Dear Friends,

Wayne Township Seniors are the most caring and empathetic group. I thank each of you for the good thoughts, prayers, texts, cards and concern sent my way after my recent surgery and rehab. It meant the world to me and I felt surrounded by love and support. The benefits of being part of a group have been proven to help with stress, depression, attitude and healing. The Center serves many functions beside entertainment and activities; we offer opportunities to socialize, support, assist others and to keep the ever important POSITIVE ATTITUDE.

Wayne Township supports our military! We are proud of the many residents of Wayne Township that have served our country and will proudly display your pictures on the wall of our remodeled Center. We also support the people currently serving in harms way, through Operation Support our Troops (OSOT). We have dedicated the month of May to the collection of supplies for care packages, with the goal of collecting 2,000 pounds of supplies. Judy Shanahan spearheads our volunteer efforts for the soldiers, which includes monthly letter writing, the comfort care box collection, and making and stuffing Christmas stockings to be sent overseas. It is a token of our thanks to support these men and women that sacrifice so much for our country. Thank you to all that have contributed in any way.

Please enjoy the new newsletter! Every 3 months, 4 times a year, our new newsletter will be released. We added an extra sheet to give you four more pages; another puzzle, extra calendars and other tidbits. We have put a lot of thought into the newsletter change and think it will benefit all of us.

Wishing you all good health and happiness, XO Gayle

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<thead>
<tr>
<th>June</th>
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<tr>
<td>Wednesday  05</td>
<td>Lunch and “Rick Lindy and the Wild Ones”, Starved Rock, Oglesby, IL</td>
<td>Thursday 01</td>
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<td>Mon.-Wed.  10-12</td>
<td>Oneida Casino and Door County, Green Bay, WI</td>
<td>Wednesday 07</td>
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<td>Thursday 13</td>
<td>Lunch and Family Secrets Tour with Frank Calabrese, Jr., Chicago, IL</td>
<td>Saturday 10</td>
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<td>Wednesday 19</td>
<td>Mystery Trip #14, Anywhere, USA</td>
<td>Monday 12</td>
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<td>Thursday 20, 27</td>
<td>Ceramic Gnome Painting, Senior Center</td>
<td>Wednesday 14</td>
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<td>Friday 21</td>
<td>Chicago Cubs vs NY Mets, Wrigley Field, Chicago, IL</td>
<td>Wed.-Fri. 21-23</td>
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<td>Wednesday 26</td>
<td>Four Winds Casino, New Buffalo, MI</td>
<td>September</td>
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<td>Thursday 27</td>
<td>Winter Trip Ideas 2020 Meeting, Senior Center</td>
<td>Wednesday 04</td>
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<td>Friday 28</td>
<td>COL Cook-In, Senior Center</td>
<td>Thursday 05</td>
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Birthday Certificates

We love giving you the gift of participation!

As of May 1st, we will give each member a $5 birthday gift certificate on his/her birthday; we believe this will be easier to use (in the past we gave a 10% discount off one trip). The certificate must be used within one year on a day trip or center activity.

Join Weight Watchers at the Senior Center

Wednesdays 9:00am - 9:45am

Whether you have five or more pounds to lose, now’s the perfect time to join Weight Watchers. Come check us out! See Karen for details.

Birthday Certificates

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As of May 1st, we will give each member a $5 birthday gift certificate on his/her birthday; we believe this will be easier to use (in the past we gave a 10% discount off one trip). The certificate must be used within one year on a day trip or center activity.

Ceramic Gnome Painting with Gilda Shepard

Thur., June 20 AND/OR June 27 1:00pm - 3:00pm

Check out the adorable gnome samples in Erin’s office. You paint on bisque and the instructor will fire them in the kiln and return them the next week. Choice of gnome with a caterpillar or gnome with a snail. One gnome per class.

Members: $10 per class  Guests: $13 per class
Code: 8035 for June 20th class
Code: 8036 for June 27th class
Minimum: 10 people  Maximum: 30 people

Decorative Painting Tips and Techniques

Mon., July 08 AND July 15 12:00pm - 2:00pm

This is a two week class with Dee Axelosn. Learn techniques for painting flowers, butterflies and birds.

Members: $10  Guests: $13  Code: 8037

Maximum of 10 participants.

Financial Check-Up

Tuesday, July 16 12:00pm - 2:00pm

Join us for a discussion on long term care coverage and financial planning information with Dino Gavanes, Advisors Group, Inc. We encourage you to bring the person who will be involved with your financial planning and care. Lunch is included.

You and your guest must sign up so we know you are coming!

Registration Deadline: July 09, 2019

Maximum of 75 participants.

3-D Canvas Painting with Gilda Shepard

Thursday, July 18 1:00pm - 3:00pm

Several new techniques are used to make the 3-D flower art canvas. See the sample in Erin’s office.

Members: $10  Guests: $13  Code: 8038

Minimum: 10 people  Maximum: 30 people

Self Defense Class

Monday, July 29 at 11:15am

Reduce your vulnerability and the chances of being a target with simple, easy, and effective techniques. No previous experience necessary; anyone can learn these skills!

Please sign up so we know you are coming!

Maximum of 25 participants.

Seeking Winter Trip Ideas 2020

Thursday, June 27 3:00pm

This is your opportunity to help us plan our Winter Getaway! Catherine Swan, of Galaxy Tours, will be at the Center to brainstorm ideas for a getaway in February or March 2020! Now is the time to plan.

Please sign up so we know you are coming!

“The Vietnam War” by Jim Gibbons

Monday, September 23 1:00pm - 2:30pm

The Vietnam War is seen as one of the most controversial wars fought in American history. Historian Jim Gibbons will discuss America’s involvement in the war and its effect on American lives, viewpoints, and the counterculture movement.

