Hello dear friends,

This newsletter will cover Senior Center activities for March, April, May and into June. We hope you survived our rather mild winter without many bumps and are looking forward to participating in our many offerings. Our recent presentation on Aging and Memory reminded us that staying active, involved and social is a great tactic for keeping sharp and youthful! Wayne Township offers something for all interests.

Wayne Township Seniors support our Military! We proudly display Wayne Township Veterans’ pictures on our Hall of Honor at the Center. The month of May is dedicated as a collection month for supplies for care packages to send to soldiers in harm's way, again working with OSOT, Operation Support Our Troops. At the April 28th meeting, we will have a list available of the desired supplies and will collect them the entire month of May. The soldiers have been very grateful for the care packages, letters and Christmas stockings sent from Wayne Township. Judy Shanahan, who spearheads our volunteer efforts, has received many thank you notes from the appreciative soldiers. Thank you in advance for supporting the deserving project!

XO Gayle

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<th>February</th>
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<th>March</th>
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<tr>
<td>Thursday</td>
<td>27</td>
<td>Lunch and a Murder Mystery, Chocolate Sanctuary, Gurnee, IL</td>
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<td>USA Decorative Plate, Senior Center</td>
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<td>March</td>
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<td>Lunch and “An American in Paris”, Drury Lane Theatre, Oakbrook Terrace, IL</td>
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<td>Lunch and Hoedown with “Patsy Cline”, Senior Center</td>
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<td>Exercise for Mental Muscle, Senior Center</td>
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<td>Potawatomi Bingo, Milwaukee, WI</td>
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<td>“Just Lunch” from Dogfather Hotdogs, Senior Center</td>
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<td>DuSable Museum and Lunch at Pearl’s Place, Chicago, IL</td>
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<td>Rules of the Road Class, Senior Center</td>
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<td>Chat with Supervisor Randy Ramey, Senior Center</td>
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<td>Tuesday</td>
<td>17</td>
<td>St. Patrick’s Day Party, Senior Center</td>
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<td>Monday 13</td>
<td>Self Defense Class, Senior Center</td>
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<td>Tuesday 13</td>
<td>Mother’s Day Tea with “Mae West”, Senior Center</td>
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<td>Thursday</td>
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<td>Ceramic Easter Plates, Senior Center</td>
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<td>Monday 13</td>
<td>Doo Wop with the Convertibles and Lunch, White Fence Farm, Romeoville, IL</td>
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<td>Monday 20</td>
<td>Ceramic Fairy House, Senior Center</td>
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<td>Thursday</td>
<td>26</td>
<td>Catholic Church Tour and Lunch at Staropolska, Chicago, IL</td>
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<td>Monday 20</td>
<td>Tech Advice with Your Local Librarian, Senior Center</td>
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<td>Monday 18</td>
<td>REAL ID Presentation, Senior Center</td>
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<td>April</td>
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<td>Wednesday 15</td>
<td>Driver Safety Program, Senior Center</td>
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<td>Tuesday 19</td>
<td>Lunch and Musical Show “Top 10”, Rosewood Musical Theatre, Delavan, WI</td>
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27W031 North Avenue West Chicago, IL 60185 Hours: M - F 8:00am - 4:00pm
(630) 231-7155 wtseniors@waynetwp-il.org
Look What’s New!

Senior Meetings 9:30am (door opens at 8:45am)

Tuesday, March 31
Bingo / Pizza

Tuesday, April 28
Operation Support Our Troops Collection Kick-Off

Tuesday, May 26
Patriotic Entertainment

Humanitarian Chairperson: Georgene Blandi

Food Pantry: Monetary Donations and/or:
March ...Sugar and Salt
April ....Canned Fruit
May .....Toothpaste and Mouthwash

Join Weight Watchers at the Senior Center
Wednesdays 9:00am - 9:45am
Come check us out!

Interested in the Game of “HEARTS”?
Looking for fellow “HEARTS” players.
Please sign up!

“Just Lunch”
Come to the center and enjoy “just lunch”... no entertainment and no special table arrangement. You can sit where you please, stay for a while and chat or eat quickly and skat!
We will feature a new meal each month.

You must purchase tickets in advance.

Exercise for Mental Muscle
March 05 3:00pm - 3:45pm
Join John Robertson in this class that can make learning easier and more fun, and recollection quicker and more vivid. Please sign up!

Rules of the Road
Monday, April 13 9:30am - 11:30am
A review class to prepare for the written and road test. New Laws will be discussed. Please sign up!

Self Defense Class
Monday, April 13 11:00am
Reduce your vulnerability and the chances of being a target with simple, easy, and effective techniques. No previous experience necessary; anyone can learn these skills!
Please sign up so we know you are coming!

Maximum of 25 participants.

Tech Advice With Your Local Librarian
Monday, April 20 2:00pm - 3:30pm
Sign up for a 15 minute, one-on-one session.

Chat With Supervisor Randy Ramey
Wednesday, May 06 10:00am
Please sign up so we know you are coming!

Driver Safety Program
Thur., May 14 and Fri., May 15
This course could save you money on your auto insurance.
Start: 9:00am End: 1:00pm
AARP Members: $15 Non-Members: $20
Registration/Refund Deadline: 04/30/2020
Make checks payable to AARP.

REAL ID Presentation
Monday, May 18 1:00pm
What you need to know about the Illinois REAL ID Program
For Illinois residents who fly domestically, effective October 1, 2020 the federal government will require you to use a valid U.S. passport or obtain a REAL ID from the Illinois Secretary of State’s office.
A representative from the REAL ID program will be at the center to share info and answer questions.
Please sign up if you plan to attend.
Exercise Classes and Volunteering

**Try our FREE wellness classes!**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
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<tbody>
<tr>
<td>Monday</td>
<td>10:00am</td>
<td>Seated Yoga</td>
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<td>Tuesday</td>
<td>11:00am</td>
<td>Total Body</td>
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<td>Wednesday</td>
<td>10:30am</td>
<td>Line Dancing</td>
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<td>Thursday</td>
<td>9:00am</td>
<td>Pace Fit</td>
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<td>Thursday</td>
<td>10:00am</td>
<td>Fit for Life</td>
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<tr>
<td>Friday</td>
<td>10:00am</td>
<td>Tai Chi</td>
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Please remember to wear athletic shoes with toes and heels covered for all exercise classes.

