scroll down and click the large purple "W".

Enjoy Seated Yoga, Tai Chi or Total Body Fitness with your favorite instructors from the comfort of your own home.

New videos for September!



Eat Right, Be Healthy Outdoor Meetings 10:30am

Thursday, September 10th

• How Covid-19 triggers unhealthy eating and five ways to protect yourself

Thursday, September 24th

• Boosting your immunity from Covid-19

Drive-Thru Flu Shot At Wayne Township Tuesday, September 29th 11:30am - 1:00pm

Stay in your car, wear short sleeves, masks are mandatory and have your Medicare number available.

OR

Call Family Pharmacy in Carol Stream anytime after September 15th to make an appointment at their facility to get your flu shot.

The CDC recommends the high dose vaccine for everyone 65+*. There will be a few low dose vaccines available for those younger than* 65*.*

DuPage County Senior Services Help

"Hello, my name is Amy and I am a Case Manager with DuPage County Senior Services located at 421 N County Farm Road in Wheaton. If you or someone you know is an older adult (60+) living in DuPage County and could use some assistance, I'm here to help.

Perhaps you need respite for a non-paid family care giver, home delivered meals, a medical assistive device, or help with a bill that hasn't been paid. Call my direct number below and I will follow up with you as soon as possible. I look forward to assisting you".

Regards,

Amy Gaydos Case Manager, DuPage County Senior Services 630-407-6480 amy.gaydos@dupageco.org

\bigcirc
\sim
\sim
\sum
()

SAT	ы	12	19	26	
FR	4 Mandala Plate Pick Up	11 10:00 Farkle	18 11:00 Outdoor Lunch & Mentalist	25 11:00 "Lunch in the Lot"	Order and Pay for Witch Legs Kit September 01 - September 15
O H L	3 9:00 Fit For Life 9:00 Walking/W. Chicago 10:00 Pace Fit Mandala Plate Pick Up	10 9:00 Fit For Life 9:00 Walking/W. Chicago 10:00 Pace Flt 10:30 Eat Right, Be Healthy	17 9:00 Fit For Life 9:00 Walking/W. Chicago 10:00 Pace Flt	24 9:00 Fit For Life 9:00 Walking/W. Chicago 10:00 Pace Fit 10:30 Eat Right, Be Healthy <i>Witch Legs Kit Pick Up</i>	Order and Pay for Witch L
WED	2 9:00 Walking/Bartlett 10:00 Brunch/Ihop 12:30 Bread Pickup Mandala Plate Pick Up	9 9:00 Walking/Bartlett 10:00 Brunch/Dino's Café 11:00 Zoom Scattergories 12:30 Bread Pickup	16 9:00 Walking/Bartlett 10:00 Brunch/Carol's Grdn 12:30 Bread Pickup	23 9:00 Walking/Bartlett 10:00 Brunch/Verdict 11:00 Zoom Yahtzee 12:30 Bread Pickup	30 9:00 Walking/Bartlett 12:30 Bread Pickup
TUE	1 9:00 Tai Chi 9:00 Walking/Carol Strm 10:00 Line Dancing	8 9:00 Tai Chi 9:00 Walking/Carol Strm 10:00 Line Dancing	15 9:00 Tai Chi 9:00 Walking/Carol Strm 10:00 Line Dancing	22 9:00 Tai Chi 9:00 Walking/Carol Strm 10:00 Line Dancing	29 9:00 Tai Chi 9:00 Walking/Carol Strm 10:00 Line Dancing 11:30 Drive Thru Flu Shots
N O W		7 Closed in Honor of LABOR DAY NO SEATED YOGA	14 9:00 Seated Yoga 10:30 Bookies	21 9:00 Seated Yoga	28 9:00 Seated Yoga 10:30 Drive-In Bingo
N C S		Ø	13	20	27



Zoom with Erin, Karen, Gayle and Sue 11:00am - 12:00pm

Wednesday, September 9th

- Scattergories (four games)
- Need a sheet of paper and pen
- **<u>Personal Meeting ID</u>** 851 980 0785
- **Passcode:** 1spS4s

Wednesday, September 23rd

- Yahtzee
- Need five dice to play (Dollar Tree)
- Staff will keep score
- Personal Meeting ID 851 980 0785
- **Passcode:** 1spS4s



"Farkle" in the Parking Lot Friday, September 11th 10:00am - 11:00am

Come join Erin, Karen, Sue and Gayle for two games of Farkle in the back parking lot. We will provide the dice and separated

tables. Please call to reserve a spot.