Please sign up for this FREE event.
## Activities

### Monday

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<th>Time</th>
<th>Activity</th>
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| 10:00am   | Seated Yoga
  Instructor: Catherine Wagner |
| 10:30am - 12:00pm | Book Club
  June 10
  Sing, Unburied, Sing
  by Jesmyn Ward |
| August 12 | Where the Crawdads Sing
  by Delia Owens |
| July 08   | The Only Woman in the Room
  by Marie Benedict |
|           | Volunteer Chairperson: Rita Applen |
| 12:00pm - 3:00pm | Pinochle
  Pinochle welcomes players of all abilities.
  Volunteer Chairperson: Norris Aycox |
| 12:30pm   | Mexican Dominos
  2nd Monday of the month
  June 10, July 08 and August 12 |
|           | Volunteer Chairperson: Rita Riha |
| 12:30pm   | Movie Day
  1st Monday and Tuesday of the month
  June 03 and 04
  “The Wife”
  A wife questions her life choices as she travels to Stockholm to see her husband receive the Nobel Prize for Literature.
  1 hour 39 minutes. Rated R. |
|           | July 01 and 02
  “A Dog’s Way Home”
  A female dog travels four hundred miles in search of her owner throughout a Colorado wilderness.
  1 hour 36 minutes. Rated PG. |
| August 05 and 06 | “The Upside”
  A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who’s hired to help him.
  2 hours 6 minutes. Rated PG-13. |
|           | All movies require you to sign up! |

### Tuesday

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| 9:00am - 11:00am | Wayne Crafters
  June 04 and 18
  July 02 and 16
  August 06 and 20 |
|           | Volunteer Co-Chairs: Joyce Henkel and Nancy Armdt |
| 9:30am    | Quilters Group
  2nd Tuesday of the month
  June 11, July 09 and August 13 |
| 11:00am   | Total Body Fitness Training
  (except meeting day)
  Instructor: Penny |
| 1:00pm - 3:00pm | Bingo
  3rd Tuesday of the month
  June 18 |
|           | July 30 (5th Tuesday, Bingo Pizza) |
|           | August 20
  Volunteer Callers:
  Jack Rouck, Clint Baker
  Joe Ohins and Frank Reale |
|           | Volunteer Card Sellers:
  Carol Bonkowski and Rita Riha |
| 1:00pm - 3:30pm | Bunco
  1st Tuesday of the month
  June 04, July 02 and August 06 |
|           | Volunteer Chairperson: Rita Riha |
| 12:30pm - 3:00pm | The Game of 31
  2nd and 4th Tuesday of the month
  June 11 and 25
  July 09 and 23
  August 13 and 27 |
|           | Volunteer Co-Chairs: Rosemary and Al Inciso |

### Wednesday

<table>
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| 10:00am   | Senior Brunch Bunch
  Join this fun group of people for an engaging, delightful brunch. The location will vary but the day and time will not.
  You can pick up a schedule of restaurants with addresses at the Senior Center or check the calendar for the Wednesday location. |
## Activities

### Wednesday (continued)

- **Line Dancing** 10:30am - 11:30am
  Line dancing requires no partner and is great for all abilities. You may join at any time.
  - *Instructor: Jim Kotil*

- **Hand & Foot** 12:00 - 3:30pm
  **Pokadice** 12:00pm - 3:00pm
  - *Hand & Foot*
  - *Volunteer Co-Chairs: Barb Marine and Anne Templin*
  - *Pokadice*
  - *Volunteer Co-Chairs: Jean Borisuk and Barb Fink-Suma*

- **Bridge** 12:30pm - 3:30pm
  1st Wednesday of the month
  June 05, July 03 and August 07
  - *Volunteer Chairperson: Doris Karpiel*

### Thursday (continued)

- **Mexican Dominos** 12:30pm
  4th Thursday of the month
  - June 27
  - July 25
  - August 22
  - *Volunteer Co-Chairs: Rita Riha and Dolores Harper*

- **Rummikub** 1:00pm - 3:00pm
  2nd and 4th Thursday of the month
  June 13 and 27
  July 11 and 25
  August 08 and 22
  - *Volunteer Chairperson: Joyce McNeil*

### Friday

- **Tai Chi** 10:00am
  (except 06/28)
  Tai Chi is a gentle flowing exercise routine that is energizing and relaxing; bringing health, vitality and increased balance. You may sit or stand as needed.
  - *Instructor: John Robertson*

- **Knitting & Crocheting** 11:00am
  (except 06/28)
  Join us as we gather to knit and crochet “Happy Hats” for the CDH Cancer Center. If you are not a knitter we can use you too! Hats are available for a free will donation.
  - *Volunteer Co-Chairs: Karen Mahrenholz and Elaine Wierdak*

- **Mah Jongg** 11:15am
  (except 06/28)
  An Americanized Chinese tile game of strategy.
  - *Volunteer Chairperson: Arlene Sebestin*

- **Poker** 12:00pm
  - *Clubs*
  Come play Poker every Friday at the Center.
  Please note you must be able to play poker independently.
**Trips and Events**

**Mystery Trip #14**
**Wednesday, June 19, 2019**
**Anywhere, USA**

A moose, a treasure & a mayor go for a sandwich...
This Mystery Trip will appeal to those that enjoy strolling down memory lane and exploring. There is much to see, hear, taste and touch.

Dress comfortably as we will be outside for a portion of our trip; there will be some walking.

**Choice of entrée at sign-up:**
- Cheeseburger
- Chopped chicken salad
- Reuben sandwich
- Chicken salad croissant

**Bus:** 9:00am  
**Return:** 4:30pm  
**Members:** $27  
**Guests:** $35  
**Code:** 2364  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 06/05/2019

*This trip has a wait list.*

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**Lunch and Pullman Bus Tour**
**Thursday, May 30**
**Bus:** 9:00am

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**Rick Lindy & the Wild Ones and Lunch at Starved Rock Lodge**
**Wednesday, June 05, 2019**
**Oglesby, IL**

Classic Retro Rock of the 1950s, 60s and 70s will be performed by Rick Lindy & the Wild Ones! Relive the sounds of Elvis, Johnny Cash, Jerry Lee Lewis, The Beatles, Tom Jones and many other legendary performers.

A delicious buffet lunch at the lodge is included.

**Bus:** 9:30am  
**Return:** 5:00pm  

*This trip is closed.*

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**Lunch and Family Secrets Tour**
**With Frank Calabrese, Jr.**
**Thursday, June 13, 2019**
**Chicago, IL**

On our one-of-a-kind tour, Frank Jr. will ride the bus with us to see the actual crime scenes he experienced first-hand while working as a member of his father's Chinatown crew. When done with the tour you will have experienced the true meaning of the phrase “the Chicago way”.