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**Volunteer Opportunities**

**Shredding for Animal Shelter**, Senior Center at 12:00pm
**Mar. 12, Apr. 16 and May 21**

**Cards for Soldiers**, Senior Center at 12:00pm
**Mar. 27, Apr. 20 and May 08**

**Phil’s Friends**, 1350 Lake Street, Roselle at 9:30am
**Mar. 19, Apr. 16 and May 21**

Christmas stockings for soldiers can be made and brought to the center all year long.

*Volunteer Chairperson: Judy Shanahan*

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**Volunteers for Nov. & Dec. 2019 and Jan. 2020**

- Sue Allen
- Nancy Arndt
- Ray Arndt
- Linda Assise
- Norris Aycox
- Clint Baker
- Jeanine Baker
- Sharon Baran
- Shirley Barber
- Patricia Bishop
- Thomas Bishop
- Georgene Blandi
- Carol Bonkowski
- Jean Borisuk
- Frank Brady
- Sharon Brinkman
- Kathy Budde
- Renee Bybee
- Anne Cadelina
- Geraldine Cardinal
- Nancy Cicero
- Christine Cloutier
- Jane Coconate
- Ann Cristino
- Beatrice Cronin
- Don Dattalo
- Janet Dattalo
- Leticia Dino
- Susan Eaton
- Joan Feigel
- Rosemarie Feld
- Iris Gargano
- Joel Glenn
- Joseph Gomilar
- Ruth Green
- Ria Hartjes
- Joyce Henkel
- Mary Hirschauser
- Cheryl Holland
- Albert Inciso
- Rosemary Inciso
- Phyllis Jacobs
- John Jaeger
- Mary Jaeger
- Verla Jefferson
- Shirley Kaczmarek
- Dale Kavanagh
- Mary Kavanagh
- Rita Kitching
- Patricia Konishi
- Jerrold Kotil
- Joan Kutyla
- Mary Lahey
- Elaine LaPierrre
- Maria Laterza
- Chris Magnatowski
- Karen Mahrenholz
- Linda Mandoske
- Barbara Marine
- Joyce McNeil
- Maria Michl
- Melba Mielke
- George Mosier
- Sylvia Mosier
- Eduvijes Mota
- Joan Mruk
- Richard Nelson
- Arlene Ohlins
- Joanne Ohlhaber
- William Ohlhaber
- Nora O’Shea
- Rosalie Perez
- Joyce Podraza
- Cathy Polglaze
- Fred Preiss
- Rochelle Prybyski
- Theresa Ptaszek
- Frank Reale
- Marie Rebmann
- Frank Regiro
- Wivina Regiro
- Rita Riha
- Katherine Rita
- Lucille Robertson
- Jack Rouck
- Martha Rouck
- Lynn Schwartz
- Arlene Sebestin
- Judy Shanahan
- June Slawson
- Geraldine Sodemann
- Janice Stevenson
- Constance Szarszo
- Jean Szwaya
- Anne Templin
- Pauline Thomas-Brown
- Alice Tinnes
- Jacqueline Tomaso
- Ronald Tomaso
- Ester Velasquez
- Andy Watson
- Joanne Watson
- Geraldine Weyerstrahs
<table>
<thead>
<tr>
<th>Monday</th>
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<tr>
<td><strong>Book Club</strong> 10:30am - 12:00pm</td>
<td><strong>Wayne Crafters</strong> 9:00am - 11:00am</td>
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<td>2nd Monday of the month</td>
<td>March 03 and 24</td>
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<td><strong>March 09</strong></td>
<td>April 07 and 14</td>
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<tr>
<td><em>The Island of Sea Women</em></td>
<td>May 05 and 19</td>
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<tr>
<td><strong>April 13</strong></td>
<td>Volunteer Co-Chairs: Joyce Henkel and Nancy Arndt</td>
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<td><em>The 100 Year Old Man Who Climbed Out the Window</em></td>
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<tr>
<td><strong>May 11</strong></td>
<td><strong>Total Body Fitness Training</strong> 11:00am</td>
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<td><em>The Tea Girl</em></td>
<td>(except 03/17, 04/21 and meeting days)</td>
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<tr>
<td>Volunteer Chairperson: Rita Applen</td>
<td>Instructor: Penny</td>
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<tr>
<td><strong>Mexican Dominos</strong> 12:30pm</td>
<td><strong>Quilters Group</strong> 12:30pm</td>
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<td>2nd Monday of the month</td>
<td>2nd Tuesday of the month</td>
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<td><strong>March 09, April 13 and May 11</strong></td>
<td>March 10, April 14 and May 12</td>
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<tr>
<td>Volunteer Chairperson: Rita Riha</td>
<td><strong>The Game of 31</strong> 12:30pm - 3:00pm</td>
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<td><strong>Pinochle</strong> 12:00pm - 3:00pm</td>
<td>2nd and 4th Tuesday of the month</td>
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<td>(except 05/25)</td>
<td>March 10 and 24</td>
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<td>Volunteer Chairperson: Norris Aycox</td>
<td>April 14 and 28</td>
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<tr>
<td><strong>Movie Day</strong> 12:30pm</td>
<td>May 12 and 26</td>
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<td>1st Monday and Tuesday of the month</td>
<td>Volunteer Co-Chairs: Rosemary and Al Inciso</td>
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<td><strong>March 02 and 03</strong></td>
<td><strong>Bingo</strong> 1:00pm - 3:00pm</td>
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<td>“Judy”</td>
<td>3rd Tuesday of the month</td>
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<td><strong>April 06 and 07</strong></td>
<td>Volunteer Callers: Jack Rouck, Clint Baker</td>
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<tr>
<td>“A Beautiful Day in the Neighborhood”</td>
<td>Joe Ohins and Frank Reale</td>
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<tr>
<td>After a jaded magazine writer is assigned a profile of Fred Rogers, he overcomes his skepticism, learning about empathy, kindness and decency from America's most beloved neighbor. Based on the real-life friendship between Fred Rogers and journalist Tom Junod. 1 hour 49 minutes. Rated PG.</td>
<td>Volunteer Card Sellers: Carol Bonkowski and Rita Riha</td>
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<tr>
<td><strong>May 04 and 05</strong></td>
<td><strong>Bunco</strong> 1:00pm - 3:30pm</td>
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<tr>
<td>“Knives Out”</td>
<td>1st Tuesday of the month</td>
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<td>A detective investigates the death of a patriarch of an eccentric, combative family. 2 hours 11 minutes. Rated PG-13.</td>
<td>March 03, April 07 and May 05</td>
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<tr>
<td>Please sign up!</td>
<td>Volunteer Chairperson: Rita Riha</td>
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</table>