Bookies Outdoor Meeting Monday, September 14th 10:30am - 12:00pm

"A Moveable Feast" by Ernest Hemingway

Good news... Bookies are meeting once again! If you decide to join, please be sure to read the book and be ready to discuss! Please wear a mask!

Outdoor Lunch and Mentalist Friday, September 18th 11:00am - 12:30pm

Join us for lunch from Hawthorne's and entertainment by Mentalist Jym Elders. Jym puts on a mesmerizing, entertaining show that leaves everyone wanting more.

Lunch includes BBQ pulled pork sandwich, mac n cheese, potato salad, Caesar salad, chocolate chip cookie and bottled water.

Lunch: 11:00am - 11:30am Entertainment: 11:30am - 12:30pm

Cost: \$10 per person (members only)



"Lunch in the Lot" Friday, September 25th 11:00am

Back by popular demand... Join us for lunch and mingling in the parking lot! Lunch consists of stuffed shells, meatball, Caesar salad and a brownie from Moretti's and will be pre-packaged individually. Bottled water will be provided.

Please call the center to pre-register and specify a table set up for 2 - 4 people.

Cost: \$10.00 per person *Lunch is at 11:30am.*

Please call the center to pre-register and specify a table set up for 2 - 4 people. You can mail in or drop off your payment. If paying with cash, exact change only.





Drive-In Bingo" Rain or Shine Monday, September 28th 10:30am

Join us for bingo in the back parking lot! Stay in your car or bring chairs and sit outside. Cars will be parked every other space. You must bring your own snack, drink, chair, and marker. We will play 10 games allowing two cards per person. We recommend 2-4 people per car.

Prizes: \$20 per game 1-9 & \$40 for game 10

Maximum of 50 people.

Cost: \$5 per person

Call the center to reserve your spot and pay. You can mail in or drop off your payment. If paying with cash, exact change only.



Diamond Dotz at Home

Diamond Dotz kits are here! Make this craft as a gift or keep it for yourself. Call the center to schedule a pick up; one per person and free for members. Sizes are 12x12 and larger. *Please send us a picture of you and your finished piece so we can submit it to our grantor*!

Craft Time... Ceramic Witch Legs

Create this cute witch who fell into this lit caldron for Halloween. This is a non fired item so when you finish, it's finished.



Cost: \$10 per kit

Sign up and pay: 09/01 through 09/15 Pick up kit: 09/24



Brunch Bunch Club Meet at 10:00am

September 02 at IHOP 125 Smith Road, St. Charles

September 09 at Dino's Café 171 E. Lake Street, Bloomingdale

September 16 at Carol's Garden 515 S. Schmale, Carol Stream

September 23 at Verdict Restaurant 600 County Farm Road, Wheaton

		- • • • • • • • • • • • • • • • • • • •			, , ,
		T 🖌 🖉 📅 🌱			? -
	🛁 🗾	🐴 🥬 🖬 🐪	i 🛌 🌠 🚦	🛛 🧫 🖉 📥 🔪	•
					e 🔨
Marguerite Voss	2 09/0 P	Julie Barnoski 📃 🗧	7 09/12	JoAnn Marutz	09/21
Barbara Marine	09/04	Joyce Bloom	09/12	Virginia Strong	09/21
Noreen Venditti	09/04	John Cloutier	09/13	William Heimdal	09/22
Lucia Chan	09/06	Bruce Nemer	09/13	Richard Mahrenholz	09/23
Rosa Franco	09/06	Maryann Petersen	09/13	Joseph Olsen	09/23
Jean Frommert	09/06	Albert Lobrillo	09/14	Roberta Saverino	09/23
Roger Prindiville	09/06	Albert Bracher	09/15	Barbara Bosco-Langone	09/26
Harriet Bender	09/07	Phyllis Issler	09/15	Jean Banno	09/27
Billie Childress	09/07	Joseph Ohins	09/15	Susan Sullivan	09/27
Alice Tinnes	09/07	Frank DiGrazia	09/17	Michael Bodnar	09/28
Joseph Tremmel	09/07	Ellen Grover	09/17	Norbert Reinhard	09/28
Fred Preiss	09/08	Joan Lukasch	09/18	Michaline Harris	09/29
Stanley Moy	09/09	Catherine Verden	09/18	Hal Hoffman	09/29
Patricia Baker	09/10	Denise Higgins	09/19	Mary Jaeger	09/29
LeRoy Fennewald	09/11	Raymond Sunde	09/20	Judy White	09/29
Kathleen Nagy	09/11	Doris Karpiel	09/21	Lois Dalton	09/30
	1	-	I		<i></i>