Prior to the tour is lunch at Harry Caray’s.

**Choice of entrée at sign-up:**
- Filet slider trio
- Chicken Vesuvio with potatoes and sweet peas
- Pan roasted white fish

**Bus:** 10:00am  
**Return:** 3:00pm  
**Members:** $55  
**Guests:** $70  
**Code:** 2363  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 05/30/2019

*This trip has a wait list.*

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**Chicago Cubs vs. NY Mets**
**Friday, June 21, 2019**
**Wrigley Field, Chicago, IL**

Cheer on your Chicago Cubs!

**Section 225, terrace reserved infield**

**Bus:** 10:00am  
**Return:** 6:00pm  
**Members:** $77  
**Guests:** $90  
**Code:** 2365  
**Activity Level:** Much  

*No Refunds!*

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**Four Winds Casino**
**Wednesday, June 26, 2019**
**New Buffalo, MI**

Price includes:
- Deluxe motor coach
- $10 food credit
- $15 instant slot credit

**Bus:** 8:30am  
**Return:** 5:00pm  
**Members:** $30  
**Guests:** $39  
**Code:** 6164  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 06/12/2019

*This trip has a wait list.*
Trips and Events

Celebration of Life Summer Cook-In
Friday, June 28, 2019
Wayne Township Senior Center

Time to wear your floral shirts and island wear and come PARTY! Edizon Dayo will provide the entertainment; we are counting on you to bring the FUN!

Lunch, provided by Dee’s Catering includes:
- ¼ lb. cheeseburgers
- ¼ lb. beef hot dogs
- Oven baked beans
- Vegetable pasta salad

We will have ice cream sundaes for dessert.

Start: 11:30am
Members: $12
Guests: $15
Code: 7107

Activity Level: Mild
Registration/Refund Deadline: 06/21/2019

A Day at the Races
Thursday, July 11, 2019
Arlington Park, Arlington Heights, IL

Enjoy a day at beautiful Arlington Park Race Track.
Your trip includes:
- Motor coach transportation
- Reserved box seating in the shaded grandstand
- The daily racing guide

Choice of lunch combo at the track:
- Boneless fried chicken
- Smoked BBQ turkey breast
- Roasted cauliflower, mac & cheese, grilled herb focaccia, Caesar salad, chips, watermelon, cookie, and soft drink or water are included.

Bus: 11:30am
Return: 5:30pm
Members: $30
Guests: $39
Code: 2369

Activity Level: Much
Registration/Refund Deadline: 06/27/2019

Chicago Cubs vs. Cincinnati Reds
Wednesday, July 17, 2019
Wrigley Field, Chicago, IL

Cheer on your Chicago Cubs!
Section 223, terrace reserved infield

Bus: 10:00am Return: 6:00pm
Members: $77 Guests: $90
Code 2366 Activity Level: Much

Moretti’s Ristorante Fundraiser
Monday, July 22, 2019
1175 W. Lake Street, Bartlett, IL  60103

Come have lunch and fun with your friends and raise funds for the Senior Center!

Choice of entrée at sign-up:
- Stromboli
- Spaghetti and meatball
- Risotto of the day

Lunch includes soup or salad, dessert, coffee, tea or soda.

Meet: 12:00pm
Members: $22 Guests: $25
Code: 2370 Activity Level: Mild
Registration/Refund Deadline: 07/10/2019

Enjoy the restaurant menu and award winning pizza as a fundraiser for the Senior Center ALL DAY LONG! Orders that mention Wayne Township and show the flyer will earn 15% back to the township! Dine-in, delivery or carry out!

Transportation is on your own!
Café Ba-Ba-Reeba! and “The Miracle” Thursday, July 25, 2019 Royal George Theatre, Chicago, IL

A new musical about family and never losing faith. Set against the backdrop of the Chicago Cubs 2016 championship season, this heartwarming story chronicles the life of a Northside family whose lives for generations have been linked to the Cubbies. As times change, can they keep faith, not just in their team, but each other?

Lunch before the show is at Café Ba-Ba-Reeba!, Chicago’s original tapas restaurant. Lunch is served family style!

Cold tapas include: chicken curry salad, Brussels sprout salad, marcona almonds and manchego cheese. Hot tapas include: goat cheese baked in tomato sauce, mushrooms stuffed with spinach and cheese, and roasted dates wrapped in bacon.

Bus: 8:30am Return: 5:00pm
Members: $30 Guests: $39
Code: 6165 Activity Level: Moderate
Registration/Refund Deadline: 07/10/2019

Chicago Cubs vs. Oakland A’s Wednesday, August 07, 2019 Wrigley Field, Chicago, IL

Cheer on your Chicago Cubs!
Section 223, terrace reserved infield

Bus: 10:00am Return: 6:00pm
Members: $77 Guests: $90
Code: 2368 Activity Level: Much

No Refunds!

Blue Chip Casino Monday, August 12, 2019 Michigan City, IN

Price includes: five hours at the casino, $15 towards lunch, $10 in e-play credit when you reach 1,000 points on players card, and $5 free play.

Bus: 9:00am Return: 6:00pm
Members: $30 Guests: $39
Code: 6166
Activity Level: Moderate
Registration/Refund Deadline: 08/02/2019

Minimum of 25 people.

Fogo de Chão and “Come From Away” Wednesday, August 14, 2019 Cadillac Palace Theatre, Chicago, IL

“Come From Away” is based on the inspiring true story of when the isolated community of Gander, Newfoundland played host to the world. What started as an average day in a small town turned into an international sleep-over when 38 planes, carrying 7,000 people from across the globe, were diverted to Gander’s air strip on September 11, 2001.

Enjoy an incredible lunch prior to the show at Fogo de Chão. Lunch includes the 40 item gourmet market table featuring vegetables, salads, fruits, charcuterie, soup, etc., 6 cuts of fire roasted meats featuring beef, chicken and pork, 4 sides of garlic mashed potatoes, crispy polenta, Brazilian cheese bread, caramelized bananas, dessert and a beverage.