**Please sign up!**

**Bunco** 1:00pm - 3:30pm
1st Tuesday of the month
March 03, April 07 and May 05
Volunteer Chairperson: Rita Riha

**Senior Brunch Bunch** 10:00am
Join this fun group of people for an engaging, delightful brunch. The location will vary but the day and time will not. You can pick up a schedule of restaurants with addresses at the Senior Center or check the calendar.
### Activities

**Wednesday (continued)**

**Line Dancing 10:30am - 11:30am**
Line dancing requires no partner and is great for all abilities. You may join at any time.
  *Instructor: Jim Kotil*

**Hand & Foot 12:00 - 3:30pm**
  *Volunteer Co-Chairs: Marie Rebmann and Anne Templin*

**Pokadice 12:00pm - 3:00pm**
  *Volunteer Chairperson: Jean Borisuk*

**Bridge 12:30pm - 3:30pm**
  *1st Wednesday of the month*
  *March 04, April 01 and May 06*
  *Volunteer Chairperson: Doris Karpiel*

**Thursday (continued)**

**Mexican Dominos 12:30pm**
  *4th Thursday of the month*
  *March 26, April 23 and May 28*
  *Volunteer Co-Chairs: Rita Riha and Dolores Harper*

**Rummikub 1:00pm - 3:00pm**
  *2nd and 4th Thursday of the month*
  Rummikub welcomes players of all abilities.
  *March 12 and 26*
  *April 09 and 23*
  *May 14 and 28*
  *Volunteer Chairperson: Joyce McNeil*

**Tai Chi 10:00am**
A gentle flowing exercise routine that is energizing and relaxing. You may sit or stand.
  *Instructor: John Robertson*

**Knitting & Crocheting 11:00am**
Join us as we gather to knit and crochet “Happy Hats” for the CDH Cancer Center. If you are not a knitter we can use you too! Hats are available for a free will donation.
  *Volunteer Co-Chairs:
    Karen Mahrenholz and Elaine Wierdak*

**Mah Jongg 11:15am**
Americanized Chinese tile game of strategy.
  *Volunteer Chairperson: Arlene Sebestin*

**Poker 12:00pm**
Come play Poker every Friday at the Center.
  *Please note you must be able to play poker to join.*
  *Volunteer Co-Chairs:
    Sam D’Agostino and Martin Morse*

**Euchre 1:00pm**
  *1st and 3rd Friday of the month*
  *March 06 and 20*
  *April 03 and 17*
  *May 01 and 15*

**Friday**

**Pace Fit 9:00am - 9:45am**
(except 04/02)
This class will allow you to work at your own pace, increasing strength and stamina.
  *Instructor: Penny*

**Fit for Life 10:00am**
(except 04/02)
Fit for Life guides you through a simple low-impact routine working on movement, flexibility and stamina.
  *Instructor: Penny*

**Eat Right, Be Healthy 11:00am**
(except 04/02)
Healthy eating weight loss group. Share tips, support and ideas for a healthy lifestyle. New people always welcome.
  *Volunteer Co-Chairs:
    Karen Wingard and Sharon Kowal*

**Pinochle 12:00pm - 3:00pm**
(except 04/02)
You must know how to play the game.
  *Leo Smoot had 1,000 aces!!!*
  *Volunteer Chairperson: Arlene Sebestin*
**Lunch and a Hoedown with “Patsy Cline”**  
Thursday, April 02, 2020  
Wayne Township Senior Center

Wear your western attire and join us for this fun hoedown! Mary Pfeifer will perform all the Patsy Cline favorites for your entertainment; she will also share information about the young singer’s life.

Lunch, catered by Hawthorne’s, includes: fried chicken, pulled BBQ pork sandwich, red roasted potatoes and mac & cheese.

Start: 11:30am  
Members: $12  
Guests: $15  
Code: 7114  
Activity Level: Mild  
Registration/Refund Deadline: 03/26/2020

**Catholic Church Tour and Lunch at Staropolska**  
Thursday, March 26, 2020  
Chicago, IL

Enjoy a tour of two European churches and lunch at Staropolska. Lunch includes: chicken soup, potato and cheese pierogi, golumpki, potato pancake, cucumber salad and cheese blintzes.

Bus: 9:00am  
Return: 3:00pm  
Members: $65  
Guests: $85  
Code: 2391  
Activity Level: Much  
Registration/Refund Deadline: 03/12/2020

**Potawatomi Bingo & Casino**  
Tuesday, April 07, 2020  
Milwaukee, WI

Price includes: five hours of gaming, additional $10 when 100 slot points received, half price buffet and $20 slot play.

Bus: 8:30am  
Return: 5:30pm  
Members: $30  
Guests: $39  
Code: 6171  
Activity Level: Moderate  
Registration/Refund Deadline: 03/24/2020

**Trips and Events**

**Chocolate Sanctuary and Murder Mystery**  
Thursday, February 27, 2020  
Gurnee, IL

Don’t forget!  
Bus: 11:00am  
Return: 3:00pm

**Lunch and “An American in Paris”**  
Wednesday, March 04, 2020  
Drury Lane Theatre, Oakbrook Terrace, IL

An American GI is doing his best to make it as a painter in Paris following the end of World War II.

Bus: 10:45am  
Return: 4:00pm  
This trip is closed.

**Four Winds Casino**  
Wednesday, March 11, 2020  
New Buffalo, MI

Price includes:
- Deluxe motor coach  
- $10 food credit  
- $15 instant slot credit

Bus: 8:30am  
Return: 5:00pm

Members: $30  
Guests: $39  
Code: 6170  
Activity Level: Moderate

Registration/Refund Deadline: 02/26/2020

**St. Patrick’s Day Party**  
Tuesday, March 17, 2020  
Wayne Township Senior Center

Whether you are Irish or wish you were on St. Patrick’s Day, wear your GREEN and bring your happy attitude as we celebrate the Luck of the Irish with one of our favorite entertainers, Sandi Haynes.

