

# Wayne Township Senior Center OUTDOOR August Agenda 2020

## "A Place Where Friends Become Family"

Hello Members!

We are ready to try some outdoor events with safety being our primary concern. August will be our outdoor activities month. All events with people, tables and cars will be separated by one parking spot. All chairs and tables will be sanitized before and after each event, and 6 feet social distancing will be enforced. Being outdoors, masks can be worn at your own discretion. All events are subject to change following the guidelines of Governor Pritzker. Each member attending an event will be required to sign a waiver upon arrival.

### EXERCISE OPPORTUNITIES

#### *Parking Lot Exercise*

*August 3 - August 31 9:00am - 9:30am  
Monday, Tuesday and Thursday*

Ready to get moving again? Join us **outdoors** while keeping six feet apart. Members will stand in designated spots for class. Bring your own water. Chairs will be provided for Seated Yoga.

**Mondays:** Seated Yoga with Catherine

**Tuesdays:** Tai Chi with Sherry

**Thursdays:** Fit for Life with Penny


#### *Outdoor Walking Groups at 9:00am*

- *Bring your own water*
- *Restrooms not available*

**Tue.** at Biermam Park, Carol Stream

**Wed.** at Beaver Pond, Bartlett

**Thur.** at Cornerstone Lakes, West Chicago

 **Exercise Video Links**  
[www.youtube.com](http://www.youtube.com)

Type in *Wayne Township Senior Center*.  
Scroll down and click the large  
purple **W**.

Enjoy Seated Yoga, Tai Chi or Total Body  
Fit at home with your favorite instructors  
anytime of the day!

Wayne Township Senior Center  
27W031 North Avenue, West Chicago, IL 60185  
Hours: M-F 8am-4pm  
630-231-7155  
Staff: Erin, Karen, Gayle, Sue



### CRAFT TIME

#### *Mandala Ceramic Plate Painting*

*\$10 per plate includes 2 brushes to keep*

- Sign up & pay thru August 12<sup>th</sup>
- Pick the kit up on Tuesday, August 18<sup>th</sup>  
*(kit will include PDF instructions and video link to watch multiple times)*
- Paint the plate 08/18 thru 08/25
- Drop the plate off before August 25<sup>th</sup>
- Pick up finished plate 09/02 thru 09/04



### SENIOR BREAD PICK-UP

**Same day... NEW TIME!** Starting Wednesday August 5<sup>th</sup>, and continuing thereafter, bread pick-up will be from **12:30pm - 1:30pm**. Distribution is on a first come, first serve basis. Please stay in your car and line up in front of the building, getting out of your car only when it is your turn. You will need to bring your own bag.

### PUZZLE CONTESTS

**Looking to pass time?** We have more puzzle fun for you (contact the SC for puzzles)! Mail in or drop off at the WTSC. The first five CORRECT entries we receive per puzzle will win a prize! Good Luck!

# Outdoor August Events!!

**Zoom with Erin, Karen, Gayle and Sue**  
**Wednesday, August 12 11:00am**

Want to learn a new card/dice game called Florida? Join us for a zoom where we will teach you the game. Have a deck of cards and 2 dice ready.



**Personal Meeting ID: 851 980 0785**  
**Passcode: 1spS4s**

## **"Mingle with Members"**

**Friday, August 14 10:30am - 11:30am**

Come join us in the back parking lot for our "Mingle with Members" hour. This is a chance to get outside and see how your fellow Wayne Township Members and staff are doing. Feel free to bring your own snack and drink.

Call ahead to pre-register and tell us if you'd like a table set up for 2-4 people. Or, you can choose to wander among people while maintaining safe social distance including 6ft separation. Masks can be worn at your own discretion.

*Maximum of 50 people.*

## **"Parking Lot Picnic"**

**Friday, August 21 11:00am - 12:00pm**  
*(Rain Date Monday, August 24)*

Join us for lunch and mingling in the back parking lot! Lunch consists of chicken fingers, roasted potatoes and fruit salad from Sporty's; lunch will be pre-packaged individually. Bottled water and dessert will be provided. Call the Center to pre-register and specify a table set up for 2-4 people.

Please mail in or drop off your payment. If paying with cash, exact amount only.

**Cost: \$10.00/person**  
**Arrive: 11:00am**  
**Lunch: 11:15am**



*Maximum of 50 people.*

**"Drive-In Bingo Rain or Shine"**  
**Tuesday, August 25 10:30am**  
**\$5 per person**

Join us for drive-in bingo in the back parking lot! Stay in your car to play or bring chairs and sit outside your car. Cars will be parked every other space. You must bring your own snack, drink, chair, and marker.

Call the Center to reserve your spot. Please mail in or drop off your payment. If paying with cash, exact amount only.

We will play 10 games allowing only 2 cards per person. We recommend 2-4 people per car.

**Cost: \$10.00/person**

**Games 1-9 prizes: \$20**  
**Game 10 prize: \$40**



*Maximum of 50 people.*

## **Meals for Older Adults**

**Monday, August 31 11:00am - 12:00pm**

The WTSC is partnering with the DuPage Senior Citizens Council dba Kane Senior Council in response to the COVID-19 pandemic to provide meals to seniors through a temporary meal distribution service. This service may conclude at any time.

**If you are 60+ years AND live in DuPage or Kane County you qualify for five frozen meals!!**

Call the WTSC at 630-231-7155 to pre-register. Multiple persons from one home can qualify but EACH PERSON must pre-register.

Pick up your meals at the WTSC; follow the cones and you will be directed where to go. Stay in your car; masks must be worn.

*If you do not pre-register you cannot receive meals. If you already receive meals through this organization, you do not qualify.*