Bus: 10:30am Return: 6:00pm
Members: $72 Guests: $85
Code: 2372
Activity Level: Much
Registration/Refund Deadline: 07/24/2019

This trip has a wait list. No Refunds!
Trips and Events

Lunch at The Berghoff and “The Band’s Visit”
Wednesday, September 04, 2019
Cadillac Palace Theatre, Chicago, IL

In this delightfully offbeat story, set in a town way off the beaten path, a band of musicians arrives lost. Under the spell of the desert sky, the band brings the town to life in unexpected and tantalizing ways. Even the briefest visit can stay with you forever.

Prior to the show is lunch at The Berghoff.

Choice of entrée at sign-up:
- Corned beef Reuben
- Grilled veal bratwurst on a Bavarian pretzel roll
- Spinach and artichoke panini

Bus: 10:30am
Return: 5:30pm
Members: $70
Guests: $85
Code: 2373
Activity Level: Much
Registration/Refund Deadline: 08/14/2019

Lunch and “The Buddy Holly Story”
Thursday, September 05, 2019
Fireside Theatre, Fort Atkinson, WI

Before the Beatles and the Rolling Stones ever played a note, popular music was forever changed by a bespectacled kid from Lubbock, Texas - Buddy Holly!

Watch his story explode in a toe-tapping, hand-clapping extravaganza telling the true story of Buddy Holly’s short yet spectacular career, featuring “That’ll Be the Day,” “Peggy Sue,” “Oh Boy,” as well as The Big Bopper’s “Chantilly Lace,” Ritchie Valens’ “La Bamba,” and more!

The menu includes: butternut squash soup, freshly baked bread, roast boneless pork chop, crouton dressing with sauerkraut and sausage, whipped Yukon gold potatoes with gravy, corn O’Brien, a medley of fresh fruits on Creme Anglaise, coffee, tea and milk.

Bus: 8:00am
Return: 6:00pm
Members: $80
Guests: $100
Code: 2374
Activity Level: Moderate
Registration/Refund Deadline: 08/15/2019

COL Honoring Members 90+
Thursday, September 12, 2019
Wayne Township Senior Center

All members are invited to our special Celebration of Life honoring our wonderful members that are 90 years old plus! If you are 90 plus, please check the mail for your invitation to be our guest.

Our entertainer, Jeorge Holmes, will be singing all the favorites!

Catered lunch by Dee’s includes: tossed garden salad, chicken Kiev, tender beef carbonade, au gratin potatoes and buttered baby carrots.

Start: 11:30am
Members: $12
Guests: $15
Code: 7108
Activity Level: Mild
Registration/Refund Deadline: 08/29/2019

Potawatomi Bingo & Casino
Tuesday, September 17, 2019
Milwaukee, WI

Price includes: four hours of gaming, additional $10 when 100 slot points received, half price buffet and $20 slot play.

Bus: 8:30am
Return: 5:00pm
Members: $30
Guests: $39
Code: 6167
Activity Level: Moderate
Registration/Refund Deadline: 09/10/2019

Minimum of 30 participants.

Onesti’s Wild West Town and Lunch
Wednesday, September 18, 2019
Union, IL

Hey Partner! Ron Onesti, known from The Arcada Theater in St. Charles, has taken over the Wild West Town in Union, Illinois. Let’s go check it out!! We will have some time to explore the Wild West Town and enjoy lunch and a show at Be Bop a Lula’s Rockabilly Café!

Lunch includes: BBQ chicken and pulled pork, mac’n cheese, garden salad, cornbread and soft drinks.

Bus: 10:00am
Return: 3:00pm
Members: $55
Guests: $65
Code: 2375
Activity Level: Moderate
Registration/Refund Deadline: 08/15/2019
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<td>10:00 Seated Yoga</td>
<td>9:00 Wayne Crafters</td>
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<td>9:00 Pace Fit</td>
<td>10:00 Tai Chi</td>
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<td>12:00 Pinochle</td>
<td>11:00 Total Body Fit</td>
<td>9:30 Rick Lindy</td>
<td>10:00 BB: Brunch Café</td>
<td>11:00 Knitting</td>
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<td>12:30 Movie Day</td>
<td>12:30 Movie Day</td>
<td>10:00 BB: Dino’s Café</td>
<td>10:30 Line Dancing</td>
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<td>1:00 Bunco</td>
<td>12:00 Cards</td>
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**Note:** Wednesday 10:00 BB represents Brunch Bunch

**Boats and Bets**

- 8:45 BP Testing
- 9:30 Meeting Day (Monetary Donations)
- 10:00 Seated Yoga
- 12:00 Pinocchio

**New Newsletter!**

- New Newsletter!
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**Note:** Wednesday 10:00 BB represents Brunch Bunch.
**Overnight Trips & Trip Info**

**Oneida Casino and Door County**

3 Day / 2 Night Getaway  
Mon. June 10 - Wed. June 12, 2019  
Green Bay, WI

Enjoy two nights at the Radisson Inn/Oneida Casino, $30 in free play at Oneida Casino, Tuesday trip up and down Door County, dinner at the Nightingale Supper Club and more!

**Bus: 8:00am**  
**Return: 5:00pm**

**This trip has a wait list.**

**Galaxy Tours Presents Boats and Bets**

Wed. August 21 - Fri. August 23, 2019

Your trip includes:
- 2 nights at Belterra Casino, Florence, IN featuring a spa and salon, public golf course, shopping, outdoor pool and fitness center
- A visit to the Indianapolis City Market, a 100-year-old facility with shops and food
- The Ark Encounter featuring a full size Noah’s Ark, built according to the dimensions given in the Bible
- A trip to Ameristar casino
- $20 players money
- 2 breakfast buffets and 2 dinner buffets

*Double/pp: $351 (insurance $25/pp)*  
*Single/pp: $451 (insurance $34/pp)*  
*Triple/pp: $332 (insurance $25/pp)*

**Galaxy Tours: Niagara, the Cape and Boston**

Tue. September 24 - Tue. October 01, 2019

Your 8 day/7 night trip includes:
- 2 nights in Ontario, Canada
- A visit to the Niagara Falls, Ontario Canada side
- A trip to the Fallsview Casino and a buffet lunch
- Dinner atop the Skylon Tower’s rotating dining room with a spectacular view of the falls
- 4 nights in Cape Cod
- Visits to Hyannis, Plymouth and Sandwich; view the Kennedy compound, see Plymouth Rock, and enjoy a visit and tour of the AD Makepeace Cranberry Bog, the largest grower-owner of Ocean Spray Cranberries
- Visits to Boston, the Outer Cape and Provincetown; see the USS Constitution, the Old North Church, JFK Presidential Library Museum, sand dunes, lighthouses, windmills and more!
- A whale watch
- 13 meals, including an Irish dinner, clambake and two lobster dinners

*Double/pp: $1,225*  
*Single/pp: $1,500*  
*Triple/pp: $1,146*  
*Insurance $82/pp*

To sign up, please fill out Galaxy Tours form.