Sporty’s catering will supply our Irish buffet featuring corned beef and cabbage, boiled potatoes, carrots and rye bread.

Start: 11:30am  
End: 2:30pm

Members: $12  
Guests: $15  
Code: 7113  
Activity Level: Mild  
Registration/Refund Deadline: 03/10/2020

**Easter Plates**  
Thursday, March 19, 2020  
Wayne Township Senior Center

Create a ceramic Easter plate using vinyl stencils and dots. Choose bunny or egg design at sign-up.

Start: 1:00pm  
Members: $10  
Guests: $13  
Code: 8048

Registration/Refund Deadline: 03/12/2020

Minimum of 10 participants.

**Chocolate Sanctuary and Murder Mystery**  
Thursday, February 27, 2020  
Gurnee, IL

Don’t forget!  
Bus: 11:00am  
Return: 3:00pm

**Lunch and “An American in Paris”**  
Wednesday, March 04, 2020  
Drury Lane Theatre, Oakbrook Terrace, IL

An American GI is doing his best to make it as a painter in Paris following the end of World War II.

Bus: 10:45am  
Return: 4:00pm  
This trip is closed.

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Price includes:
- Deluxe motor coach  
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- $15 instant slot credit

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Return: 5:00pm

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Guests: $39  
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Activity Level: Moderate

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Members: $12  
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Code: 7113  
Activity Level: Mild  
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Start: 1:00pm  
Members: $10  
Guests: $13  
Code: 8048

Registration/Refund Deadline: 03/12/2020

Minimum of 10 participants.
Trips and Events

DuSable Museum and Lunch at Pearl’s Place
Thursday, April 09, 2020
Chicago, IL

DuSable Museum of African American History promotes the achievements, contributions, and experiences of African Americans. We will have a guided tour and watch an informative movie.

For lunch, we will head to Pearl’s Place in Bronzeville, the #1 restaurant for soul food! Enjoy a staff served buffet of over 40 items including soup, salad, soul food entrees, dessert and drinks.

Bus: 8:30am
Return: 3:00pm
Members: $44
Guests: $58
Code: 2392

Activity Level: Much
Registration/Refund Deadline: 03/26/2020

“Just Lunch” from Dogfather Hotdogs
Monday, April 13, 2020
Wayne Township Senior Center

Enjoy a simple lunch with friends. Lunch includes: chicken parmesan, ravioli, chopped salad, bread and a bottle of water.

Start: 11:30am
Members: $10
Guests: $13
Code: 7115
Registration/Refund Deadline: 04/06/2020

Tickets will be collected!

Lunch at White Fence Farm & “Doo Wop” with the Convertibles
Wednesday, April 15, 2020
Romeoville, IL

Enjoy fabulous harmonies with songs from the 50s and 60s performed by the Convertibles. Before the show, enjoy White Fence Farm’s famous four piece chicken dinner, baked potato, coleslaw, corn fritters, pickled beets, cottage cheese, kidney bean salad and vanilla ice cream for dessert.

Bus: 10:30am
Return: 3:30pm
Members: $52
Guests: $65
Code: 2393
Activity Level: Moderate
Registration/Refund Deadline: 04/01/2020

Canvas Painting with Cliff From SIP Parties
Monday, April 20, 2020
Wayne Township Senior Center

Paint a 16x20 canvas, “A Midwest Dream”, with detailed instruction from Cliff.

Start: 12:00pm
End: 3:00pm
Members: $10
Guests: $13

Code: 8049
Registration/Refund Deadline: 04/13/2020

Minimum of 10 participants.

“Just Lunch” from Chipotle
Tuesday, May 05, 2020
Wayne Township Senior Center

Enjoy Cinco de Mayo with friends. Rice bowl options include white rice, black beans, chicken, steak, salsa, guacamole and more! A bottle of water is included.

Start: 11:30am
Members: $10
Guests: $13
Code: 7116
Registration/Refund Deadline: 04/28/2020

Tickets will be collected!

Mother’s Day Tea with “Mae West”
Thursday, May 07, 2020
Wayne Township Senior Center

Join us as we honor ALL women at our Mother’s Day Tea.

Martina Mathison will portray the wild and wonderful “Mae West”, the woman who shattered box office records and public sensibilities. She rocketed from Broadway to become the highest paid actress in Hollywood. Her one-liners scandalized the censors yet made her an icon. She rescued studios from bankruptcy and created stars.

We will be serving sweet treats, coffee and tea.