Mary Bellin Rose Marie Boyer Dorothy Gallucci Theresa Gonzalez Shirley Kaczmarek Muriel Long Michaelene Rogus

Caps and Lids Collection

Thank you to those who participated in our caps and lids collection. This is the "Buddy Bench" at Creekside Elementary in Elgin. Cindy Laine's 6th grade granddaughter Emily thanks you all!

Please continue to collect and drop off caps and lids. They will either be donated to

Creekside Elementary, if they continue this project, OR we may build our own "Buddy Bench" at the WTSC.



Soldier Donations

A big shout out to all our members who donated items to our soldiers' drive. We donated a total of **296 POUNDS** to their Comfort and Care Program! You make us proud!!

Senior Bread Pickup Same Day... Same Time!

Bread pick-up for seniors will continue on **Wednesdays**, **12:30pm - 1:30pm**. This is first come, first serve. Please line up in front of the building and stay in your car, getting out only when it is your turn. You must bring your own bag.

Donations and GA Information

<u>General Assistance:</u> Drop off Tuesdays, 10:00am -12:00pm, by the garage door OR drop off during classes/events at the township. In need of: soup, jelly, pasta sauce, and toilet paper. Monetary donations can be mailed in to the food pantry.

Senior Center: Accepting newspapers, puzzles, books and yarn ONLY. No cans, pill bottles, magazines, household items or clothes!

The clothes closet remains closed until further notice; no donations please. LIHEAP applications start September 1^{st} by appointment only; walk-ins will not be allowed. Please call 630-231-7173 to set up an appointment.

Puzzle Contests

Looking to pass the time? We have more puzzle fun for you! Complete one or both puzzles in this newsletter and mail in or drop off entries at the WTSC before 09/21. All CORRECT entries will be entered into a random draw. The first five names drawn will win a prize! Good Luck!



July Word Search Answers: Bingo, Bunco, Casino, Celebrations, Crafters, Dominos, Erin, Euchre, Family, Fitness, Friends, Gayle, Karen, Knitting, Linedancing, Mahjongg, Members, Movieday, Pingpong, Pinochle, Pokadice, Poker, Rummikub, Soldiers, Sue, Taichi, Township, Veterans, Volunteers, Wayne, Yoga Winners: Maria Fennewald, Peggy Benton, Mary Beth Shepardson, Joanne Watson, Ellen Sietmann, Mary Kavanagh, Maryanne Caspar, Alice Tinnes, Sylvia Mosier