Deposit of $50/pp due by 08/09.  
Final payment due by 08/24.  
Check is made payable to Galaxy Tours.  
VALID U.S. PASSPORT REQUIRED!  
Minimum of 30 travelers by August 09.

**Activity Guide**

Please remember walking levels are subjective.  
Mild..............on/off the bus once  
Moderate.......on/off the bus once (larger venues)  
Much...............on/off the bus more than once

**Mobility Limitations?**

We understand some persons may have mobility concerns. We will accommodate your special needs with wheelchair lift buses. Simply inform us of your request at the time of sign up. Thank you.

**Guests of members are allowed to sign up for ALL new trips beginning**

**Tuesday, June 11, 2019.**

To sign up, please fill out Galaxy Tours form.  
Deposit of $50/pp due by 07/10.  
Final payment due by 08/07.  
Check is made payable to Galaxy Tours.  
Minimum of 25 travelers by July 10.
Dear Seniors,

As many have heard, come 2020 there will no longer be any first dollar Medicare Supplement Plans. These are Plan C, F, and high deductible F. These plans are being discontinued because some members of Congress believe some beneficiaries are over-using healthcare services because the above plans don’t have any out of pocket expenses. By making everyone pay the Medicare Part B deductible, it will discourage people from running to the doctor for minor ailments.

Alternatives for Plan C is Plan N and for Plan F is Plan G. Plan G has already become very popular and may be a cheaper alternative than Plan F. Plan G covers everything that Plan F covered after you pay the part B deductible. On the bright side, the part B deductible is $185 in 2019 and may actually save you money without forfeiting benefits. However, anyone who is Medicare eligible, turning 65 before January 1, 2020 can still choose Plan F or C, if they want.

If you enjoy helping people and are looking for a volunteer opportunity, please consider becoming a S.H.I.P. Counselor. Please see Karen for details.

If you have any Medicare concerns, schedule an appointment with one of our S.H.I.P. Counselors.

Stay Healthy!
Your S.H.I.P. Counselors

---

**Life Saver #43 From Dr. Tom**

10 Superstars... For Better Health!

1. **Sweet Potatoes** - a good source of potassium
2. **Mangoes** - provide vitamin A, vitamin C, potassium and fiber
3. **Plain 0% Greek Yogurt** - source of protein
4. **Broccoli** - loaded with vitamin C, vitamin K, carotenoids and folate
5. **Wild Salmon** - rich in omega-3 fats
6. **Oatmeal** - source of fiber
7. **Garbanzo Beans** - rich in protein, fiber, copper, iron, potassium and zinc
8. **Watermelon** - provides vitamin A, vitamin C, potassium and lycopene
9. **Butternut Squash** - lots of vitamin A, vitamin C and fiber
10. **Leafy Greens** - loaded with vitamin A, vitamin C, folate, potassium, iron, calcium and fiber

For more information, check out the literature rack in the Senior Center.

---

**Volunteer your time and have some fun!**

We are looking for volunteers to staff the 4th of July Bartlett Bingo Tent. Volunteers are needed Friday, July 5th or Saturday, July 6th.

Information/Sign-Up sheet in the Senior Center.

---

**Wii Bowling; April 2019**

1st: Wii Won.................................................. 186 average
2nd: Wii Wi’s.................................................. 179 average
3rd: Wii Bowls............................................... 173 average
4th: Wiggles ................................................ 172 average
5th: Wii 4.................................................... 169 average
6th: Wii Wild............................................... 122 average
7th: Wii-R-Strikers................................. 113 average

High Scores, April
June Diaz.................................................... 268
Gerry Sodemann........................................ 247
Hal Hoffman................................................. 246
Hal Hoffman................................................. 238

High Scores, 2019
Gloria Campo............................................. 288
Gloria Campo............................................. 275
June Diaz.................................................... 268
Gerry Sodemann......................................... 267

---

When we think of those companions
Who traveled by our side
Down life’s road
Let us not say with sadness
That they left us behind -
But rather say with gratitude
That they were once with us.

Fran Kotil
Lynn Ryerson
Sophie Sikorski

---

Thank you to all artists who let us display your work and brighten the Center!
If you have artwork you would like to display in the Senior Center, please see Gayle.
Happy Birthday!

June
Patricia Bishop 06/01
Hansa Patel 06/01
Mary Mlynarski 06/02
Halina Morgan 06/02
Barbara Ogorek 06/02
Dolores Sansone 06/02
Gunda Richter 06/03
Linda Assise 06/04
Santa Campobasso 06/05
John Jaeger 06/05
Darlene Jones 06/05
Evelyn Bautista 06/06
June Diaz 06/07
Mary Tremmel 06/10
Anna Mae Hutson 06/12
Kerry Perry 06/12
William Axelson 06/13
Bridget Jardis 06/13
Karen Starzyk 06/13
Nancy Froelich 06/14
Jacqueline Tomasos 06/14
Kathleen Gannon 06/15
Jack Rouck 06/15
Joseph Banno 06/16
Angeline Phillips 06/16
Geraldine Sodemann 06/16
Bonnie Sethna 06/17
Richard Henkel 06/18
Betty Lou Blank 06/18
Gerry Conte 06/19
Leticia Dino 06/19
Myra Kiely 06/19
Mary Nevera 06/19
Catherine Paul 06/19
Martin Szalay 06/19
Annette Porretta 06/20
Kristine Schlechter 06/20
William Babay 06/21
Peggy Benton 06/21
Linda Claud 06/21
Ruth Green 06/22
Judith Hanauhan 06/22
Marty Morse 06/22
Joyce Rawlings 06/22
Gopal Modi 06/23
Robert Briggs 06/23
Donald Mielke 06/24
Liz Ellison 06/25
Helen Gumble 06/25
Gary McKown 06/25
Karen Carlson 06/26
Christine Benjamin 06/27