Start: 2:00pm
Members: $6
Guests: $8
Code: 7117

Activity Level: Mild
Registration/Refund Deadline: 04/23/2020
<table>
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<tr>
<th>Trips and Events</th>
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| **Untouchable Tour and Lunch at Connie’s Pizza**  
**Tuesday, May 12, 2020**  
**Chicago, IL**  
The Untouchable Tour, led by gangster guides, presents an accurate account of the Chicago Mob during the 1920s and 30s (Prohibition). Hear about Al Capone, George “Bugs” Moran, John Dillinger and the rest of the boys! Some sites included in the tour are the St. Valentine’s Day Massacre, the Biograph Theatre, and the Holy Name Cathedral. We will stay on the bus for the tour. Lunch at Connie’s Pizza is served family style and includes garden salad, fried chicken, penne marinara, spaghetti olio, a mini cannoli, soft drinks and coffee.  
**Bus:** 9:00am  
**Return:** 3:00pm  
**Members:** $47  
**Guests:** $60  
**Code:** 2394  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 04/28/2020 |
| **Lunch and Musical Show “Top 10”**  
**Tuesday, May 19, 2020**  
**Rosewood, Delavan, WI**  
Rosewood features dining, shopping and a cabaret-styled music show. The new musical show “Top 10” features musical highlights from all of Rosewoods’ cabaret shows. Farm to table chef-attended stations include: pasta made to order, roasted sirloin, bourbon molasses glazed pork loin, seasonal vegetables, baked potato casserole, assorted salads, breads and sweets.  
**Bus:** 9:30am  
**Return:** 5:00pm  
**Members:** $65  
**Guests:** $80  
**Code:** 2395  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 05/05/2020 |
| **USA Decorative Plate**  
**Thursday, June 04, 2020**  
**Wayne Township Senior Center**  
Celebrate the 4th of July and create this USA serving plate using vinyl stencils.  
**Start:** 1:00pm  
**Members:** $10  
**Guests:** $13  
**Code:** 8051  
**Registration/Refund Deadline:** 05/28/2020  
**Minimum of 10 participants.** |
| **Four Winds Casino**  
**Wednesday, May 13, 2020**  
**New Buffalo, MI**  
Price includes:  
- Deluxe motor coach  
- $10 food credit  
- $15 instant slot credit  
**Bus:** 8:30am  
**Return:** 5:00pm  
**Members:** $30  
**Guests:** $39  
**Code:** 6172  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 04/29/2020 |
| **Ceramic Fairy House Painting**  
**Thursday, May 14, 2020**  
**Wayne Township Senior Center**  
Paint a ceramic fairy house for indoor or outdoor decoration. It will be fired in a kiln and returned the following week.  
**Start:** 1:00pm  
**Members:** $10  
**Guests:** $13  
**Code:** 8050  
**Registration/Refund Deadline:** 05/14/2020  
**Minimum of 10 participants.** |
| **Lunch and Onesti’s Wild West Town**  
**Friday, June 05, 2020**  
**Union, IL**  
Upon arrival, Be Bop a Lula's Rockabilly Cafè will serve up a delicious lunch of BBQ chicken and pulled pork on pretzel rolls, a garden salad, potato salad, soft drinks, and a brownie for dessert. Next, turn your attention to the stage for Rick Lindy and the Wild Ones! This band will have you dancing and clapping in your seats. Don't forget to browse the shops, walk through the Wild West Town and visit the Old West Museum.  
**Bus:** 11:00am  
**Return:** 4:00pm  
**Members:** $55  
**Guests:** $75  
**Code:** 2396  
**Activity Level:** Moderate  
**Registration/Refund Deadline:** 05/22/2020 |
Celebration of Life, Hawaiian Luau  
Thursday, June 18, 2020  
Wayne Township Senior Center  
Aloha! Wear your floral and bright colored shirts to our Hawaiian Luau. Edizon Dayo will provide the entertainment. We are counting on you to bring the FUN!  
Lunch, provided by Dee’s Catering, includes: Caesar salad, chicken Laguna, sweet and sour roast pork, Hawaiian rice with pineapples and more!  
Start: 11:30am  
Members: $13  
Guests: $16  
Code: 7178  
Activity Level: Mild  
Registration/Refund Deadline: 06/11/2020

Tokyo Steakhouse II  
Friday, June 26, 2020  
800 S. Route 59, Bartlett, IL  
Join us at Tokyo Steakhouse II for a hibachi fund raising luncheon! All entrées are served with soup or salad, steamed or fried rice, vegetable, soft drink, coffee or tea, and a cookie for dessert. Choose one of the following at the restaurant: chicken, steak, shrimp, salmon, calamari or vegetables.  
Meet: 12:00pm  
Members: $25  
Guests: $30  
Code: 2398  
Activity Level: Mild  
Registration/Refund Deadline: 06/12/2020  
Maximum of 50 participants.  
Transportation is on your own.

Baseball Sneak Peek  
Tickets for ALL baseball games will go on sale starting Tuesday, May 26. Information to follow.  

Chicago Cubs Games  
Wrigley Field, Chicago, IL  
- Chicago Cubs vs. Cincinnati Reds  
  Friday, July 17  
- Chicago Cubs vs. St. Louis Cardinals  
  Friday, August 21

Chicago White Sox Games  
Guaranteed Rate Field, Chicago, IL  
- Chicago White Sox vs. LA Angels  
  Wednesday, August 12  
- Chicago White Sox vs. LA Dodgers  
  Thursday, September 10
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### April 2020

#### Monday
- 9:00: Seated Yoga
- 10:00: Pinochle
- 12:30: Movie Day

#### Tuesday
- 8:30: Tai Chi
- 9:00: Weight Watchers
- 10:00: BB: Mother’s Line Dancing
- 12:30: Pinochle

#### Wednesday
- 9:00: Tai Chi
- 10:00: BB: Mother’s Line Dancing
- 11:00: Pinochle
- 12:00: Euchre

#### Thursday
- 8:00: Tai Chi
- 9:00: Weight Watchers
- 10:00: BB: Mother’s Line Dancing
- 12:00: Cards

#### Friday
- 9:00: Tai Chi
- 10:00: BB: Mother’s Line Dancing
- 11:00: Pinochle
- 12:00: Euchre
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(TBA)
Guests of members are allowed to sign up for all new trips beginning...

Tuesday, March 10, 2020.

Activity Guide
Please remember walking levels are subjective.

Mild .................on/off the bus once
Moderate..............on/off the bus once (larger venues)
Much ................on/off the bus more than once

Mobility Limitations?
We understand some persons may have mobility concerns. We will accommodate your special needs with wheelchair lift buses. Simply inform us of your request at the time of sign up. Thank you.

Linda Archibald  Patricia Harris
Patricia Baker      Ella Kirstein
Bienvenido Bautista  Joanne Knepler
Josefina Bautista        William Knepler
Antonia Carubia   Evangeline Kornaros
Debra Corcoran    Pamela Mosier
John George Finn          Dorothy O’Connor
Terry Lemberg-Finn    Anna Marie Piro
Eve Flor                      Richard Ross
John Franco               Sherry Wheeler
Rosa Franco         Lourdes Yolo