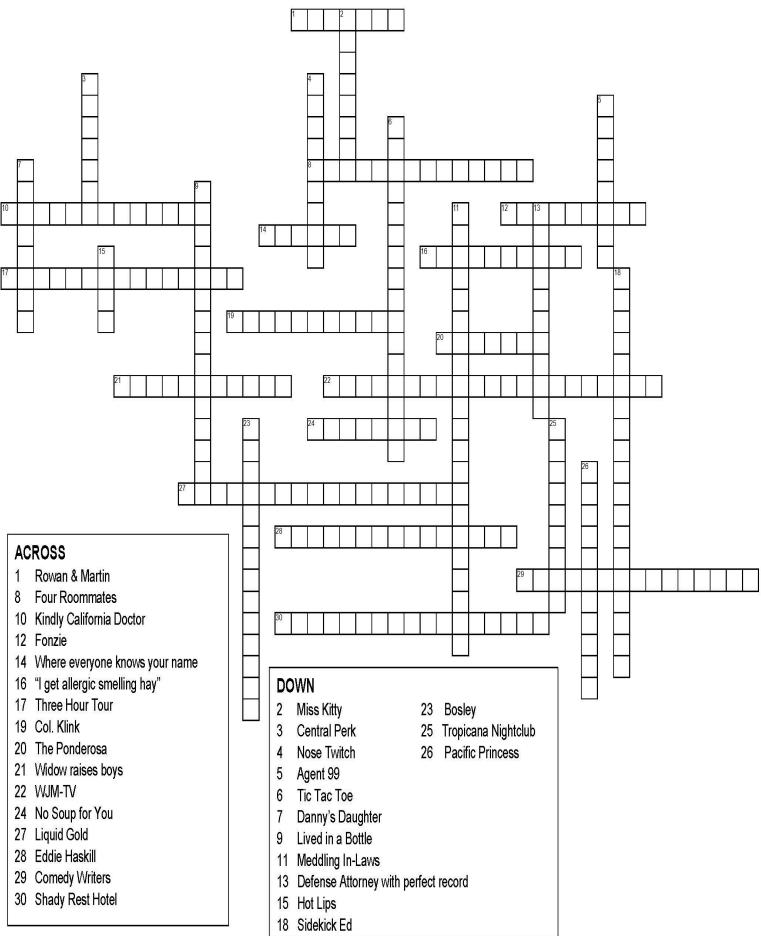
August "Good Eats" Word Search Answers: Berghoff, Bohemian Crystal, Café Babareeba, Connies Pizza, Dell Rheas, Exchequer Pub, Fogo de Chao, Greek Islands, Hard Rock Café, Harry Carays, House of Blues, Jamesons, Lawrys, Lloyds, Manhattans, Meson Sabika, Morettis, Santorini, Schnitzel Platz, Tiki Terrace, Tokyo Steakhouse, Topo Gigio, Village Tavern, White Fence Farm, Wildfire Winners: Joanne Watson

August "The Playbill" Answers: An American in Paris, Sound of Music, Hamilton, White Christmas, Beauty and the Beast, Grease, Beautiful, Footloose, West Side Story, South Pacific, Dear Evan Hansen, Elf the Musical

Winners: Cindy Perkins, Kim Lee, Joanne Watson



TV Shows



First 5 correct entries sent back to us get a prize.. good luck 🕲



J B R J R P R R K M V R R B J В Z J Ζ Y L Y L A R I G O L D G N A R E G L G M M U I E Q S A н Y D R A Ν G A L Α L N Ο G E В Y W S S S P N C S D G Т D ł х M N K G K Т Y A Т A K х R W K Q Q L U Т Т D L D Y D J M E E E E V I P M R N В I L U 0 Z M Y Т М S R Т M E G F L D L S K M L R F R D Y Q L т 0 M G F U M Q D R L Ε N V Y т I Ο W Ρ N Н R R J κ Ο Α M D W I D V R D S P C A O P Т B V P W S S L L S V N R J E Y н Y D х L J R U E 1 U Ζ K κ A Т N Y Ε Т Y R P L Q K Α S Т S R Т K R Ζ S L Y A E н Α L D I L Y S U S Α L P E Α 0 V Y S U N Т L Q L L Ο Y W I A R D M Ν L D L Ν D U Ν С Ν н Ν Ν Α S Ζ M A Q S Q L L I N 1 O M D N х Α E Y R A A N κ н Т L Т A C D L K C L D R N E I E L Н F L D M х C D Q D Y С M A D Α В Q M J Ζ Ζ P U E J E M G Y Ζ Х V D V R D В 1 Y P Z A Q D N Y M M O P N Н N L Т W Q R н L J Q Y L W P Ο Ζ U Т W D Ρ O Ν G D J Q D Y Ζ D Y W P L M P J J J N Т Y C Y M Y W Q Ζ If Stumped, call Center after Sept 9th Bonus Word: Hippity Hop

for some clues..good luck©