June (continued)
Barbara Fink-Suma 06/27
Martha Hadzima 06/28
Mary Bellin 06/29
Pat Gnofo 06/29
Ria Hartjes 06/29
Leonard Skrobutt 06/29
Patricia Slizewski 06/29
Patti Parker 06/30
Leo Smoot 06/30

July
Sharon Brinkman 07/01
Ellen Sietmann 07/01
Linda Storck 07/01
Gail Cassettari 07/02
Maria Gueva 07/02
James Hubberts 07/02
Elizabeth Salazar 07/02
Sherry Olsen 07/02
Sue Stocks 07/04
Raymond Lorch 07/05
Penny Kukovec 07/06
Rose Marie Morales 07/11
Irene Fawsitt 07/07
Louis Graf 07/07
Judith Gracyas 07/08
Janice Rafie 07/08
Kathy Szalay 07/08
Dora Gibellina 07/09
Martha Rouck 07/09
Linda Johnson 07/10
Lya Zinn 07/10
Nancy Arndt 07/12
Kim Lee 07/12
Michael Kukovec 07/13
Tony Santoro 07/13
Patricia Walker 07/13
Richard Jendrycki 07/14
Gerald Nordengren 07/15
Patricia Musson 07/16
Susan McKown 07/16
Charles Essig 07/19
Rochelle Pybylski 07/19
Josephine Uy 07/19
Marianne Cordell 07/20
Monika Schutte 07/20
Christina Gozdeki 07/21
Lynda Alcarez 07/22
Frances Belzone 07/22
Virginia Dziedzic 07/22
Patricia Konishi 07/22
Annette Lobrillo 07/22

August
Donna Donofrio 08/01
Cathryn Keiler 08/01
Joseph Bird 08/02
Jeanette Martin 08/02
Mary Messina 08/02
Barbara Petry 08/02
Stella Sawko 08/02
Joyce Stahl 08/02
Delores Katavic 08/03
Rhonda Marclen 08/03
Mary Palmisano 08/03
Richard Wadda 08/03
Sharon Baran 08/04
David Konishi 08/04
Donna Fish 08/05
Madalyn Worley 08/08
Cheryl Romano 08/09
Richard Jendrycki 08/09
Mary Meyers 08/09
Andy Watson 08/09
William Boyle 08/10
Charles McDonough 08/10

August (continued)
Shirley Mirrilees 08/10
Anne Templin 08/10
Chris Magnatowski 08/11
Chuck Mikutis 08/11
Eleanor Franken 08/13
Geraldine Laudick 08/13
Thomas Jacek 08/14
Barbara Los 08/14
Annette Ruenzi 08/14
Charlotte Turnbull 08/14
Ghausia Ghiaasuddin 08/15
Janice Pertuit-Evans 08/15
Helen Chen 08/16
Carol Hokenson 08/16
Jolanta Mikutis 08/17
Richard Sietmann 08/17
Doreen Volkman 08/17
Carol Glen 08/18
Dolores Harper 08/19
Kathleen Nevera 08/19
Alyce Stelzer 08/19
Robert Brown 08/20
Barbara MacFarlane 08/20
Darcy Brisco 08/21
Harriett Kunesh 08/21
Thomas Ray 08/21
Frank Regio 08/21
Kenneth Wisthoff 08/21
Frank Brady 08/22
Marion Eckholm 08/23
Margaret Murphy 08/23
Tanya Parker 08/23
Joseph Gomilar 08/25
Emily Routhier 08/24
Maria Laterza 08/25
Thalia Puncoccar 08/25
Cheryl Romano 08/26
Janice Tremelling 08/26
Ronald Donofrio 08/27
Wynnene Dudek 08/27
Kristine Hogan 08/27
Smita Modi 08/27
Carol Dwyer 08/28
Jan Orberg 08/28
Lillian Ryvold 08/28
Shirley Dowbleid 08/29
Mike Eberhardt 08/29
Gabriel Flores 08/29
Rosalie Coduto 08/30
Ann Cristino 08/30
Steven Hall 08/31
Terry Huber 08/31
Lenore Petit 08/31
Volunteers and New Members

Volunteers for March / April 2019

Sue Allen               Dora Gibellina               Patricia Perea
Nancy Arndt              Joel Glenn                  Rosalie Perez
Ray Arndt                Joseph Gomilar                Joyce Podrza
Norris Aycox             Karen Gomilar                Cathy Polglaze
Clint Baker              Ruth Green                   Theresa Ptaszek
Jeanine Baker            Dolores Harper                Geri Ranieri
Sharon Baran             Joyce Henkel                  Frank Reale
Harriet Bender           Richard Henkel                Marie Rebmann
Patricia Bishop          Cheryl Holland                Frank Regiro
Thomas Bishop            Albert Inciso                  Wivina Regiro
Georgene Blandi          Rosemary Inciso               Rita Riha
Carol Bonkowski          John Jaeger                   Debbie Riley
Jean Borisuk             Mary Jaeger                   Jack Rouck
Frank Brady              Verla Jefferson              Martha Rouck
Sharon Brinkman          Dale Kavanagh               Anna Scaccia
Kathy Budde              Mary Kavanagh                 Lynn Schwartz
Anne Cadelina            Rita Kitching                 Ruth Sear
Geraldine Cardinal       Patricia Konishi               Arlene Sebestin
Eileen Carrier           Jerrold Kotil                  Judy Shanahan
Maria Cerda              Joan Kutyba                   Geraldine Sodemann
Nancy Cicero             Elaine LaPierre              Wild Bill Sodemann
Christine Cloutier       Maria Laterza                 Janice Stevenson
Jane Coconate            Chris Magnatowski          Kathy Szalay
Ann Cristino             Karen Mahrenholz            Martin Szalay
Joseph Dandre            Barbara Marine                Constance Szarszo
Don Dattalo              Joyce McNeil                  Jean Szwaya
Janet Dattalo            Joan Mruk                    Anne Templin
Leticia Dino             Carol Nelson                  Pauline Thomas-Brown
Susan Eaton              Richard Nelson                Alice Tinnes
Barbara Eick             Barbara Nimmo                 Ester Velasquez
Joan Feigel              Arlene Ohins                  Andy Watson
Rosemarie Feld           Joseph Ohins                  Joanne Watson
Barbara Fink-Suma        Joanne Ohlhaber              Geraldine Weyerstrahs
Iris Gargano             William Ohlhaber              Elaine Wierdak
G housia Ghiasuddin

Volunteer Opportunities

Shredding for Animal Shelter, Senior Center
June 06, July 11 and August 08 at 1:00pm

Cards for Soldiers, Senior Center
June 14, July 19 and August 16 at 1:00pm

Phil’s Friends, 1350 Lake Street, Roselle
June 20, July 18 and August 15 at 9:30am

Christmas stockings for soldiers can be made and brought to the center all year long.