Nov. & Dec. 2019 and Jan. 2020

1. OFGR ___
2. FEUYRBTLT __________
3. SRSGA _____
4. ORMHTARWE __________
5. SNTGLHUI _________
6. UDB ___
7. DDNLIAENO __________
8. ORELWF __________
9. EBE ___
10. GLBDYAU __________
11. OMLOB _______
12. ERGEN _______
March
Kay Randazzo 03/01
Pasquale DiFrancesca 03/01
Steven Gosanko 03/01
Sushila Patel 03/01
Patricia Lloyd 03/02
Linda Eberhardt 03/03
Pat Helms 03/03
Bonnie Kostuk 03/05
Michael Santacruz 03/05
Dorothy Howard 03/06
Beverly Partyka 03/06
Lana Brozik 03/08
Patricia Bockman 03/08
Phyllis Heimdal 03/08
Ralph Harris 03/08
Elaine Neihengen 03/09
Louis Rouck 03/09
Karen Kaluza 03/10
Constance Godlewski 03/12
Joyce Ippolito 03/12
Lynne White 03/12
Wanda Skrzypczak 03/12
Linda Horday 03/13
Thomas Benner 03/13
Esther Velasquez 03/14
Ronald Tomas 03/14
Ruth Beam 03/14
Sally Allen 03/15
Sharon Smith 03/15
Tom Byker 03/15
Allesandro Desario 03/16
Duane Huber 03/16
Hang Chan 03/16
Mary Hirschauer 03/16
Pat Katsoolias 03/16
Patricia Krumwiede 03/16
Jill Wheaton 03/17
Norma Galang 03/17
Jean Pinch 03/18
Jerry Hanaughan 03/18
Laura Kubaszko 03/18
Marion Tromer 03/18
Diana McDonald 03/19
Janice Giasson 03/19
Josefina Bautista 03/19
Josefina Guarte 03/19
Patrick Guzik 03/19
Pauline Thomas-Brown 03/19
Eufemia Domine 03/20
Geraldine Bird 03/21
Katherine Doherty 03/21

April
Helen Leopold 04/01
Mary Kavanagh 04/01
Cheryl Holland 04/02
Rita Cross 04/02
Joyce Phillips 04/03
Marion Koenig 04/03
Ruth Wiley 04/03
Rietta Bennett 04/04
Shirley Gadziksas 04/05
Arthemia Sunde 04/06
Charlene Kornoski-Duvall 04/06
Traci Lemaster 04/06
Gloria Bell 04/08
Nina Sherman 04/08
Teresa Castor 04/08
Dolores Livas 04/09

May
Anneliese Sloan 05/01
Marcia Bulleri 05/01
Mary Beth Shepardson 05/01
Anna Marie Piro 05/02
Barbara Grauel 05/02

March (continued)
Walter Dudek 03/21
Bienvenido Bautista 03/22
Donald Schellenberg 03/22
William Burgess 03/22
Barbara Horgan 03/23
Eileen Carrier 03/23
James Wersching 03/23
Joseph DiSerio 03/23
Maryann Hatchell 03/23
Theresa Gonzalez 03/23
Charles Morrissey 03/24
Lorraine Geyer 03/24
Dennis Shogren 03/25
Katherine Rita 03/25
Marion Arp 03/26
Peter FioRito 03/26
Gloria Bittouna 03/27
Rosemarie DeLascio 03/27
Damaris Axelson 03/28
Eugene Bender 03/28
John Malmfeldt 03/28
Katherine Ferri 03/28
Madeline Lawson 03/28
Pratima Shah 03/28
Edward Bonkowski 03/29
Yolanda Sabalvaro 03/29
Antonia Carubia 03/30
Frank Battersby 03/30
Catherine Majchrowicz 03/31
Micki Zamecnik 03/31
Phyllis Jacobs 03/31
Theresa Agostino 03/31

April (continued)
Rosalie Perez 04/09
Don Macauley 04/10
Ella Kirstein 04/10
Pat Scheckel 04/10
Donna Conklin 04/11
John Karnes 04/11
Pamela Hunt 04/11
Donald Koch 04/12
Thomas Bishop 04/12
Gary Gracay 04/13
Rose Schultz 04/13
Rita Passini 04/14
Dan Calendo 04/15
Mary Hoffman 04/15
Michael Musson Sr. 04/16
Wayne Strong 04/17
Judy Holmberg 04/18
Paul Samson 04/18
Ray Arndt 04/19
Patricia Friedrichs 04/20
Reno Blandi 04/20
Barbara Scarpeili 04/21
Joan Kutyba 04/21
Mary Rebmann 04/22
Arun Patel 04/23
Carl Hokenson 04/23
Joseph DeLascio 04/23
Ronald Paul 04/24
Dan Kerth 04/25
Eileen Yanan 04/25
Lorraine Madlic 04/25
William Ross 04/25
Michaelene Rogus 04/26
Hilda Vasquez 04/27
Maria Michl 04/27
Pam Jacobazzi 04/27
Patrick O’Daniel 04/27
Carol Bonkowski 04/28
Catherine Wagner 04/29
Lucja Szwed 04/29
Paul Lesko 04/29
Alan Jardis 04/30
MaryEllen Mertz 04/30

May (continued)
Alina Marczewski 05/04
Edward Baran 05/05
Leland Klein 05/05
Jim Peterson 05/06
Laura Kubin 05/06
Michele Johnson 05/06
Arlene Ohins 05/07
Manjula Patel 05/07
Alfred Von Oelschlaeger 05/08
Lin Murphy 05/08
Dolores Due 05/09
Joan Roy 05/09
Laurence Los 05/09
Sue Kautz 05/09
Terry Vorhauer 05/09
Judith Glavanovits 05/10
Patricia Klein 05/10
Prakash Patel 05/10
Jan Toft 05/11
Rita Riba 05/11
Cecilia Green 05/12
Maria Cerda 05/12
Chester Lloyd 05/13
Jean Szwaya 05/13
Don Dattalo 05/14
Michael Angelini 05/15
Kenneth Griesemer 05/16
Nora O Shea 05/16
Theresa Ptaszek 05/16
Geeta Kadakia 05/17
Madeline Mortellar 05/18
Norris Aycox 05/18
Carol Dobelman 05/19
Judith Holada 05/20
June Samson 05/20
Daisy Starks 05/21
Ursula Rodisch 05/21
Judith Stefan 05/23
Jean Boriske 05/24
John Myzkiewicz 05/24
Joyce Szpejnowski 05/24
Linda McKee 05/25
Marlene Shorter 05/25
Jan DiSylvestor 05/26
Lillie Hampton 05/26
Rita Kitching 05/27
Janet Dattalo 05/28
Debbie Riley 05/29
Thomas Nolan 05/30
Carolyn Tryczynski 05/31
Elizabeth Sciortino 05/31
Dear Seniors,

As many of you have heard, our vehicle stickers have gone up this year 50% to $151. The good news is there is help for those of you on a lower income. Benefit Access has raised their income limits about $6,000. Therefore, if you are 65 or older or disabled, and your income is under $33,562 for a 1 person household, or under $44,533 for a 2 person household, you should qualify for Benefit Access. This will give you a discount on your license plate sticker and qualify you for the Ride For Free pass. From now until April 15th applicants will use their 2018 income. Starting April 16th and going forward, 2019 income will be used.

Two of our S.H.I.P. Counselors will be retiring so we are looking for a few more Counselors. If anyone is interested, please see Karen. Thank you Joyce Rawlings and Kathy Budde for your years of service and best wishes to you both! You will be missed!

As always, if you have any questions or concerns, please schedule an appointment with one of our S.H.I.P. Counselors.

Stay Healthy! Your S.H.I.P. Counselors

Life Saver #46 From Dr. Tom

Butter Nutrition 101

A well-researched report on January 1, 2000 claimed that butter can benefit:

- Heart disease
- Cancer
- The immune system
- Arthritis
- Osteoporosis
- The thyroid gland
- Gastrointestinal health
- Weight gain
- Children’s growth and development

Aside from butter’s delicious taste and rich flavor, research shows that eating butter can help you fight against heart disease and obesity. Here’s what makes butter a superfood:

1. Butter is rich in vitamins
2. Butter contains healthy short-chain fatty acids
3. Butter is linked with lower risk of heart disease

Butter wins the health debate!

For more information, check out the literature rack in the Senior Center.

---

**Wii Bowling; January 2020**

1st: Wii-R-Strikers ............... 178 average
2nd: Wii Won........................ 177 average
3rd: Wii 4 ................................ 172 average
3rd: Wii Bowls ..................... 172 average
5th: Wii Wi’s .......................... 165 average
6th: Wiggles ......................... 157 average
7th: Wii Wild .......................... 139 average

High Scores, January
Gerry Cardinal ............................................ 279
Lya Zinn ......................................................... 223
Gerry Sodemann .............................. 222
Joyce Henkel ............................................. 214

High Scores Year to Date
Gerry Cardinal ............................................ 279
Kurt Kenner ............................................. 267
Kurt Kenner ............................................... 265
Gerry Cardinal and Hal Hoffman ........... 255

Thank you to all artists who let us display your work and brighten the Center!
See Gayle if you would like to display your artwork.

---

**Announcements**

Thank you to all artists who let us display your work and brighten the Center!
See Gayle if you would like to display your artwork.

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**Those we love don’t go away**
They walk beside us everyday
Unseen, unheard, but always near
Still loved, still missed and very dear

*Anthony “Tony” Klesen*
*Jack Miller*
*Robert “Bob” Szorc*
*Jeffrey Warner*
What is the 2020 Census?

The 2020 Census counts every person living in the 50 states, District of Columbia, and five U.S. territories. The count is conducted by the U.S. Census Bureau, a nonpartisan government agency. Each home will receive an invitation to respond to a short questionnaire - online, by phone, or by mail. Participating in the census is required by law, even if you recently completed another survey from the Census Bureau.

The census provides critical data that lawmakers, business owners, teachers, and many others use to provide daily services, products, and support for you and your community. Every year, billions of dollars in federal funding go to hospitals, fire departments, schools, roads, and other resources based on census data.

The results of the census also determine the number of seats each state will have in the U.S. House of Representatives, and they are used to draw congressional and state legislative districts.

It's also in the Constitution: Article 1, Section 2, mandates that the country conduct a count of its population once every 10 years. The 2020 Census will mark the 24th time that the country has counted its population since 1790.

The Census Bureau is bound by Title 13 of the U.S. Code to keep your information confidential. Under Title 13, the Census Bureau cannot release any identifiable information about you, your home, or your business, even to law enforcement agencies; you are kept anonymous. The law ensures that your private data is protected and that your answers cannot be used against you by any government agency or court. The answers you provide are used only to produce statistics.

Households will begin receiving official Census Bureau mail mid-March. The months of May - July, census takers will begin visiting homes that haven't responded to the 2020 Census. Visit https://2020census.gov/en.html for info.

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Answer Key

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**A Message From the Supervisor**

**630-231-7140**

Hello All!

Election Day, March 17, is fast approaching and it is important that you participate. You have a variety of ways to vote so you do not have to wait for that day itself, you know, like you’re celebrating St. Patrick’s Day! Early voting has started at the County Building. Other Early Voting sites will start March 3rd and the closest are at the Bartlett Park District or Stratford Square Mall. You can apply for a vote by mail ballot now and you do not need an excuse. Go to the DuPage County web site to register or ask Gayle for the forms.

We have been approved by IDOT to install the turn lane off of North Avenue. We are waiting for better weather to take care of that so the paint will dry correctly. With that, we will be sealing the parking lot with some re-striping. The parking spots were laid out incorrectly so I will have them re-position them and it will create more spots.

As spring approaches, children will get outside more to play. Be sure you pay attention while driving because they certainly are not watching for you.

Be Safe Out There!

Randy Ramey, Wayne Township Supervisor

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**General Assistance**

**630-231-7173**

**Where can you get help with heating costs?**

The General Assistance Office now offers the NicorSharing Program to assist with a one-time grant on your Nicor bill. Eligible applicants must not have received assistance from LIHEAP. Seniors and veterans may receive a special grant if they meet the qualifying income guidelines.

The Low Income Home Energy Assistance Program (LIHEAP) is still accepting applications from low-income households who need assistance paying their gas and/or electric bills.

The Emergency Assistance Program offers a one-time grant within a 12-month period to households who meet the income guideline and other requirements. Assistance can be given for gas, electric, water and rent, if needed.

Call our office for additional information on the above programs and we can set you up with an appointment.

**Where can you get help with home day care?**

DuPage County Senior Services has caseworkers that can assess your needs and help access the care you need to stay at home and continue your quality of life with as little restrictions as possible. Contact them at 630-407-6500 and ask for an evaluation in your home.