Volunteer Chairperson: Judy Shanahan

New Members

March / April 2019

Teresita Castor
Holly Cowan
Charles Essig
Gabriel Flores
Ralph Harris
Pamela Hunt
Chong Kim
David Konishi
Mary Lahey
Luanne Lawrence
Barbara Los
Laurence Los
Donald Mielke
Melba Mielke

Volunteers for March / April 2019

Nancy O’Connor
Gerald Park
Mary Park
Catherine Paul
Fred Preiss
Mary Beth Sheppardson
Karen Starzyk

**PUNDEL FUN**

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March, 2019
50/50 Winners:
Pat Reid
Geri Weyerstrahs
Joel Glenn
Joyce Henkel

100 Club Winners:
Cheryl Romano #25
Georgene Blandi #92
Denise Higgins #20

Pay It Forward Honorees:
Clint Baker
Joanne Ohlhaber

April, 2019
50/50 Winners:
Pat Reid
Jean Pinch
Pat Konishi
Hal Hoffman

100 Club Winners:
The Siemons #79
Jeanine Baker #44
Norris Aycox #51

SUDOKU #505

Answer Key

<table>
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<td>5</td>
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</tbody>
</table>
A Message From the Supervisor

630-231-7140

THANK GOODNESS!

You may have noticed that construction has started. Both sides of the building are being worked upon so be careful as you enter and drive around the parking lot. It is anticipated that these projects will finish by the end of July; then we can start fixing the parking lot. A lot of activity is happening as we get things in order here at the township!

We have a new township deputy sheriff, Millie Stejskal. Millie has a good amount of experience and has a connection to Wayne Township. I will make sure she makes her appearances at the Senior Center. You are really going to like her!

Unfortunately HB348 has made its way to the Governor’s desk. This bill deals with townships in McHenry and Lake County. The bill dealing with townships in DuPage County died in sub-committee. I appreciate all of your efforts to voice your opinion against this legislation. I have contacted the Governor’s office to let him know of our opposition to this bill.

Eventually summer is going to get here. The children will be out of school so keep an eye out for them as they start running around. As the weather gets warmer, be sure to have your vehicles checked and that they are in good order. Proper fluid levels, tire air pressures and working air conditioners are important so that you don’t break down. This also applies to your homes; be sure your air conditioners are working properly or that you have a plan in case something goes wrong. The township will be a great place to cool down!

Don’t forget the Wayne Township Reuse/Recycle/Shred Event on Saturday, August 10th from 10am - noon. We will be collecting tattered American flags, inkjet cartridges, batteries (except household), eye glasses, cell phones and textiles such as sheets, purses, shoes, rags, towels, clothing…. Textiles will either be reused or recycled. Document shredding is limited to two boxes per car.

Be Safe,
Randy Ramey, Wayne Township Supervisor

General Assistance and Food Pantry

630-231-7173

Food Pantry Expansion Project- Please pardon our dust as we continue with the expansion of our food pantry. It is going well and we hope the weather cooperates so we can be ready to open our doors by the beginning of September.

Clothes Closet- Due to the food pantry and senior center renovation projects, our clothes closet is closed for donations and distribution. We will start accepting donations by mid-August. Please check the bulletin board by the General Assistance Office for exact dates.

We ask that you save your new/gently used clothing, shoes, household items, jewelry, linens, etc. and stay tuned for our drop off dates.

Volunteers- We are still looking for volunteers who will be ready to help in our food pantry and clothes closet when we re-open later this year. We also have a need for on-call volunteers to cover the phones in our office. Please call us for tentative dates and specific volunteer assignments.

Expansion Project Fundraiser- We are continuing to seek out funding donations to help pay for the food pantry expansion project. 100% of the donated funds will be used to pay for expansion costs. We are a not-for-profit organization and your donation can be deducted per IRS rules.

Volunteer Fundraiser Needed- We have a need for a volunteer to help raise awareness about our expansion projects and be in charge of distributing flyers throughout our community. Please call Juanita for more information.

Energy Assistance Program- NicorSharing is currently taking applications for assistance with Nicor bills. One-time annual grants are given, with no requirement to be paid back, to qualified residential customers who meet the required income guidelines. The Nicor Gas Sharing Program is administered by the Salvation Army and funded through direct contributions from Nicor Gas customers and employees. Please call 630-377-2769 ext. 209 for information.

Project Backpack- Starting in July we will be offering you an opportunity to sponsor a child with a backpack filled with school supplies. The cost for each backpack is $16 and you may sponsor as many children as you would like. The backpacks will be distributed during our “Back to School” food distribution event in early August. Call our office for more information.

When you shop through smile.amazon.com, log into your Amazon account as usual, and select “Wayne Township Pantry and Senior Services, NFP” as the recipient of your donation. Then carry on with your shopping!

Thank You!- We want to thank all of you who have donated funds toward the food pantry at every senior monthly meeting. To date, you have raised approximately $2,100 of the $4,000 estimated cost to restock the pantry when we re-open.

How Can You Help?- We need to build new relationships with local business partners who may want to support our seniors and low-income programs in various capacities. If you know any local business owners who may be looking for an opportunity to partner with a community organization, please refer them to us. Many township residents and businesses do
About Our Members

An early job when I was 17 or 18 years old was as a restaurant server. One customer found fault with everything I did; the salad didn’t have enough dressing, the coffee was cold, etc., etc. One day, when he complained about the spaghetti I served, I had enough and dumped the noodles on his head. Of course I was terminated on the spot, but his dining companions all laughed and said he deserved it. To this day I don’t know if I got a tip; what do you think?

-Marion Canino

I love to travel. I have visited all 50 states, 9 provinces and 1 territory in Canada and 9 European countries. I’ve gone as far South as Colombia, South America. I traveled to 14 states and Canada riding my own motorcycle.

-Joyce McNeil

I’m Queen Mother of the Red Hat Chapter of Carol Stream; ask me about our activities. I love to sing in church and I crochet. I enjoy making hats for cancer patients through the Senior Center, we’ve made over 7,000!

-Letty Dino

Senior Technology and Computer Classes: Thank you for participating in these classes! We will not be running classes over the summer. Classes will resume in late August 2019. Keep your eyes open for updates on days, times and topics.

Individual, Couples & Family Therapy is available in English and Spanish, addressing family conflict, depression, anxiety, marital problems, stress, adjustment to change, grief, and more. Fees are available on a sliding scale for eligible clients. Call WAYS for information.

Tutor needed: Are you a retired teacher? WAYS is looking for additional tutors to work with elementary, middle, or high school students. Flexible schedule; choose your days and hours! You must pass a background check and provide three letters of recommendation.

Allison Kowieski, Director, WAYS
### Trip Descriptions

<table>
<thead>
<tr>
<th>Date</th>
<th>Trip Description</th>
<th>Trip Code</th>
<th>Member Cost/guest</th>
<th>Meal Choices</th>
<th>Discount Applied</th>
<th>Amount</th>
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<tbody>
<tr>
<td>6/5</td>
<td>Rick Lindy and Lunch @ Starved Rock, Oglesby</td>
<td>2362</td>
<td>$49/$62</td>
<td>NO</td>
<td>REFUNDS</td>
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<td>6/21</td>
<td>Chicago Cubs vs NY Mets, Section 225, Wrigley Field</td>
<td>2365</td>
<td>$77/$90</td>
<td>NO</td>
<td>REFUNDS</td>
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<tr>
<td>6/26</td>
<td>Four Winds Casino, New Buffalo, MI</td>
<td>6164</td>
<td>$30/$39</td>
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<tr>
<td>8/7</td>
<td>Chicago Cubs vs Oakland A's, Section 223, Wrigley Field</td>
<td>2368</td>
<td>$77/$90</td>
<td>NO</td>
<td>REFUNDS</td>
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<tr>
<td></td>
<td>100-Club renewal for 6/2019</td>
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<td>$20</td>
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### NEW TRIPS RELEASED IN MAY NEWSLETTER BELOW

<table>
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<tr>
<th>Date</th>
<th>Trip Description</th>
<th>Trip Code</th>
<th>Member Cost/guest</th>
<th>Meal Choices</th>
<th>Discount Applied</th>
<th>Amount</th>
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<tr>
<td>6/20</td>
<td>Gnome ceramic painting with Gilda, Senior Center</td>
<td>8035</td>
<td>$10/$13</td>
<td>caterpillar</td>
<td>snail</td>
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<tr>
<td>6/27</td>
<td>Gnome ceramic painting with Gilda, Senior Center</td>
<td>8036</td>
<td>$10/$13</td>
<td>caterpillar</td>
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<tr>
<td>6/28</td>
<td>COL Summer Cook-In, Senior Center</td>
<td>7107</td>
<td>$12/$15</td>
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<tr>
<td>7/8 and 7/15</td>
<td>2 Session Painting with Dee, Senior Center</td>
<td>8037</td>
<td>$10/$13</td>
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<tr>
<td>7/11</td>
<td>Arlington Racetrack, Arlington Heights</td>
<td>2369</td>
<td>$30/$39</td>
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<tr>
<td>7/18</td>
<td>3-D Canvas Painting with Gilda, Senior Center</td>
<td>8038</td>
<td>$10/$13</td>
<td>stromboli</td>
<td>risotto</td>
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<tr>
<td>7/22</td>
<td>Moretti's Fundraiser, Bartlett</td>
<td>2370</td>
<td>$22/$25</td>
<td>spaghetti</td>
<td>risotto</td>
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<td>7/24</td>
<td>Four Winds Casino, New Buffalo, MI</td>
<td>6165</td>
<td>$30/$39</td>
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<td>7/25</td>
<td>&quot;The Miracle&quot; &amp; Café Ba-Ba-Reeba!, Chicago</td>
<td>2371</td>
<td>$78/$90</td>
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<td>7/28</td>
<td>Blue Chip Casino, Michigan City, IN</td>
<td>6166</td>
<td>$30/$39</td>
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<tr>
<td>8/14</td>
<td>&quot;Come From Away&quot; &amp; Fogo de Chão, Chicago</td>
<td>2372</td>
<td>$72/$85</td>
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<td>8/21 - 8/23</td>
<td>Boats and Bets, Indiana</td>
<td>Use Galaxy Form</td>
<td>Use Galaxy Form</td>
<td>single $451 double $351 triple $332</td>
<td>insurance $34 insurance $25 insurance $25</td>
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<tr>
<td>9/4</td>
<td>&quot;The Band’s Visit&quot; &amp; Berghoff, Chicago</td>
<td>2373</td>
<td>$70/$85</td>
<td>Reuben</td>
<td>panini</td>
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<tr>
<td>9/5</td>
<td>&quot;Buddy Holly&quot; and Lunch @ Fireside, Ft Atkinson, WI</td>
<td>2374</td>
<td>$80/$100</td>
<td>Bratwurst</td>
<td>panini</td>
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<tr>
<td>9/12</td>
<td>90+ COL, Senior Center</td>
<td>7108</td>
<td>$12/$15</td>
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<tr>
<td>9/17</td>
<td>Potawatomi Casino, Milwaukee, WI</td>
<td>6167</td>
<td>$30/$39</td>
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<tr>
<td>9/18</td>
<td>Wild West, Lunch and Show @ Be Bop a Lula’s, Union</td>
<td>2375</td>
<td>$55/$65</td>
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<tr>
<td>9/24 - 10/1</td>
<td>Galaxy Tours Niagara, the Cape, Boston &amp; Lobstlah!</td>
<td>Use Galaxy Form</td>
<td>Use Galaxy Form</td>
<td>single $1,500 double $1,225 triple $1,146</td>
<td>insurance $82 insurance $25 insurance $25</td>
<td></td>
</tr>
</tbody>
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