**Volunteer Needed**

Our General Assistance Office is in need of a volunteer to cover our phones when our staff is out of the office. You must have excellent phone and customer service skills and must enjoy speaking with a diverse group of people. This is an on-call volunteer position. Please call our office if interested.

**Food Pantry**

**630-231-7173**

We want to thank you so much for the monthly donations of food and funds to help stock our pantry for our low-income neighbors in the community. The senior department is an integral part of the success of our programs and we are very fortunate to have you as our partners!

The food pantry is open on Wednesdays only from 10 am to 1:45 pm. The doors open at 9:30. You are required to fill out registration paperwork before using the pantry, and proof of address may be requested. You may use the pantry twice a month but may come in for bread and produce every week. You may also use the Clothes Closet on the same visit.

**Food Pantry WISH**

We are continually seeking donations of the following products: sugar-free jelly, syrup, etc., low-sodium canned vegetables and soups, etc., gluten-free pastas, flour, snacks, etc., and pet food.

**Clothes Closet**

We are still accepting donations of winter coats and clothes thru March. Please bring your clean donations to our office on Mondays, Tuesdays, Thursdays or Fridays.

We will start accepting Spring and Summer clothing items in May. We also accept shoes, household items, linens, towels and toys, all year around. Make sure your donations are in great condition and clean before donating them.

Juanita Martinez, GA and Food Pantry Director
Fun Facts About Our Members

I’m a Harley driver and Treasurer of my Motorcycle Club. I’ve driven in all weather conditions including hail, snow and rain. I have rode my Harley to many states.
- Judy Shanahan

I was born in Italy but I love the U.S.A.! I have eight children, five girls and three boys, and 19 grandkids. I’ve never driven but am blessed with many great friends. I love volunteering! I was recently chosen “Woman of the Year” for the Council of Catholic Women. I’m a happy camper and thank God for His blessings.
- Anna Maria Laterza

I am very happy with my lovely husband and three kids. I am enjoying my precious life and special moments with my group of friends. Thanks to Wayne Township, I can now walk, dance and enjoy my activities here with my new friends.
- Smita Shah
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<thead>
<tr>
<th>Date</th>
<th>Trip Description</th>
<th>Trip Code</th>
<th>Member/guest cost</th>
<th>Meal Choices (circle one)</th>
<th>Discount Applied</th>
<th>Amount</th>
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<tbody>
<tr>
<td>4-Mar</td>
<td>&quot;An American in Paris&quot; &amp; Lunch @ Drury Lane, Oak Brook</td>
<td>2390</td>
<td>$72/$92</td>
<td>tilapia/grilled chx/cavatelli</td>
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<tr>
<td>11-Mar</td>
<td>Four Winds Casino, New Buffalo, MI</td>
<td>6170</td>
<td>$30/$39</td>
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<tr>
<td>17-Mar</td>
<td>St. Patrick's Day COL &amp; Sporty's, Senior Center</td>
<td>7113</td>
<td>$12/$15</td>
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<tr>
<td>26-Mar</td>
<td>Catholic Church Tour &amp; Staropolska, Chicago</td>
<td>2391</td>
<td>$65/$85</td>
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**NEW TRIPS RELEASED IN FEBRUARY NEWSLETTER BELOW**

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<th>Date</th>
<th>Trip Description</th>
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<th>Meal Choices (circle one)</th>
<th>Discount Applied</th>
<th>Amount</th>
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<tr>
<td>19-Mar</td>
<td>Ceramic Easter Dish Painting with Gilda, Senior Center</td>
<td>8048</td>
<td>$10/$13</td>
<td>Bunny Egg</td>
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<tr>
<td>2-Apr</td>
<td>COL Hoedown, Senior Center</td>
<td>7114</td>
<td>$12/$15</td>
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<tr>
<td>7-Apr</td>
<td>Potawatomi Bingo, Milwaukee, WI</td>
<td>6171</td>
<td>$30/$39</td>
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<td>9-Apr</td>
<td>DuSable Museum &amp; Lunch @ Pearl's Place, Chicago</td>
<td>2392</td>
<td>$44/$58</td>
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<td>13-Apr</td>
<td>&quot;Just Lunch&quot; from Dogfathers, Senior Center</td>
<td>7115</td>
<td>$10/$13</td>
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<td>15-Apr</td>
<td>White Fence Farm &amp; The Covertibles, Romeoville</td>
<td>2393</td>
<td>$52/$65</td>
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<td>20-Apr</td>
<td>Barn/Windmill Canvas Painting with Cliff, Senior Center</td>
<td>8049</td>
<td>$10/$13</td>
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<td>5-May</td>
<td>&quot;Just Lunch&quot; from Chipotle, Senior Center</td>
<td>7116</td>
<td>$10/$13</td>
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<td>7-May</td>
<td>Mother's Day Tea with &quot;Mae West&quot;, Senior Center</td>
<td>7117</td>
<td>$6/$8</td>
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<td>12-May</td>
<td>Untouchable Tour &amp; Connie's Pizza, Chicago</td>
<td>2394</td>
<td>$47/$60</td>
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<td>13-May</td>
<td>Four Winds Casino, New Buffalo, MI</td>
<td>6172</td>
<td>$30/$39</td>
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<td>14-May</td>
<td>Fairy House Ceramic Painting with Gilda, Senior Center</td>
<td>8050</td>
<td>$10/$13</td>
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<td>19-May</td>
<td>Lunch &amp; Rosewood, Delavan, WI</td>
<td>2395</td>
<td>$65/$80</td>
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<td>4-Jun</td>
<td>USA Ceramic Plate Painting with Gilda, Senior Center</td>
<td>8051</td>
<td>$10/$13</td>
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<td>5-Jun</td>
<td>Onesti's Wild West Town &amp; Lunch, Union, IL</td>
<td>2396</td>
<td>$55/$75</td>
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<td>17-Jun</td>
<td>Greek Islands &amp; &quot;42nd Street&quot;, Chicago, IL</td>
<td>2397</td>
<td>$95/$115</td>
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<td>18-Jun</td>
<td>COL Hawaiian Luau, Senior Center</td>
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<td>26-Jun</td>
<td>Tokyo Steakhouse Fundraiser Lunch, Bartlett</td>
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Tickets Sold By: | Date: | Check Ck# |